

April 12, 2021

Volume 2, Issue 14

# CCE

Saratoga County

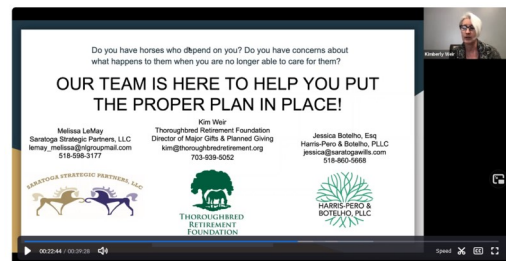
Cornell Cooperative Extension

NEWSLETTER

## EXTENSION NEWS

### Virtual Equine Event Hosted by CCE Equine in Saratoga County

CCE Equine is excited to announce the success of the second Virtual Horse Symposium offered this spring. In a typical year, the Horse Symposium is an in-person educational event that allows equine professionals, business owners, and enthusiasts to network and learn about unique aspects of the equine industry. CCE Equine's Virtual Horse Symposium Series offered 6 consecutive presentations from accredited professionals discussing a variety of topics applicable to the horse or equine business owner.



Although CCE Equine misses hosting in person events, having a virtual event opened unexpected doors for their educational programming. Speakers from across the country were able to present on a variety of topics, in addition to the specialists local to Saratoga County. This year there were a variety of topics including: Sound Development of Young Horses, Horses Forage and Weed Management, Equine Law: Legal Issues for Participants in the Horse industry, Using the Pressure Scale for Your Horse and more!

Due to generous sponsors, such as Equine 360 and Agway of Ballston Spa educational packets were sent for free to those that registered on time, CCE Equine was also able to keep registration fees minimal. CCE Equine hopes to continue to offer diverse educational opportunities in-person and virtually in the future.

You can find more information about CCE Equine, and the recordings of our Virtual Horse Symposium on our website: <http://ccesaratoga.org/agriculture/cce-equine/saratoga-horse-symposium/2020-virtual-horse-symposium>. Please

### Master Gardener Lab

Seeing lots of brown on your pines and arborvitae and wondering why? Want to know what kind of beetle is trying to get into your soffits, and how to manage it? Looking to have your soil tested?



Our Master Gardener lab is accepting plant, and insect samples, as well as the soil samples that we have been accepting all season long. You are welcome to drop off your samples at the Cooperative Extension Office, Monday - Friday, 8AM - 4 PM. If you would like to visit a Master Gardener in-person at the office please call to arrange a visit; 518-885-8995.

#### How to take a soil sample?

Cost: \$1 per sample (pH only)

## OUR MISSION

*Cornell Cooperative Extension puts knowledge to work in pursuit of economic vitality, ecological sustainability and social well-being. We bring local experience and research based solutions together, helping New York State families and communities thrive in our rapidly changing world.*

## Future Home of The Saratoga County Agricultural Society's AGRICULTURAL EXPOSITION HALL

Members and Board Members of the Saratoga County Agricultural Society have been busy working on the new Agricultural Exposition Hall at the County Fairgrounds in Ballston Spa. Board member Greg Stevens (L) of Ballston Spa fastens the last corner of the sign while Ad Hoc Superintendent Mickey Elliott, also of Ballston Spa makes sure it is straight.



The new building is made possible through a grant from the NYS Department of Agriculture, community support and volunteers. The building will house Conservation exhibits, new agriculture products featuring new Agri-Businesses and Agri-Tourism efforts. More information will be forthcoming as this great addition to the grounds will be completed this summer.



## Spring Tire Recycling Program

**When:** Tuesday, May 25, 4:00pm - 5:30pm

**Where:** Moreau Transfer Station  
(Corner of Route 9 & Butler Rd, Moreau)

This program is open to all Saratoga County residents. Registration & proof of residency is REQUIRED; please register by Friday, May 21.

- Photo ID with address will be required at drop off
- Maximum of 10 tires per vehicle
- Tires must be:
  - whole and clean
  - passenger car or passenger truck tires only

- Payment is due at time of collection (\$5.00 each)
- Payment must be made in EXACT CASH
- Registration must be done through email or mail.

Registration form due by May 21.





## Job Opportunities

### Watercraft Inspection Steward Program is hiring!



As part of CCE Saratoga's Capital Region Partnership for Regional Invasive Species Management (PRISM) program, Aquatic Invasive Species (AIS) Watercraft Stewards provide public education and outreach at boat launches regarding statewide Clean, Drain, Dry practices in order to help prevent the spread of aquatic invasive species. Watercraft Stewards collect research data daily from interactions with the public using the Survey123 Watercraft Inspection Steward Program Application (WISPA).

For more information on the seasonal positions or to apply, please visit:

[Cornell Cooperative Extension | Jobs \(ccesaratoga.org\)](http://ccesaratoga.org/jobs)

### Saratoga Tree Nursery Hiring Seasonal Nursery Workers



The Saratoga Tree Nursery is hiring seasonal nursery workers to help count, sort, package and ship trees. This position is mostly indoors, and though it can be dirty, it isn't difficult. The position is suitable for all ages including those just entering the workforce and older job seekers. **This position is seasonal for about 3-4 weeks.** For more information, contact the Saratoga Tree Nursery at 518-581-1439 or stop by their office at 2369 Route 50, Saratoga Springs, 12866.

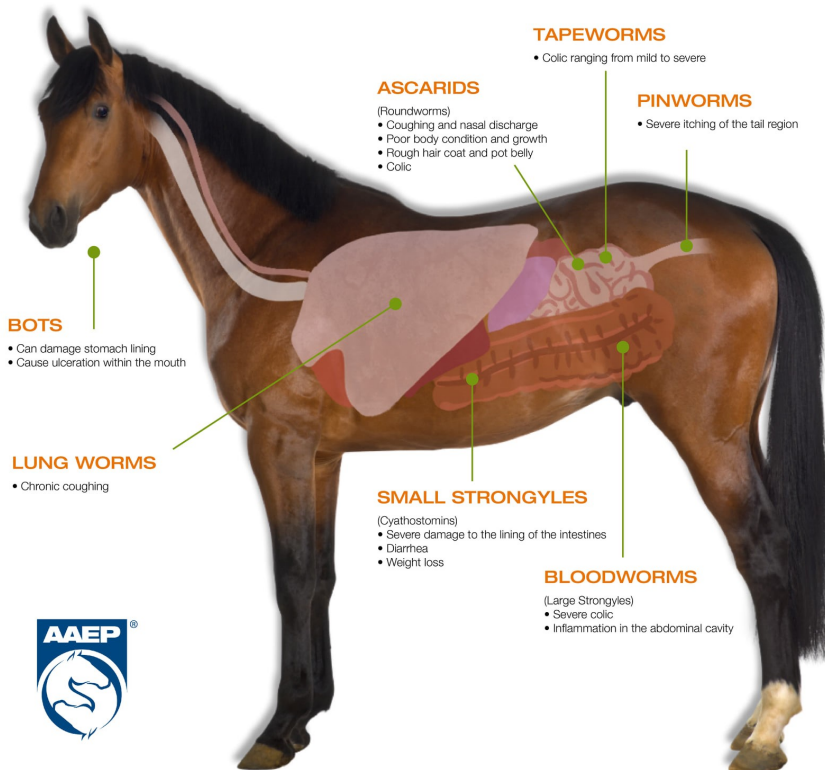
Deworming horses may be something you've been doing the same way for as long as you can remember. However, you should know that this old-school approach is quickly becoming outdated. Commonly used strategies for parasite control in adult horses are based largely on knowledge and concepts that are more than 50 years old; they are not only a waste of time and money, they especially build drug resistance in the parasitic fauna of equines.

Working with your horse doctor to create a targeted deworming plan for each horse/farm is actually less work, less expensive and more effective than the rotational deworming program of the old days. It's very important to have your veterinarian perform fecal egg counts to determine the amount of eggs your horse is shedding and check the efficacy of the dewormer used last.

Finally, don't rely on dewormers alone when it comes to parasite control. As parasites are primarily transferred via manure, good pasture maintenance is also necessary.

For more information, the AAEP Parasite Control Guidelines can be found on our website at

### COMMON EQUINE PARASITES and the problems they can cause



<https://aaep.org/.../InternalParasiteGuidelinesFinal5.23...>

As always, consult your equine veterinarian for questions specific to your horse and to set up an effective deworming program.

## Statement from NYS Department of Ag & Markets, Division of Animal Industry

Dear CCE Equine Horse Community,



In light of recent cases of EHV-1 in the United States, the New York State Department of Agricultural and Markets, Division of Animal Industry has issued a statement.

"The New York State Department of Agriculture and Markets, Division of Animal Industry, is monitoring and aware of the EHV-1 Respiratory Quarantine in effect at the Winter Equestrian Festival in Tent 17 issued by the Florida Department of Agriculture and Consumer Services. See EDCC alert issued 4/5/2021 (Alert ID# 2021). At this time, New York State does not have any EHV-1 cases or quarantines as a result of the situation at WEF. Horses returning to New York are strongly advised to have a 72 hour health certificate issued by an accredited veterinarian prior to importation. Horses returning to New York should be isolated, have their temperatures taken twice daily, and be monitored for signs of respiratory illness for the next 2 weeks. This is basic biosecurity that should be implemented upon return from travel from any equine event. Please contact your veterinarian if your horse has a fever over 101.5, signs of respiratory illness or you have any other concerns. EHV Disease Information and Basic Biosecurity Information: <https://equinediseasecc.org/disease-information/equine-herpesvirus>



## Take a virtual Energy Tour to learn more Earth Day exploration of the Climate Leadership & Community Protection Act

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**Workshop 3: April 22, 6:00pm - 7:00pm EST**  
Earth Day Exploration of the Climate Leadership and Community Protection Act (CLCPA)  
Find out how the CLCPA effects you, how our work supports the CLCPA, and how you can get involved

**Join us on Zoom:**  
**Meeting ID: 949 0714 6285 Passcode: energy**

Questions? Please call (716) 886-1780 x706

Cornell Cooperative Extension is excited to announce a new partnership and workshop series with PUSH GREEN, the WNY Virtual Energy Tour.

How does the Climate Leadership and Community Protection Act affect you, how does the work of PUSH GREEN support CLCPA, and how can you get involved? This year CCE is collaborating on a virtual tour across upstate New York, with workshops on energy efficiency opportunities and vital information for every step of your going green journey. All workshops will be held on Zoom, on the fourth Thursday of the month from 6 to 7pm.

Join us this month, on April 22, 6 to 7pm via zoom to Take a Deep Dive into An Energy Audit. This is an opportunity to learn more about energy audits in your home or business, including what to expect, what does an audit cover and why are they so important?

Additional dates and topics are listed below. Workshop details including connection information can be found at <https://www.facebook.com/PUSHGreenWNY> or by contacting your local extension office, <http://chautauqua.cce.cornell.edu/>; or 716-664-9502.

PUSH Green is a non-profit community-based energy efficiency program, part of a statewide effort to make your home or small business more comfortable, reduce energy usage, address climate change, and create local jobs. Cornell Cooperative Extension (CCE) connects communities with research from Cornell University's College of Agriculture and Life Sciences (CALS) and the College of Human Ecology to enrich and empower New York state neighbors, local businesses, towns, and cities.

### **May 27th, 2021 6 to 7pm** **PUSH for Clean Heat**

Meet the Clean Heating and Cooling Team and learn about ground and air source heating and cooling, and what programs can help you upgrade your home with renewable energy.

### **June 24th, 2021 6 to 7pm** **Studying Solar Energy**

What is solar power, how does it work, and how can you harness the power of the sun for your home or business?

For more information on the WNY Virtual Energy Tour click [here](#).

## 2021 Washington County Fiber Tour

### Nine farms and a fiber mill open to the public April 24-25

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(Photo by Thomas Bormans on Unsplash)

Since the early 1800's, Washington County has been a hub for wool and fiber production in the Northeast. Join us as we celebrate the 29th annual Washington County

Fiber Tour — **April 24-25, 10 a.m. to 4 p.m.** each day, and learn about how our fiber farms raise high quality livestock and contribute to agricultural diversity in upstate New York. This self-guided tour of nine farms and a fiber mill is free and open to the public. Visitors can see sheep, goats, alpacas, and rabbits, as well as many examples of fiber arts from small scale to large commercial operations, while safely enjoying our scenic countryside. All facilities will be practicing social distancing in outdoor or open buildings; and masks are required.

New to the Tour this year is Simple Pleasures Yarn, Fiber and Fleece in Hebron, which has been producing wool and wool blend yarns for over 22 years, using the wool from their small flock of Romney sheep. The locally-milled yarn is left natural or hand-dyed at the farm. In addition to yarns, Simple Pleasures also sells roving, raw fleeces and hand- woven rugs.

The other new Tour farm is Lily of the Valley in Shushan. Owners Ray and Beth Olson said, "We are excited to share our knowledge of raising sheep for yarn, roving and fleeces." The Olson's flock consists of 10 sheep ranging from fine to medium wool. They will have yarn, natural and dyed, roving, and fleeces available for sale along with spinning and fiber demonstrations. They said, "We are looking forward to showing fiber enthusiasts how they can raise and enjoy sheep and their wonderful products on a small scale."

Farms returning to the Tour for 2021 include Elihu Farm, one of the longest participating farms on the Tour; and Ensign Brook Farm in Greenwich with their fine Merino and Merino-cross sheep and an active 4-H club producing the next generation of upstate shepherds. Dancing Ewe Farm in Granville, a sheep dairy producing Tuscan-style cheeses and offering gourmet dining seasonally, also processes the medium wool from their flock of 120 Fresian-cross ewes as blankets and knitting yarn. During

the Tour, they will be offering woolcraft demos, shearing, sheepdog demos, and lunch, by reservation only.

Alpacas of Haven Hill Farm near Greenwich showcases the beautiful South American alpaca and is joined in 2021 by two other area alpaca farms. Quarry Ridge Alpacas north of Salem features award-winning alpacas, including two machos (male alpacas) who have won 24 Championships between them. Dandy Gander Farm in Granville, which began as a small homestead family farm, now has 40 alpacas in addition to sheep, ducks, geese, and chickens. Fiber Kingdom in Salem, the longest continuous participant on the Tour, specializes in raising Angora rabbits.

At one time there were thirteen fiber mills along the Battenkill River; now there is only one – New York State's largest carding and spinning mill, Battenkill Fibers. Small group tours of the facility will be offered both days – first come, first serve and with all CDC required precautions. New this year – a combed top machine.

The Washington County Fiber Tour offers the chance for visitors to learn about fiber arts and to try their hand at a new craft technique. Most farms offer educational demonstrations and fun workshops throughout the weekend, showcasing a variety of fiber arts suitable for children and adults. Demonstrations include sheep shearing, sheepdog herding, felting, dyeing, spinning, weaving, finger puppets, cart goat training, and more. Children and adults alike will love the newborn lambs, goat kids, alpaca crias, and other baby animals found on many of the farms.

For visitors who want to buy local, the on-farm shops, studios, fiber mill store, and pop-up sales tents all offer quality products for sale. Fleeces, roving, and yarns, as well as many finished articles, are available at most locations along the tour; and several farms have livestock for sale, as well.

The Fiber Tour takes place rain or shine and visitors should dress for the weather. Visit [www.washingtoncountyfibertour.org](http://www.washingtoncountyfibertour.org) for details about the farms and specific activities being offered. Announcements about the Tour are also posted on Facebook and Instagram.

Morning AgClips [link](#)

## Farmers' Market Recipe

Emily Hall - Dietetic Intern, CCE Saratoga

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Mushrooms are now available at the Farmers' Market! Mushrooms are rich in B vitamins such as riboflavin, niacin, and pantothenic acid. These vitamins are great for skin, heart, and digestive health.



### Grilled Mushroom Antipasto Salad

- 2 lbs. assorted mushrooms; wiped clean and trimmed.
- 7 tbsp. extra virgin olive oil
- Kosher salt
- 2 tbsp. champagne vinegar or white wine vinegar
- 1 tsp. Aleppo-style pepper
- 1 tsp. dried oregano
- 1 garlic clove, finely grated
- 2 oz. shaved parmesan
- ½ cup olives, coarsely chopped
- ¼ cup drained Peppadew peppers, coarsely chopped

Prepare a grill for high heat. Toss mushrooms and 3 tbsp. oil in a large bowl. Grill the mushrooms 2-6 minutes, turning occasionally. Return grilled mushrooms to bowl and season with salt. Next, whisk the vinegar, Aleppo-style pepper, oregano, garlic, and remaining 4 tbsp. oil in a small bowl to combine and season with salt and black pepper. Pour mixture over the mushrooms and toss to coat evenly. Add parmesan, olives, and peppadew peppers and toss to combine.



## Farmers' Markets

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### Spa City Farmers' Market

*"All participating vendors are premium local brands and the best of the best including a bounty of the State's most sought after farmers and producers – to ensure the integrity of the market all vendors MUST be legitimate producers and open to facility inspection."*



**When:** Sundays

**Time:** 10 AM - 2 PM

**Where:** Lincoln Baths, 65 South Broadway  
Saratoga Springs

**Link:** <http://www.spacityfarmersmarket.com/>

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### Saratoga Farmers' Market

*"A producers-only farmers' market with local products in Saratoga Springs, NY. A source of great food, plants, crafts, and live music. Our members practice and support sustainable agriculture and slow food practices."*



**When:** Saturdays

**Time:** 9:30 AM - 1:30 PM

**Where:** Wilton Mall Food Court  
(Bow Tie Cinema entrance)

**Link:** <https://www.saratogafarmersmarket.org/>



## HOMESTEADING & SELF-SUFFICIENCY

CCE Saratoga educators have created an [educational webpage](#) where people can learn all aspects of becoming self-sufficient and what it means to have a homestead. The informational platform brings together agriculture (Livestock & Animal Husbandry, Food Preservation & Preparation, Hunting & Gathering, and Planting & Growing recourses.

If you missed the 8-week video series for Homesteading and Self-sufficiency [you can find it here](#).



### Hands on History Hardtrack for Hard Times



### Hands on History Cherokee Clothing & Societal Influences

**When:** April 12, 8:30 pm

Hardtack is an extremely hard, often square, biscuit baked from flour, water, and salt. It is an easily transportable staple diet item, especially for travelers, and has been used for centuries. It can be stored for long period of time and remains edible. Hardtack is most commonly known as military rations for sailors and soldiers since the Roman Legions. It was not referred to as "hardtack" until the name was coined by soldiers in the US Civil War: 1861 – 1865. John Borba - State 4-H Shooting Sports Coordinator for California will lead this workshop.



<http://www.4-hwesternheritageproject.org/>



### Spring Fish Stocking Program

Saratoga County Soil and Water Conservation District is accepting orders through their new online store. Orders will be accepted through Friday, May 14. Pick up day is Friday, May 21 at 8:30 am at the 4-H Training Center, 556 Middleline Road, Ballston Spa.

Before placing your order, please make sure you have the appropriate permits for the fish you would like to order. See the DEC information page (with forms if needed) for more information:

<https://www.dec.ny.gov/permits/25026.html>

To order fish check out [Saratoga County's SWCD online shop](#). (Please note: The site works best with Google Chrome or Firefox.)

**When:** April 26, 8:30 pm

Members of the Cherokee Nation transitioned from deer hide clothing to settler's clothing in about 200 years. Clothing reflects what trends or influences are active in a society at any particular time - much like changes in fashion in America during the 20th century. Mark D Parman, Evaluation & Outcomes Measurement Spec and Community & Cultural Outreach for the Cherokee Nation will guide us through Cherokee history.



<http://www.4-hwesternheritageproject.org/>



Please make sure to read the description of the item before selecting a quantity to purchase.

Once you made your purchase you will be emailed a receipt and receive a confirmation fro SWCD.







## Growing Gourd Instruments

By Suzanne Carreker-Voight, CCE Saratoga Master Gardener

Looking for something interesting to grow this season... Love music or creating art? Then maybe you should consider making instruments from your garden produce! It really isn't that hard and it has been done for centuries by indigenous peoples all over the world. Today there are organizations, books, etc. celebrating these instruments. I discovered these instruments, thanks to a very avid musician, gardener, and creative soul who happens to be my neighbor. Soahn Kuehner came to one of our bonfires last year and played an n'goni, to our great pleasure. Intrigued, I just had to learn more and now I share what I learned here.



*N'goni*

Soahn has always loved music and he discovered these "grown" instruments after attending an annual gathering in New Paltz, called Tribal Rhythms Gathering. There he met an individual playing a kamele N'goni— a traditional East African harp made from rawhide stretched across a large gourd body, a wood neck, and gut, hide, or fishing line strings. Soahn is a self-described addict of making and playing unique instruments and the thought of being able to "grow" his own was a challenge Soahn couldn't resist. Now he makes (and sells) different size n'goni and koras from homegrown gourds, as well as Native American Flutes. Interested? Here is a brief description on how to "grow" your own n'goni:

1. Purchase your seeds for large round gourds that will dry with a hard shell; various "Bushell" gourd seeds are easy to find, but any large round hard-shelled gourd will work. African Drum gourds have the best quality and large fruit with thicker shells but have long growing times and seeds can be hard to find.
2. Clip or file an edge off of the seeds and soak the seeds 12 to 24 hours before planting indoors in early March. A heated bed really helps. The African Drum seeds germinate best with soil temperatures between 80 and 90 degrees Fahrenheit!
3. African Drum seeds have a 150-day growing season so transfer seedlings out to a sunny garden as early as

possible (in early to mid-April in northern NY. (Be sure to protect them against cold weather with hovering grow cover, removable plastic green house, etc.)

4. Vines will spread similar to pumpkins. If you are daring, the vines will grow well hanging from a sturdy overhanging trellis but be prepared to support the gourds, which can grow to more than 50 pounds. For the largest fruit, allow only 1 to 3 gourds to mature per plant, not more than one per main vine. Allow your selected gourds to mature for at least a week to confirm successful pollination, then remove all flowers and fruits that form after that. Starting in the middle of your growing season, prune all new growth. This will maximize size of your gourds by keeping energy from the roots and foliage to just a few fruit. Gourds that form later in the season will not harden and will rot before drying.



July 1, 2020



July 31, 2020

Gourd Vines Grow Fast!

Gourd Plants on Cattle Panel Trellis, 1 month growth

5. Watch carefully, being wary of all plant diseases prone to vine plants and treat accordingly. Water as needed. Check soil nutrients frequently. Vines on a trellis will quickly deplete nutrients in the soil near the base and may require frequent fertilizing.
6. If you grow your gourds on a trellis, to avoid damaged vines or dropped gourds, support each hanging gourd larger than eight inches with a "gourd hammock" that allows drainage and airflow. Mesh fabric or old onion bags will work.



Gourd Hammock

*Continued on next page*



July 1, 2020



July 31, 2020

Gourd Vines Grow Fast!

African Drum Gourd, 1 month growth

7. If possible, extend the growing season as long as possible into the fall by protecting the vines with clear plastic or improvised greenhouses.
8. Harvest the gourds after the vine dies completely, usually after at least one hard frost. Frost, freeze, or snow will not harm mature gourds, but extremely low temperatures in early winter may cause some gourds to crack if they freeze solid. Gourds left out over winter will start drying in the spring. Gourds will dry faster and more reliably if stored in a warm, dry place with air circulation. The gourds will “sweat” out their moisture and may drip as they dry, so protect any important surfaces underneath them that you want to keep clean.
9. Your gourds may take 4-8 months to dry, depending on size and maturity. Some molding and discoloration is normal and adds to the appeal and interest. Discard any gourds that collapse or rot.
10. Fully dry gourds will be very hard, sound hollow when tapped, and the core will be loose inside. Scrub the dry gourd with a very dilute bleach solution (approximately ¼ cup bleach per gallon of water) to remove any mold and the thin dry skin around the hard shell. Be sure to wear old clothes, rubber gloves and EYE PROTECTION.
11. The clean/dry gourd can be cut with a hand saw, vibrating saw, or jig saw with a fine-toothed blade. Draw a straight line all the way around before you cut. Practice on your less-favorite gourds first and cut slowly to avoid chipping. Once you have the

gourd open, pull out the core with the seeds and scrape out any loose or soft material.

12. Making your own N’goni will require patience and time but isn’t too hard for someone with basic wood-working skills. If you are up for the challenge, you will need a shaved rawhide goat skin, furniture tacks, hardwood for the neck and braces, monofilament fishing line for the strings, tuning pegs (zither pegs are easiest to install), and some common tools (a hand saw, jig saw, or table saw, a drill, sharp knife, and sandpaper) Most of the components are available on-line (Amazon, Etsy, Ebay, etc. RhythmTraders has nice goat skins.)

Contact Soahn at [HarmonysMuse@gmail.com](mailto:HarmonysMuse@gmail.com) for more information or for gourd seeds from last year’s harvest.

Other facts and resources:

The **Ngoni** or “n’goni” and kora are string instruments, traditional harps of Mali and other regions of West Africa, they are closely related to the akonting from Senegal, Gambia, and Guinea-Bissau. These instruments, with features similar to a harp, lute, and banjo, have a long hardwood neck that passes through a calabash gourd resonator covered with a dried skin (often goat) soundboard.



Kora Gourd body and neck before skinning

Hide, gut, or nylon strings, attached to the top of the neck with pegs or leather tuning rings, are played by plucking with the fingers. The n’goni typically has 6 to 12 strings and is used as a melodic rhythm instrument played solo or with drums like the djembe.. The **kora** is similar to the n’goni but with 21 or more strings. The kora is traditionally played with fast melodies accompanying stories sung by Griot, a class of traveling poets, musicians, and storytellers who maintain a tradition of oral history.

*The **Native American Flute** is made out of naturally hollow materials (like bamboo) or hollowed wood. These flutes are easy to make from Japanese knotweed. Knotweed, also called Mexican Bamboo, is an invasive species that grows near streams and damp roadsides. Harvest mature knotweed stalks in the fall just before the first hard freeze.*

#### Resources:

1. N’goni: Making Gourd Musical Instruments, by Ginger Summitt and Paul Sedgwick.
2. Native American Flute, by David Night Eagle
3. Dictionary.com



## How to Join 4-H

We, at Saratoga County 4-H, strive every day to help youth become competent, caring, contributing members of society. Whether it is through our 4-H Club Program, Special Interest Programs, or School Outreach Programming, 4-H provides diverse, hands-on learning experience for youth. 4-H also looks to create healthy youth-adult partnerships with our network of caring and competent local volunteers. We look forward to connecting with you!

If you or someone you know would like to become a 4-H member or a 4-H Leader, you can call and leave a message for Leland at 518.885.8995 or email [glb76@cornell.edu](mailto:glb76@cornell.edu).

### 4-H May Happenings



**4-H  
Tractor Safety**

STARTING  
MAY 6TH

CLICK HERE FOR MORE  
INFORMATION



OPEN TO YOUTH  
14 AND OLDER



**4-H  
Walkathon**

Saturday, May 22nd, 2021

at the  
4-H Training Center  
or  
Virtually



Pre-Registration Required

Click Here to  
Register!

Cornell Cooperative Extension  
Saratoga County



# 4-H CHICKEN BBQ

**Saturday, April 17th**  
**4:00-7:00pm**

**\$14**  
1/2 Chicken  
Baked Potato  
Coleslaw  
Dinner Roll  
Smith Apple Pie  
Bottle of Water



**CCE Office**  
**50 W. High**  
**St**  
**Ballston Spa**  
**Drive-Thru**  
**Service**

Register At  
[https://reg.cce.cornell.edu/4HBBQApril\\_241](https://reg.cce.cornell.edu/4HBBQApril_241)

Sponsored by  
**4-H Leaders Association**

## 4-H Junior Presentation held

Nearly 300 Saratoga County 4-H members participated in Junior Public Presentation Day on Saturday, February 18 at the Myers Educational Center on Henning Road, Saratoga Springs.

Members showed how to make or do something they learned in 4-H. Food demonstrators showed how to make cheese balls, salads, yeast breads and rolls, milk drinks, cakes, cookies, pizza and many other dishes. Other home economics topics included macramé, decorating tips and quilting. Agricultural demonstrations ranged from potting bulbs and starting plants to rockets and leathercraft. Dairy cattle, horses, goats, rabbits, indoor gardening and small engines were topics for other presentations. Mrs. Jean Peck, Schuylerville, and Joan Rowland, Porter Corners, were chairmen of the event, assisted by Joanne Peck. Mrs. Jean Gainer prepared the certificates. Miss Lynn Butler, junior leader in the Tanglewood Roses 4-H Club was in charge of luncheon arrangements. Judges for the event were: Mrs. Joan Pascale, Mrs. Anne Van Vranken, Mrs. Pat Peck, Mrs. Margaret Palmer, Mrs. Sue Griffen, Mrs. Linda Griffen, Mrs. Dorothy Duell, Mrs. Mildred Drew and Mrs. Maxine Larmon, Mrs. Irene Ball, Mrs. Jean Wrisley, Mrs. Mary Ramsdill, Mrs. Charlene Passinault, Mrs. Mary Reber, Mrs. Ellen Mousin and Mrs. Vivian Bush. Teens who served as teen evaluators included: Mary Ann and Donna Gilgallon, Deborah Bartolucci, Maria and Karen Hal, Glenn Smith, Donna, Marshall and Cindy Cleveland. Also Linda and Ivy White, Lynn Butler, Paula Williams, Donna Meek, Sue Naylor, Debbie Pingelski, Darren Monroe, Deborah Ward and Cheryl Senecal. Also Melissa Middlebrook, David King, Karen Griffen, Joan Rowland, Denise Pohl, Margaret Jones and Jill Strassburg. Also Pam and Shelley Seymour, Dan Kerwood, Cindy Peck, Joanne Peck and Andrea Pascale.



By Wendy McConkey, Records Management Officer

4-H Public Presentation Day was recently held in Saratoga County. 4-H youth prepare for this annual event currently held in the spring of each year.

Public Presentation Day is perhaps the best program 4-H offers youth. The 4-H'ers develop self confidence, speaking skills and the ability to organize and coordinate their thoughts and actions. The skills help youth become successful and confident adults.

The following article is from the 1978 Junior Public Presentation Day (4-H members under the age of 12) and published in the March 1, 1978 edition of the Ballston Journal.



*SANDING WOOD - At the 1971 4-H jr public presentation day, three members of the Greenwood Hustlers 4-H Club, Jimmy Hughes, left, Daniel Peter and Robert Van Wie, demonstrated how to sand and prepare wood for a finish such as varnish.*

## Website and Social Media

Click the photos to be navigated to each of our Facebook accounts:



CCE Saratoga



4-H



CCE Equine



Agriculture  
Economic  
Development



Capital Region  
PRISM

## Who We Are

### Board of Directors

|                          |                                   |
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| Julie Curren    | Lauren Henderson    |
| Kim Wilbur      | Lauren Mercier      |
| Mona Clear      | Blue Neils          |
| Diane Whitten   | Ariane Tanski       |
| Cindy Dort      | Allie Eustis        |

### Agriculture Program Committee

|                         |                         |
|-------------------------|-------------------------|
| Craig Devoe, President* | John Mishoe, Secretary* |
| Kathleen Anderson       | Leland Bramer           |
| * Board Representative  | Samantha Little         |

### 4-H/FCS Program Committee

|                            |                   |
|----------------------------|-------------------|
| Meg Soden, Chair           | Kristine O'Rourke |
| Donna Ringwall, Vice Chair | Paul Laskey, Jr.* |
| John Mancini, Secretary*   | James Holbrook*   |
| Kohlby Himelrick, Student  | Meg O'Leary       |
| Adrianna Drindak, Student  | Rachel Maxwell    |

\* Board Representative

### Eastern NY Commercial Horticulture

|                   |                |
|-------------------|----------------|
| Crystal Stewart   | Teresa Rusinek |
| Elizabeth Higgins | Jim Meyers     |
| Elisabeth Hodgdon | Dan Donahue    |
| Mike Basedow      | Maire Ullrich  |
| Ethan Grundberg   | Chuck Bornt    |
| Laura McDermott   |                |

### Central NY Dairy, Livestock and Field Crops

|               |                  |
|---------------|------------------|
| Erik Smith    | Ashley McFarland |
| David Balbian | Nicole Tommell   |

### GC-SBN Leads

|                |            |
|----------------|------------|
| Mike Ryan      | Erik Yager |
| Jim McNaughton |            |



### ***Building Strong and Vibrant New York Communities***

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