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CCE

Cornell Cooperative Extension | Saratoga Count

NEWSLETTER

EXTENSION UPDATES

Weekly digital office hours for vegetable farmers

CCE Vegetable Specialists across the state are teaming up to host a digital office hour every Thursday, starting Thursday, April 16th. Growers can email or text pictures to specialists for discussion during the office hours.

It's also an opportunity for growers to speak with each other about challenges and opportunities. (This is for vegetable farmers; home gardeners call our office and leave a message (518) 885-8995.)



(photo by CGP Grey, creative commons/flickr.com

PRO-DAIRY releases "Managing During COVID-19 articles Series of new and updated resources to help farmers



(photo by Chesapeake Bay Program creative commons.flickr.com

PRO-DAIRY specialists have developed Managing During COVID-19, a series of new and updated resources to help farmers navigate through the uncertain environment created by COVID-19. Recognizing the range in circumstances faced by farmers across the state, these <u>resources</u> cover a full spectrum.

Get involved in your local Farm Bureau



Saratoga County Farm Bureau gives farmers and non-farmers alike the opportunity to be part of an organization dedicated to supporting and enriching agriculture. It provides an opportunity for individuals interested in the food system, land issues and

rural living to come together and make their voices heard. They are active within the political system on a broad range of issues that concern every New Yorker, from taxation, conservation to local food availability. Saratoga County Farm Bureau believes a strong, viable agricultural industry is beneficial not only to our economy but also to our local communities and our consumers.

New York Farm Bureau's mission is "To Serve and Strengthen Agriculture". They have put together activities for youth in Pre-K to 12th grade to help you educate your child(ren) about agriculture and the food system.



OUR MISSION

<u>Cornell Cooperative Extension puts knowledge to work</u> in pursuit of economic vitality, ecological sustainability and social well-being. We bring local experience and research based solutions together, helping New York State families and communities thrive in our rapidly changing world.

Administrative Professionals Day is Wednesday, April 22 To the Administrative Professionals of Saratoga County... Thank you for all you do!

The Coronavirus pandemic has made us aware of the many heroes who work tirelessly addressing the issues our country is facing. Healthcare professionals, long haul truckers and our farm families among others are working to keep us well, bring products across North America and to feed us. Cornell Cooperative Extension salutes these individuals and families. Cornell Cooperative Extension in Saratoga County staff have been working remotely – in home offices for over a month, during this time all staff have cancelled in-person programs, and adopted virtual techniques to reach our clientele – the people of Saratoga County.

CCE is helping NYS families, households & businesses in a difficult time, as we have for over 100 years. Our heroes are CCE's Administrative Professionals. April 22nd is Administrative Professionals Day, a time we recognize and thank them for all they do make CCE/Saratoga a special place. Since the PAUSE, CCE has instituted a special edition newsletter that goes to elected officials, clientele, community leaders, key volunteers and staff. The newsletter highlights programming that is ongoing, sources of information and more. Social media outlets and websites are continually being upgraded while virtual connections make it possible to deliver resources and hold staff meetings. Our administrative professionals have assumed the leadership in making these initiatives happen while we maintain daily operations from phone calls,

electronic communications, and paying bills.

Usually, staff gather with our administrative staff recognizing their efforts. This year, we say "Thank You!" and look forward to the time we can return to our offices and work to make CCE/Saratoga the best that it can be.

William M. Schwerd
Association Executive Director

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CCE Saratoga in times of COVID-19

CCE prioritizes the health, safety and well-being of the communities we serve. Given the uncertainty surrounding COVID-19, and due to an abundance of caution, all on-site and off-site programs, workshops & 4-H activities and all 4-H Club meetings are cancelled effective immediately until further notice.



In addition, our offices will be closed to the public, including our volunteers, beginning at noon on Wednesday, March 18, again, until further notice.

Please be assured we are committed to supporting our communities through this very difficult time and encourage you to <u>visit our website</u> and social media regularly for up-to-date information including links to relevant websites.

If you need to contact us, call (518) 885-8995 and leave a message or email our staff.

CCE Saratoga Farm to School Grant Program Accepted into the Northeast Farm to School Institute

The Northeast Farm to School Institute is a unique year-long professional learning opportunity for twelve school teams from New England and New York. The Saratoga Springs City School District/<u>Pitney Meadows Community Farm</u>/CCE Farm to School project is honored to have been chosen as one of only two Farm to School programs in N.Y. The Institute is a cornerstone professional development program of Vermont FEED, their Farm to School partnership project with NOFA-VT. The Institute kicks off with a Summer Retreat held at Shelburne Farms (or remotely if necessary) from June 29-July 1, 2020.

Benefits of Participation:

- Farm to School Program Development: During the Summer Retreat, participants will develop a comprehensive school-wide Farm to School Action Plan that includes curriculum, local procurement, utilizing outdoor learning spaces, and cultivating family and community connections.
- School-Year Coaching: Teams will be paired with an experienced coach from their state's Farm to School Network. You'll have communication and meetings with this coach throughout the school year to assist you in implementing and adapting your action plan to meet the changing needs of the school.
- Networking: Individuals and teams will have time to share innovations, join in dialogue, and share food and fun with other Farm to School practitioners.

Second Round of Farm to School Funding Expands Program to More Schools

CCE Saratoga successfully applied for and received a second round of Farm to School funding from the NYS Dept. of Ag. & Markets. The first year we received \$36,000 to work with the Saratoga City School District and Pitney Meadows Community Farm and have made great strides in bringing PMCF produce into the SSCSD. The latest grant awarded in January is for the maximum of \$100,000 which will allow us to work with three additional school districts: Corinth, Galway, and Schuylerville. Funds will be used for fresh produce processing equipment and labor, plus delivery to the new schools. Professional chef training for school nutrition staff is also included, as well as equipment needed by the schools to prepare fresh produce. CCE Ag staff member, Nicolina Foti, is the CCE Farm to School Coordinator as well as outreach educator at the schools. For more details about the program contact, Nicolina Foti at nvf5@cornell.edu, or Diane Whitten at dwhitten@cornell.edu.

The <u>New York State Farm-to-School Program</u> was created to connect schools with local farms and food producers to strengthen local agriculture, improve student health, and promote regional food systems awareness.

Homesteaders & Self-sufficiency

If you are interested in becoming a homesteader and more self-sufficient then we have good news for you. CCE Saratoga educators have created an <u>educational webpage where people can learn all aspects of becoming self-sufficient and what it means to have a homestead</u>. The informational platform brings together agriculture (Livestock & Animal Husbandry, Food Preservation & Preparation, Hunting & Gathering, and Planting & Growing recourses.



Beans: A great pantry staple

By Diane Whitten

On a recent trip to the grocery store, I found the dried bean aisle to be nearly wiped out. <u>Dried beans are a great staple pantry item</u> for those wanting to stock-up in case of an emergency, such as the situation we find ourselves in now. Canned beans are another great <u>emergency pantry item</u>, in case of a power outage, just make sure you have a can opener with your canned food supply.



Canned beans are often high in sodium, so <u>drain and rinse</u> <u>them to reduce the sodium content</u> by 41%. You can also buy low-sodium or no-salt-added canned products for a

them to reduce the sodium content by 41%. You can also buy low-sodium or no-salt-added canned products for a healthier option.

If you're not familiar with cooking dried beans, it's worth reading a few tips. It's not difficult to cook dry beans so that they are properly hydrated and tender. If you pay attention to just a few fine points, you'll have perfectly creamy beans every time. An excellent web resource is the <u>Bean Institute</u>, for information on cooking, recipes, nutrition, and you can even take a quiz to find out what your bean personality is. I'm a pinto bean, Humble, Unassuming, Relaxed & Modest.

Black Bean Salsa

1 (16 ounce) can black beans, rinsed and drained
 2 tomatoes, chopped
 4 green onions, sliced
 1 clove garlic, minced
 4 tsp salt (optional)
 4 cup fresh chopped cilantro
 4 tsp black pepper



Combine all ingredients. Cover and refrigerate 8 hours. Drain excess liquid before serving.

Makes 10 servings

Nutrition Facts: 43 calories, 1g fat, 166mg sodium

Source: Eat Smart Recipes

Why All of Upstate New York Grew Up Eating the Same Barbecue Chicken

The true legacy of the Cornell professor who invented the chicken nugget. By Sarah Laskow

IN 1950, Robert C. Baker, a professor at Cornell University, published <u>Cornell Cooperative Extension Information</u> <u>Bulletin 862</u>, which changed summer in upstate New York forever. Entitled "Barbecue Chicken and Other Meats," the bulletin describes a simple vinegar-based sauce that can be used to turn broilers—chickens raised for their

Barbecue Sauce

Barbecued broilers without sauce are like bread without butter. The barbecue sauce is a basting material. Brush it on the broiler halves every few minutes during cooking.

Barbecue Sauce (enough for 10 halves)

- 1 cup cooking oil
- 1 pint cider vinegar
- 3 tablespoons salt*
- 1 tablespoon poultry seasoning
- 1/2 teaspoon pepper
- 1 egg

Beat the egg, then add the oil and beat again. Add other ingredients and stir. The recipe can be varied to suit individual tastes.

Leftover sauce can be stored in a glass jar in a refrigerator for several weeks.

meat rather than their eggs—into juicy, delicious barbecue heaven.

At the time, this was an innovation. When Americans ate meat, they preferred beef and pork, and the poultry industry was just beginning to increase production. As an agricultural extension specialist, part of Baker's job was to convince Americans to eat chicken. Before he passed away in 2006, he invented chicken bologna, chicken hot dogs, chicken salami, and, most famously, a prototype chicken nugget.

Cornell Chicken Barbecue Sauce, though,

was his first great triumph, and what he is best known for in upstate New York. All summer, every summer, Cornell Barbecue Chicken features at backyard parties and family get-togethers. Younger generations of Finger Lake residents don't recognize this as a regional specialty so much as the default way to cook chicken outdoors. "Every fund-raising event, every fire department cookout, every little league barbecue, must serve this recipe or nobody would come," writes barbecue expert Meathead Goldwyn.article continued.

Stormwater Tips for Homeowners

During this period of social distancing, many of us find ourselves spending a lot more time at home, with perhaps more time on our hands for projects and improvements. If you are looking for ways to make a positive change in your home, neighborhood, and community, consider some of these simple tips and "best practices" for managing runoff from rain events on your property and reducing <u>stormwater pollution</u> to help protect the water quality of our local lakes, streams, and rivers.

Only rain should go in the drain.

Never dump anything down the storm drain. Storm drains are not part of the sanitary sewer system. They carry stormwater, along with any pollutants that make their way into the drain, directly to local waterbodies untreated. Disposal of solid, liquid and/or hazardous wastes in a storm drain is <u>illegal</u>.



Keep storm drains clear of yard debris.

Spring is the time to clean up yard debris left over from the fall or deposited during winter storms. Place any lawn/ yard debris that will be picked up curb-side in containers or paper lawn bags. Yard waste that is left loose on the curb can end up either in the storm drain, contributing excess nutrients (nitrogen and phosphorus) to local waterways, or on top of the storm drain, resulting in clogging and the backup of stormwater into streets and yards. Consider mulching grass clippings and leaving them on your lawn as a natural fertilizer or composting clippings and leaves.

Practice responsible fertilizer and pesticide application.

As you prepare to plant a garden or repair your lawn this spring, <u>test</u> your soil to determine what it really needs before applying fertilizer. If you do need to fertilize, use <u>phosphorus-free</u> products. When applying fertilizers and pesticides, read the labels carefully to ensure you use the least amount necessary and apply only to targeted areas.

continued

Sweep driveways and sidewalks after application, and don't apply fertilizers or pesticides before a rain storm.

Vegetate bare spots.

Cover any areas of bare soil in your lawn or planting areas that died over the winter. Reseed, mulch, or plant ground covers over bare spots to prevent soil from eroding away during a rain storm. Consider replanting with native species, which often have deeper root systems and require less water, chemicals, and maintenance.

Save the rain.

Consider installing a <u>rain barrel or rain garden</u> to capture water that flows off of your roof and other impervious surfaces on your property. Diverting your gutter downspout into a rain barrel or rain garden reduces the amount of runoff that leaves your property. The water captured by a rain barrel can be used to water your lawn or garden, conserving municipal water. Rain garden are designed to collect rain water from impervious surfaces on your property and allow it to slowly infiltrate into the ground, filtering out pollutants and recharging the groundwater supply.



Minimize impervious surfaces on your property.

If the installation of a new patio, walkway, or driveway or the replacement of an old one is on your to-do list, consider utilizing brick, stone, gravel, wood chips, or permeable pavers instead of asphalt or concrete. These alternatives reduce the amount of runoff created on your property by allowing water to seep into the ground.

Pick up after your pets.

Many of our pets are enjoying some extra walks during social distancing, and with more walks comes more poop! Always pick up after your pets and properly dispose of their waste by putting it in the trash or flushing it down the toilet. Pet waste can add harmful bacteria to our local waterways if it ends up in a storm drain.

Keep up on vehicle maintenance.

Check for fluid leaks often and have your vehicle serviced regularly. If you maintain your vehicle yourself, use ground cloths or drip pans during work, clean up any spills immediately, and be sure to recycle used motor oil properly. Many auto supply stores and any business that change oil in New York State accept used oil.

Wash your car on your lawn or at a commercial car wash.



The first car wash of the spring is always rewarding, as you're finally able to remove all of the salt, sand, and grime from the winter. If you wash your vehicle at home, do so on your lawn or other pervious surface instead of your driveway. This allows the wash water to absorb into the ground instead of washing into the street and down the storm drain. Use a non-toxic soap and as little water as necessary. If possible, take your car to a commercial car wash, where wash water is reused and then eventually sent to a waste water treatment plant.

Maintain your septic system.

If you have a <u>septic system</u>, it may be working overtime right now since you're spending more time than usual at home. Make sure that you keep up-to-date on the inspection and maintenance of your system. Be mindful of what you put down the toilet and sink, as many products can clog the system or kill the beneficial bacteria that keeps the system functioning. Don't flush those alternatives to toilet paper that you're having to use down the toilet!

To learn more about how you can become part of the solution to stormwater pollution visit the <u>Saratoga County Intermunicipal Stormwater Management (ISWM) Program website</u> or contact <u>Blue Neils</u>, Saratoga County ISWM Program Coordinator.

2020 New York Invasive Species Awareness Week

June 7-13th



CALL FOR ACTION

Mark your calendars: Invasive Species Awareness Week (ISAW) will be held Sunday, June 7 – Saturday, June 13, 2020. ISAW is an annual educational campaign coordinated by the New York State Invasive Species Council, the Invasive Species Advisory Committee, the eight PRISMs and their partners.

With on-going uncertainty surrounding the COVID-19 public health crisis, the Capital Region PRISM is encouraging our partners to host virtual events or prepare activities that can be done at home. Partners that have already scheduled events for the upcoming ISAW are also encouraged to create back-up virtual or remote plans.

The mission of the New York Invasive Species Awareness Week is to promote knowledge and understanding of invasive species and the harm they can cause to our environment, economy, and to human health. The Capital Region PRISM's goal is to engage with people throughout our region and empower them to take action to help spread the word, not the species. The Capital Region PRISM is working to compile a <u>series of webinars</u> that can be shared or used as inspiration for virtual events. The <u>New York ISAW Website</u> has additional examples of virtual and remote events to host. <u>The New York Invasive Species Research Institute</u> is also working to compile webinars and videos from the eight PRISMs, for our partners to utilize during ISAW. Please join us and host a virtual event to help protect our environment.

Initiated in 2014, the week-long campaign features numerous statewide events focused on invasive species, ranging from invasive species removal projects, guided hikes and paddling events, presentations, informational webinars, citizen science trainings, film screenings, and more. In 2019, over 180 events were held across the state with 29 in the Capital Region.

To have an event listed as part of Awareness Week and promoted by the Capital Region PRISM with the NYS Department of Environmental Conservation please send me your event notification.

Put "NYISAW Event Submission" in the subject of your email and include the following information:

- · Event Title
- · Event Description, RSVP if requested, who to contact for more information, and any other relevant info
- Event Date and Start Time/End Time
- · Event Location, Address, including Town/City and Zip Code (Not Applicable for Virtual Events)

For more information, to submit an event, or potentially partner with the PRISM contact:

Kristopher Williams
Invasive Species Coordinator
Capital Region (PRISM) Partnership for Regional Invasive Species Management
kbw44@cornell.edu

Spring has sprung ,which means its time to test your soil and get it prepared for planting, whether for lawn, vegetable or flowers.

April - May is the time to test your soil pH to determine if it is within the preferred range of 6.5-7.0. If not, recommendations will be given to either apply lime to increase the pH or apply sulfur to reduce the pH.

TAKING A SOIL SAMPLE ...THE CORRECT WAY

For most situations (Lawn, vegetable garden, ornamentals, etc.), the soil should be sampled every 2 to 3 years. For situations involving high-value cash crops or soils under intensive use, it is recommended that the soil be tested prior to planting the crop.



Soil samples may be taken at any time during the year; however, avoid extremely wet soil conditions unless absolutely necessary. It is recommended that successive samples from a given situation be taken about the same time of year.

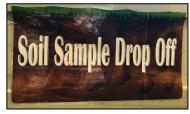
- (1) Using a garden spade or shovel (if available, a soil probe or auger works best) slice into the soil to a depth 4-6 inches.
- (2) Take a one-inch-thick slice of soil from the side of the hole. Repeat this process to obtain 5-10 samples, randomly taken, depending on the size of your lawn or garden.
- (3) Combine all samples into a clean container and mix thoroughly, removing any plant debris or stone.

ONE CUP OF SOIL IS ALL THAT IS NEEDED FOR Ph TESTING (IF SENDING FOR COMPLETE ANALYSIS 2 CUPS ARE NECESSARY). Avoid as much hand contact as possible as it may alter the true pH of the soil.

- (4) If your soil is wet, you will need to let it dry. Let it dry naturally. DO NOT dry in a conventional or microwave oven.
- (5) Label samples for proper identification (ie: back lawn, vegetable garden). Include your name, address, daytime phone number, and email address.

Samples can be brought to the Cornell Cooperative

Extension Office, 50 West High Street, Ballston Spa for testing. There is a fee of \$1.00 per sample for pH testing. Currently the turn around time for samples is a max of one



week. Please use the Soil Sample Drop Off Box located in front of the building entrance.

PLEASE NOTE



Cornell Cooperative Extension of Saratoga County is no longer accepting soil samples needing nutrient analysis testing that requires being sent to AGRO-ONE. In an effort to cut down on the number of handlers, we ask that you send your samples di-

rectly to them. Please <u>visit their website for directions</u>. We will continue to accept samples for pH testing only. If you have any questions, email Jessica Holmes, <u>jmh452@cornell.edu</u>.

Preorders, Deliveries, and Other Ways to Get Your Fresh Food!

Farmer Markets are still essential to the community

Many Saratoga Farmers Market vendors are offering preorders to make your visit to the market quicker on Saturdays. And if you are unable to come to our market, there are also many other ways to purchase from our vendors. <u>Find here our spreadsheet with what we know from our vendors so far.</u> This spreadsheet is continuously being updated as more of our vendors figure out how to best serve their customers - so check back often!

If you do not see a vendor listed in the spreadsheet yet, please see the <u>website</u> for a complete listing of vendor contact information.

Mrs. Curren's 4-H Happy Place

Mrs. Curren is bring 4-H School Outreach to elementary students through her "4-H Happy Place." Mrs. Curren's 4-H Happy Place is a place to extend the fun and learning usually experienced in the classroom ... just in your home. The 4-H Happy Place is designed with you and your family in mind. Everyone is encouraged to participate. All programs are specially designed by Mrs. Curren to be age appropriate for elementary students with some adult help required at times. Keep checking Mrs. Curren's page for updates.



Saratoga Trail BINGO Challenge



The <u>Saratoga County Trail Challenge</u> has been going through a transformation. There are now Bingo cards for 10 trails throughout the county. There are also extended learning pages that are being uploaded that can be printed or used online. The pages highlight a sampling of the most common things seen while walking in the woods in Saratoga County. Included are realistic coloring pages, information on trees and links to the Cornell Lab of Ornithology for bird identification. The images in the coloring pages can be colored on line as well as on paper and links can be accessed on smartphones and used on the trail.

Week 1 Week 2

Create Your Own Pollinator Garden

<u>Create Your Own Pollinator Garden</u> is a web-based learning unit. The series has a new video about creative ways to make your own plant stakes to identify your plant. The next in the series is a printable "My Pollinator Garden Journal". The journal is in its final stages of development and should be available by the beginning of next week.



4-H Project Joy

Older people in nursing homes and assisted living facilities are people that are most at risk at this time and are



isolated from family and friends. **4-H Project Joy** is a community service project to help bring smiles to their faces. Leland Bunting, 4-H Club Coordinator, and Julie Curren are working with 4-Her's in the county to create a video comprised of individual video submissions. These will be compiled and sent by a link to activities directors in these facilities who can pass it on to their clients. The goal of this project is to let our seniors know they are thought of and hopefully it can bring them a smile.

Eastern Bluebird Workshop

An Eastern Bluebird Workshop event will be available soon. This will be an informational series including; Intro to Bluebirds, Building a Bluebird House, (people will be able to purchase kits from us in a socially distant manner) and How to Hang and Monitor Your Bluebird box.



4-H Ignite the Spark Challenge

Saratoga County 4-H is inviting all 4-H youth to participate in our weekly Social Media challenge, the "Ignite the Spark Challenge." Each week we will feature a new challenge that is meant to engage our members to think, create, act, and ignite their own SPARK. Members are encouraged to share their challenges via Facebook and Instagram, where we will



feature their work. We cannot wait to see the awesome things that our members can do!

Visit our website to stay up on our 4-H Ignite the Spark weekly challenges.

4-H Teen Zoom Meet-Ups

Saratoga County 4-H Teen Council is hosting weekly Zoom meet-ups for our 4-H Teen members so that we can all stay connected while social distancing. Each week we talk about things that are going on in our lives, share ideas for staying busy and play fun games.

For this week's meeting we will be joined by some of our fellow 4-H'ers from Edwards and Richland counties in Illinois!



Saratoga County 4-H Alumni Facebook Group

SARATOGA COUNTY 4-H ALUMNI



We are excited to announce the launch of our Saratoga County 4-H Alumni Group. We hope this group will help our 4-H Alumni connect with their fellow 4-H'ers! If you are a former Saratoga County 4-H'er, please join in on the fun.

Want to Join 4-H?

Saratoga County 4-H is as diverse as the members of our communities! It is a fun, hands-on, youth development program.

4-H is...an American Idea - the world's largest dynamic, informal educational program for young people based on demographic principles. The real essence of the <u>4-H movement is defined by three goals.</u>

Even though our programming has been impacted by COVID-19, we are still taking new 4-H members. If you or someone you know would like to become a 4-H member, you can call and leave a message for Leland at 518.885.8995 or email glb76@cornell.edu.

4-H Ø S
GROWS HERE

4-H Enrollment Forms

2020 4-H Scholarship Golf Classic Cancelled

Due to COVID-19 we are cancelling the 20th Annual 4-H Scholarship Golf Classic for 2020 that was originally scheduled for June 6, 2020. However, we are excited to announce the 20th Annual 4-H Scholarship Golf Classic for June 5, 2021.



2020 Virtual Horse Symposium

Due to the events of COVID-19, CCE equine will be taking our regular Horse Symposium and delivering it to the virtual equine world. Join CCE Equine as we unveil our virtual Horse Symposium series.

Starting Thursday, May 14 at 6pm and every Thursday thereafter, you can have a front row seat to some of the equine industry's leading professionals in and out of the saddle.

More information to come.



Composting on Horse Farms: Why and How

This webinar covers how composting works and why it's a good practice, and also give tips on composting horse manure. Intended audience is horse farm owners and managers.

While many of us might refer to a pile of manure that has been sitting for 6 months as "compost," it's really not. Composting is a managed, aerobic process, meaning it typically needs to be turned. There are many other factors that go into proper composting, and many benefits to doing it the right way (such as reduced odor and destruction of weed seeds and pathogens). Watch this webinar recording to learn more!



Compost002TW-Tiffany Woods-CC 2.0 BY-SA Source:Flickr.com

ISO: Equine-related business owners and managers in New York State

Cornell Cooperative Extension Equine (CCE Equine) and the New York State Horse Council (NYSHC) have partnered to create a survey to better understand the economic impact of COVID-19 on equine-related businesses in New York State. This survey is targeted to equine-related business owners or business managers in New York State.

If you own or manage a business that supports the equine industry, <u>please take the time to complete this short survey</u>. Survey responses will remain anonymous and the data received will be used by CCE Equine and the NYSHC to guide future programs, decisions, and research with public partners. Your response is very important to the success of this project and will be valuable for the equine industry in New York State.

Should you have any questions you can contact Brieanna Hughes, CCE Equine Program Coordinator at Bh548@cornell.edu or Sarah E.J. Collier, NYSHC Recording Secretary, at sarah.collier@nyshc.org. Thank you for your continued support.

Click the photos to be navigated to each of our Facebook accounts:









Donna Ringwall, Vice Chair

Eastern NY Commercial Horticulture



Paul Laskey, Jr.

Who We Are

CCE Staff Members

Nicolina Foti

Kim Wilbur

Mona Clear

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Building Strong and Vibrant New York Communities

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities.