

June 29, 2020

Volume 1, Issue 12

# CCE

Saratoga County

NEWSLETTER

Cornell Cooperative Extension

## EXTENSION UPDATES

### 4-H Leaders' Association Chicken BBQ

**CHICKEN  
BBQ**  
SPONSORED BY  
**4-H LEADERS  
ASSOCIATION**

**Saturday, August 22nd  
4:00-7:00pm**

4-H Training Center Middleline Rd, Ballston Spa Drive-Thru Service	\$14 1/2 Chicken Baked Potato Coleslaw Dinner Roll Smith Apple Pie Bottle of Water
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**Click This Flyer to  
Pre-Order**



The 4-H Leaders Association is proud to sponsor this Drive-Thru Chicken BBQ. The event will take place on Saturday August 22<sup>nd</sup> from 4 - 7 PM with all proceeds to support 4-H scholarships and programming. The members of the 4-H Leaders Association will be following all COVID-19 cleanliness and social distancing guidelines while carefully preparing a delicious menu for you and your family to enjoy! All you have to do is pre-order by August 8<sup>th</sup> by [clicking here](#), then go to the 4-H Training Center on Middleline Road to pick up everything you will need for your dinner!

Contact [Greg Stevens](#) with any questions.

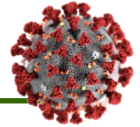
## OUR MISSION

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Cornell Cooperative Extension puts knowledge to work in pursuit of economic vitality, ecological sustainability and social well-being. We bring local experience and research based solutions together, helping New York State families and communities thrive in our rapidly changing world.

### The Work Never Stopped...

The Evolution of Saratoga Counties Cooperative Extension  
Before, During and as the COVID-19 Pandemic subsides



Cornell Cooperative Extension of Saratoga County has been working with county residents for over 100 years. There have always been changes while CCE continues to use the research-based resources of Cornell University, our land grant colleges and professional staff locally and across the region. Entering Phase 4 of the *Reopening New York* plan we will continue to work remotely to meet with farmers, producers and others, continue to deliver virtual programs reaching new and larger audiences, and to create new ways for residents and families to benefit from Cooperative Extension. We will slowly begin to reopen our offices, meeting rooms and the 4-H/CCE Training Center to bring all learning opportunities to residents.

The offices were closed for three and half months except for essential staff as identified by New York State, the Department of Agriculture and Markets, NYS DEC and Cornell University Cooperative Extension – most in the field. The offices recently experienced a “soft” or limited opening for staff to return to work but not for visitors or for programs. The return of most staff to be physically in the office will be slow as we provide a safe environment for our clientele and staff. Our social media pages will carry updates as they occur. The office follows social distancing and face covering guidelines. When reopening occurs you will find changes, plexiglass panels like Stewart’s or banks and others. The offices in Building 5 at 50 West High Street is being shared by others in the coming months; another of the changes. Please be patient and courteous and call for appointments before coming to Ballston Spa as only 25% – 30% of CCE staff are scheduled any single day, most will continue to be in the field and a few will continue to work remotely. The staff looks forward to the day we return to normal.

The staff at Cornell Cooperative Extension continues to work hard, recent newsletters from Editor Wendy McConkey carried two outstanding programs: the ***Sundae on the Farm*** Virtual Tour and ***Thank A Farmer***. Both were done by CCE staff and friends, many from the farms. You may not be as familiar with Mrs. Curren’s 4-H Happy Place which included two virtual field day’s events that reached over 3,000 youth; a virtual Horse Symposium with over 400 registered participants, a virtual Veterinary Science series, an 8-week Homesteading Video Series and Master Gardener Training among others.

Sincerely,

William M. Schwerd  
Executive Director



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### Meet our Program Leadership Team

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Susan Beebe  
Ag Issue Leader



Greg Stevens  
4-H/FCS Issue Leader



Kris Williams  
PRISM Coordinator



Blue Neils  
Stormwater  
Management

## Updates from the Capital Region PRISM Partnership for Regional Invasive Species Management



- The Capital Region PRISM has recently collaborated on a survey project for early detection with the NYS Office of Park Recreation and Historic Preservation. The 880 acre parcel will eventually be converted into butterfly habitat and provide recreational access to the public. The parcel will be added to Moreau Lake State Park and is part of our Invasive Species Prevention Zone (ISPZ).
- The PRISM is collaborating with the Wilton Wildlife Preserve to delineate Hemlock Stands for a citizen scientist monitoring project of HWA. We are also identifying infestations for future management within the preserve and have been active with educational events at the preserve.
- Currently a lesser celandine removal project has been initiated with Albany County Office of Natural Resource Conservation at Ann Lee Pond one of our priority conservation areas..
- The PRISM hosted two virtual field trip webinars showing casing invasive species in local parks and preserves for NYS ISAW. Thank you to the Saratoga Spa Public Library and Wilton Wild Life Preserve.
- As of today the PRISM has hired 21 watercraft stewards to inspect launching and retrieving boats at 22 active sites across the Hudson and Mohawk Rivers. A total of 5000 surveys have been completed in the region. Please remember to clean, drain, and dry all of your recreational watercraft equipment and boats.

The PRISM is built on a partnership made up of representatives from state agencies, not for profit organizations, and citizens concerned with the spread of invasive species throughout New York State. The Capital Region PRISM provides services in eleven counties in the New York State Capital Region: Albany, Columbia, Montgomery, Rensselaer, Schenectady, and parts of Fulton, Herkimer, Saratoga, Warren, and Washington.

*Our functions include, but are not limited to:*

- Coordination of partner efforts
- Recruiting and training citizen volunteers
- Delivering education and outreach programming
- Establishing early detection and monitoring networks
- Implement eradication and control efforts
- Provide funding for invasive species work

Interested in partnering with our organization? Please contact us:

**PRISM Coordinator: Kristopher Williams**

Email: [kbw44@cornell.edu](mailto:kbw44@cornell.edu)

Office Phone: 518.885.8995 (ext. 2218)

Work Cell: 518.321.0189

**Terrestrial Coordinator: Nicole Campbell**

Email: [nlc64@cornell.edu](mailto:nlc64@cornell.edu)

Phone: 518.885.8995 ext. 2211

**Outreach Coordinator: Lauren Mercier**

Email: [lnm47@cornell.edu](mailto:lnm47@cornell.edu)

**Aquatics Coordinator: Lauren Henderson**

Email: [ljh257@cornell.edu](mailto:ljh257@cornell.edu)

To Join our ListServ, send an email to: [cce-capitalprism-l-request@cornell.edu](mailto:cce-capitalprism-l-request@cornell.edu)



## Hot Weather Management of Poultry

During the summer it is very important for poultry producers to be mindful of the effects warmer temperatures can have on their flocks.

Hot weather can severely impact poultry performance. Heat stress in poultry typically begins when the ambient temperature climbs above 80 degrees Fahrenheit and becomes very apparent at temperatures around 85 degrees Fahrenheit. When a bird begins to pant, physiological changes have already taken place within its body to help eliminate excess heat. Practicing proper heat management to help keep birds comfortable will help maintain optimum growth, hatchability, egg size, egg shell quality, and egg production...[read more.](#)



SOURCE: PennState Extension

## Providing your horse vitamins and minerals



- Vitamins and minerals are nutrients that horses need. The National Research Council's (NRC) "Nutrient Requirement of Horses" lists estimates of daily needs.
- Ration balancers provide your horse with the vitamins and trace minerals most forages lack.
- You can choose a ration balancer based on the type of hay you feed your horse. Always follow the manufacturer's feed directions when feeding commercial feeds.

[Read article](#)

SOURCE: University of Minnesota Extension

## Ten ways to stretch your horse's hay supply



- Buy hay based on the weight and needs of your horse.
- Test your hay quality to avoid over and under feeding.
- Store your hay properly and use a feeder to prevent hay waste.
- Maximize pasture or consider using hay alternatives. Rehome horses that no longer meet your goals.

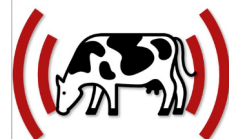
[Read article](#)

SOURCE: University of Minnesota Extension

## E2 Dialing into Your Best Dairy: Calves-Birth Through Weaning

CCE Regional Dairy Specialists Alycia Drwencke and Casey Havekes discuss best management practices for the dairy calf from the time of birth through to weaning. Topics include colostrum management, cleanliness, ventilation, housing, plane of nutrition, and weaning strategies.

[Listen to podcast](#)



For more information: [prodairy.cals.cornell.edu/events/podcasts/](http://prodairy.cals.cornell.edu/events/podcasts/)

## Farm groups launch free stress management course

The training course, geared toward farmers and ranchers, is open to the public

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Following the December 2019 announcement of a new farm stress management online training course for employees and members of Farm Credit, Farm Bureau and Farmers Union, these organizations have supported the launch of a free online training available to the general public.

Developed by Michigan State University Extension (MSU Extension) and University of Illinois Extension (Illinois Extension), the course will help farmers, their families and neighbors identify and cope with stress. It provides participants the skills to understand the sources of stress, manage their own stress, learn the warning signs of stress and suicide, identify effective communication strategies, and connect farmers and ranchers with appropriate mental health and other resources.

The challenges of ongoing low commodity prices, trade wars and extreme weather events have dramatically affected farmers and ranchers for years. Add the COVID-19 pandemic and its economic disruptions and that stress multiplies. Stress among farmers and ranchers is felt throughout farm operations and seeps into cities and towns across the country.

[...continue to article to sign up or to read article.](#)

SOURCE:  
Morning  
AgClips



## Learn About our State Reptile, the Snapping Turtle

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This time of year many people are seeing snapping turtles digging in their yards or swimming in home ponds. Snapping turtles and other turtles make their nests in easily dug soil, so they may lay their eggs in backyards and gardens. If the nest can be allowed to remain, hatchlings will emerge in August or September but sometimes overwintering until spring. If the area where the nest has been laid must be disturbed, contact your [regional wildlife office](#) for guidance.

Snapping turtles (*Chelydra serpentina*) are often described as aggressive, but a better term is defensive. They try to avoid confrontation and are more likely to defend themselves on dry land. When they are on land, try to give them some extra space, and they will move on. In fact, if you see one on land it is usually a female who is looking to lay eggs. Snappers spend most of their lives in the water, where they will generally swim away from people when encountered and are usually docile.

Unfortunately, like many turtle species, snapping turtles face serious threats—being struck while

crossing roads or collection for the food and pet trade. It is illegal to collect or relocate a snapping turtle without a permit, and they can only be hunted in season with a valid hunting license.

Learn more about [snapping turtles in the April 2017 Conservationist \(PDF\)](#).



Photo by Marcelo del Puerto

## Making Strawberry Kiwi Jam



Learn how to make a full sugar, low sugar or no sugar jam, plus freezer jam; a no cook recipe great for kids that requires no canning equipment. This class covers the basics of canning in a boiling water bath or steam canner, including equipment needed.

[Watch the video](#) from Diane Whitten's Food Preservation Educational Series via Zoom.

## Upcoming Food Preservation Educational Series via Zoom

**Friday, July 17, 11 am**

**Canning at Home: An Intro to Boiling Water, Steam and Pressure Canning:** Learn when and how to use these different canning methods. This class will include a discussion of low acid and high acid canning, plus how to avoid botulism food poisoning.

[Register here](#)



**Friday, July 31, 11 am**

**Quick Pickling: Learn tips and techniques for successful pickling, including making a crisp pickle.** This class will cover pickling ingredients, plus the basics of canning in a boiling water bath or steam canner, including equipment needed.

[Register here](#)



## Healthy Fruit and Yogurt Smoothies

June is Dairy Month and strawberry picking season, so why not combine the two to make a delicious smoothie.

### Ingredients:

- 3 cups (12 oz) strawberries or other frozen fruit
- 2 cups fat-free milk
- 1 large banana
- 3/4 cup low-fat vanilla yogurt

SOURCE: Choose Health, Food, Fun, and Fitness curriculum written and produced by Cornell University.

### Directions:

1. Slightly defrost frozen fruit, just enough so that it will blend easily.
2. Pour milk into a blender.
3. Add frozen fruit pieces to blender.
4. Add banana and yogurt.
5. Blend until smooth – about 30-45 seconds.



Nutritional Information: Serving size: 1 cup | Servings per recipe: around 6 | Per Serving: 112.6 kCal, 0.6 g fat, 0.3 g saturated fat, 0 g trans fat. | 56.9 mg sodium | 23.5 g carbohydrates, 2.9 g fiber, 16.2 g sugar | 5 g protein



## Homesteaders & Self-sufficiency

CCE Saratoga educators have created an [educational webpage](#) where people can learn all aspects of becoming self-sufficient and what it means to have a homestead. The informational platform brings together agriculture (Livestock & Animal Husbandry, Food Preservation & Preparation, Hunting & Gathering, and Planting & Growing recourses.



### Keep Your Food Safe During Emergencies: Power Outages, Floods & Fires

The weather in Saratoga County has been a bit unpredictable the last few months, with an earthquake in March, snow and two tornados in May, and June bringing high winds and thunderstorms. Several of these events left many Saratoga County residents without power; some for days.

It's always good to plan ahead in case the unexpected happens. [This brochure explains how to keep your food safe during emergencies such as power outages, floods and fires.](#)



### Last Planting Dates

Questions often arise on how late a vegetable can be planted in the garden in New York State and still reach maturity or usable size before frost or cold weather stops growth. **[The last dates listed for each crop are based on observations at Ithaca, NY.](#)** Most years the crop will reach the harvestable stage if planted by the date indicated, but yields of crops requiring multiple harvesting (tomatoes, peppers, cucumbers, etc.) likely will be rather light unless the fall weather is warmer than normal, and first frosts are unusually late. In parts of New York where the fall weather averages milder than in Ithaca, planting a week to ten days later might be possible; for cooler areas move the dates 7-10 days earlier.



## HOMESTEADING Video Series

CCE Saratoga County is pleased to announce a brand new virtual series for Homesteading and Self-sufficiency. This [8-week video series](#) will be hosted on our website with a new video released every Wednesday starting May 13th.



For more information or questions, email Nicolina at [nvf5@cornell.edu](mailto:nvf5@cornell.edu)

### Click on the links to view previous videos



[Adding Livestock to a Homesteaders Backyard](#)



[Permaculture and Homesteading](#)



[Perennial Vegetables](#)



[Natural Resources: Edible Foraging](#)



[Vegetable Gardening in Small Spaces](#)



[Backyard Chickens 101](#)

(unavailable as of 6/29, please check back)

Check back each Wednesday for the next two weeks to view videos in our [Homesteading Video Series](#).



### A Repurposed Chicken Coop More Bang for your "Cluck"

The most important principle with homesteading is being resourceful. The more inventive you are, the more bang for your "cluck" you will get.

Homesteading and chickens seem to go hand in hand. When it comes to adding livestock to your homestead, chickens are the most popular first choice. There have been several other articles we have put together talking about adding chickens to your homestead. Still, we are going to look at a step before bringing the chickens home— [building or repurposing a coop](#).

## Car Seats & Installations

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CCE of Saratoga is committed to meeting the needs of county residents during this pandemic. Our Occupant Protection Educator has been working with all of the County Agencies so that those in need of car seats can have their needs met. Many families in Saratoga County are having babies and many children are getting bigger needing a different size car seat. CCE's Occupant Protection Educator has a few options for those families truly in immediate need and we have a set of guidelines for you to follow listed below:

1. Families meeting low income guidelines or that have been financially impacted with job losses, please call your case worker at any Saratoga County Social Service Agency to have a referral sent to CCE. If you do not have a caseworker please call our office at **518-885-8995 x 2228** and leave your name, return phone number and information about your child's height, weight, age, type of vehicle (make, model, year). Your call will be returned and arrangements based on your individual situation will be made to get you a car seat to meet your child's needs and properly installed.
2. If you have a car seat and need help with proper installation, please call our office at **518-885-8995 x2228** and arrangements will be made.
3. CCE can offer virtual installation opportunities and if you are not able to do a virtual installation, we can make an appointment to meet using safety guidelines.



## Defensive Driving

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The Defensive Driving Program is the NY State approved 6-hour course. This allows the participant to receive an insurance reduction and/or point reduction (when needed). This is not



court mandated although it may be. This class is open to anyone with a valid driver's license. The program is 6 hours of classroom instruction with breaks. The cost is \$40.00 per person, cash, money order or checks made payable to: **CCE of Saratoga**.

**INSTRUCTOR:** Cynthia Dort- Certified Defensive Driving Instructor

In light of the COVID-19 pandemic, Cornell Cooperative Extension of Saratoga County is working on scheduling dates for Summer 2020. Please check [our site](#), our [social media](#), or call our office for more information. Dates will be posted as they are confirmed.

### **DATES OFFERED:**

**Sunday August 16**

9:00AM—4:00PM

**Tuesday October 6 AND Wednesday October 7**

*(Must attend both days for completion)*

6:00PM—9:00PM

**Sunday December 6**

9:00AM—4:00PM

As of March 19, 2020, participants are encouraged to email [lep77@cornell.edu](mailto:lep77@cornell.edu) for reservations. Voicemails left on our office phone will be returned at earliest convenience: 518-885-8995



## Want to Join 4-H?

Even though our programming has been impacted by COVID-19, we are still taking new 4-H members. If you or someone you know would like to become a 4-H member, you can call and leave a message for Leland at 518.885.8995 or email [glb76@cornell.edu](mailto:glb76@cornell.edu).



## Saratoga County 4-H Alumni Facebook Group



We are excited to announce the launch of our Saratoga County 4-H Alumni Group. We hope this group will help our 4-H Alumni connect with their fellow 4-H'ers!



## 4-H Teen Zoom Meet-Ups and Virtual Interstate Exchange

Saratoga County 4-H Teen Council is hosting weekly Zoom meet-ups for our 4-H Teen members so that we can all stay connected while social distancing. Each week we talk about things that are going on in our lives, share ideas for staying busy and play fun games.



We are also arranging Virtual 4-H Teen Exchanges with other states. All teens are invited to participate in these fun exchanges and meet new 4-H friends from across the country!

If you would like more information about how to join these meet-ups, please email Leland at [glb76@cornell.edu](mailto:glb76@cornell.edu)

## Mrs. Curren's 4-H Happy Place

Mrs. Curren is bring 4-H School Outreach to elementary students through her "4-H Happy Place." [Mrs. Curren's 4-H Happy Place](#) is a place to extend the fun and learning usually experienced in the classroom ... just in your home. The 4-H Happy Place is designed with you and your family in mind. Everyone is encouraged to participate. All programs are specially designed by Mrs. Curren to be age appropriate for elementary students with some adult help required at times.



[Create Your Own Pollinator Garden](#)  
[Saratoga County Trail Challenge](#)  
[Build Your Own Bluebird Nest Box](#)



## Stomp Rockets

STEM: Grades 3-8

*Courtesy of University of Florida, Madison County 4-H*

Learn how to make a stomp rocket out of simple materials, while learning about force.

### Stomp Rockets



## Walking Water

STEM: Grades Pre-K—12

*Courtesy of Oklahoma State University*

Learn about capillary action with this fun science experiment using water and food coloring.

### Walking Water



## Buy Local at Farmers' Markets



Each week throughout the growing season, the public can experience the freshest seasonal fruits, vegetables, herbs, bedding plants, perennials and fresh-cut flowers that are grown locally, with many being organic. Crafters offer body botanicals, soaps, fine millinery, pottery, handbags, candles, jewelry, and crafts. The local farms produce cheeses, yogurt, jams, wines, maple syrup, honey, free-range eggs, fish, pork, poultry, and beef, along with specialty foods that will keep you returning again and again for quiches, soups, sauces, breads, pastries, cookies, and barbecue. Find a Farmers' Market near you from the list below:



### Ballston Spa

Ballston Spa Business & Professional Assoc.

**Thursday 3-6 pm, June 18 – September**

Wiswall Park, Front St.

**Saturday 9-noon June 13 – September**

Cyndi Pastore, 885-2559

### Malta

Allerdice ACE Hardware parking lot

2570 Route 9

(Just south of Malta Community Center)

**Tuesdays, 3:00pm – 6:00pm**

[www.saratogafarmersmarket.org/malta-farmers-market](http://www.saratogafarmersmarket.org/malta-farmers-market)

### Burnt Hills

**Rt 50 Farmers Market**

**Saturday 9-1pm, June 6 – October**

802 Route 50 between Dino's Pizza and Burnt Hills Café Sarah

Emerich, [semerich402@gmail.com](mailto:semerich402@gmail.com)

### Saratoga Springs

Saratoga Farmers' Market Association

**Saturday 9-1pm & Wednesday 3-6 pm**

Bon-Ton & Bow Tie Parking Lots, Wilton Mall

[www.saratogafarmersmarket.org](http://www.saratogafarmersmarket.org)

### Clifton Park

Saratoga Farmers' Market Association

**Thursday 2-5 pm, July—October**

St. George's Church, Route 146

[www.saratogafarmersmarket.org](http://www.saratogafarmersmarket.org)

### Spa City Market

Sunday 10-3pm

**All Year May-October 10am-3pm**

**and November-April 10am-2pm**

Lincoln Baths 99 S Broadway

Shannon Campagna, 518-915-2200

[www.spacityfarmersmarket.com](http://www.spacityfarmersmarket.com)

### Galway

Galway Farmers' Market

**Friday 4-7pm, July – October**

5078 Sacandaga Road

Under the pavilion

Sue Sutch 518-882-5367

Mike Tillson 518-882-9306

[www.facebook.com/GalwayFarmersMarket](http://www.facebook.com/GalwayFarmersMarket)

### Waterford

Waterford Harbor Farmers Market

**Sunday 9am-1pm June – October**

Waterford Harbor Promenade

Jeanne Grebert, 207-7514

[www.facebook.com/waterfordmarket](http://www.facebook.com/waterfordmarket)

### Gansevoort

Village Park

**Thursday 3-6 pm, June – October**

Linda Gifford, 792-0198



### WINNEY'S BLUEERRY FARM

[Facebook page](#)

113 Winney Drive

Schuylerville, 12871



## Saratoga County U-Pick Farms for June - July

### ARIEL'S FARM

[www.arielsfarm.com](http://www.arielsfarm.com)

194 Northern Pines Road

Wilton, 12831

### BOWMAN ORCHARDS

[www.bowmanorchards.com](http://www.bowmanorchards.com)

147 Sugarhill Road

Rexford, 121148

### GREENFIELD'S FOREVER, LLC

[Facebook page](#)

236 Wilton Road

Greenfield Center, 12833

### STAR FARM

[www.starfarmblueberries](http://www.starfarmblueberries)

2478 Galway Road

Galway, 12074





### Willow Marsh Farm

Monday—Tuesday **Closed**  
Wednesday—Friday **10am–6pm**  
Saturday **10am–5pm**  
Sunday **12pm–5pm**  
(518) 885-8731  
343 Hop City Rd  
Ballston Spa, NY 12020

### King Brothers Dairy

Home delivery available  
Monday—Saturday **9am–7pm**  
Sunday **12pm–5pm**  
[kingbrothers.deliverybizpro.com](http://kingbrothers.deliverybizpro.com)  
(518) 695-6455  
311 King Rd,  
Schuylerville, NY 12871

### Old Saratoga Mercantile

Place orders online, with curbside pickup only.  
\*schedule curbside pickup time  
Monday–Friday **9am–6pm**  
Saturday—Sunday **9am–5pm**  
[www.oldsaratogamercantile.com](http://www.oldsaratogamercantile.com)  
(518) 695-3678  
1120 NY-29,  
Schuylerville, NY 12871

### Wm. H. Buckley Farm

Curbside pickup is available  
Friday **9am to 4pm**  
Saturday **9am to 4pm**  
Sunday **9am to 4pm**  
[www.buckleyfarm.com](http://www.buckleyfarm.com)  
(518)-280-3562  
946 Saratoga Road  
Ballston Lake, NY 12019

### Maple Valley Farm

Call ahead to place order  
Monday–Sunday **10am–4pm**  
(518) 654-8775  
84 Harris Rd.  
Corinth, NY 12822

### Smith Orchard

Pie Shop closed but Orders available with scheduled pickup  
Monday **9am–6pm**  
Tuesday **Closed**  
Wednesday—Saturday **9am–6pm**  
Sunday **9am–2pm**  
(518) 882-6598  
4561 Jockey Street  
Ballston Spa, NY 12020

### Greenfield's Forever

Self Service  
Monday–Sunday **8am–5pm**  
(518) 265-1322  
236 Wilton Rd.  
Greenfield Center, NY 12833

### Saratoga Apple

Store is open; Curbside pick up is available.  
Friday & Saturday Pop up dinners are available from *Vashti's kitchen delights*  
[vashtiskitchendelights.com](http://vashtiskitchendelights.com)  
Monday–Sunday **9am–6pm**  
(518) 695-3131  
1174 NY-29,  
Schuylerville, NY 12871

### 9 Miles East

Order meals and schedule delivery's online  
[subscriptions.9mileseast.com](http://subscriptions.9mileseast.com)  
(518)-810-3731  
[adam@9mileseast.com](mailto:adam@9mileseast.com)

### Sugar Oak Farms

Online orders available for scheduled pick up and delivery within 10miles  
Store Open Thursdays  
**10am–1pm & 7pm–9pm**  
[www.sugaroakfarms.com](http://www.sugaroakfarms.com)  
(518) 288-8653  
50 Atkins Rd.  
Malta, NY 12020

### Maple Hill Farms

Open Monday– Sunday **8 am–5pm**  
(518) 863-4188  
167 Tennantville Rd.  
Edinburg, NY 12134

### Nightingale's Maple Farm

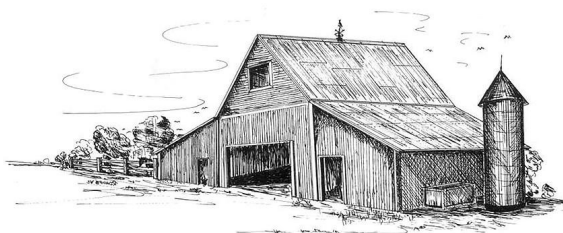
Monday–Saturday **12–6pm**  
Sunday **Closed**  
(518) 882-9334  
4888 Jersey Hill Rd,  
Amsterdam, NY 12010

### Thomas Poultry Farm

Monday–Friday **7am–12pm**  
Saturday **9am–2:30 pm**  
(518) 695-3427  
411 Stonebridge Road  
Schuylerville, NY 12871

### WellSpring Maith Earrach Farm

Farm Fresh, pasture raised  
Cornish rock roaster chicken.  
Raised planter beds and picnic tables.  
[Wellspringfarm@outlook.com](mailto:Wellspringfarm@outlook.com)  
Phone orders M–F, **8 am–6pm**  
972 Charlton Road  
Charlton,, NY 12302  
(518) 280-1307





## Website and Social Media

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Click the photos to be navigated to each of our Facebook accounts:



CCE Saratoga



4-H



CCE Equine



Agriculture  
Economic  
Development



Capital Region  
PRISM

## Who We Are

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### Board of Directors

John Cromie, President	John Barnes
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John Mishoe, Secretary	Pat Clairborne, Cornell Rep.

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Jennifer Koval	Ellie Hackett
Greg Stevens	Bud South
Leland Bunting	Kris Williams
Brieanna Hughes	Nicole Campbell
Julie Curren	Lauren Henderson
Kim Wilbur	Lauren Mercier
Mona Clear	Blue Neils
Diane Whitten	Ariane Tanski
Cindy Dort	Allie Eustis

### Agriculture Program Committee

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Laurie Kruppenbacher, Vice Pres.	Leland Bramer

*\* Board Representative*

### 4-H/FCS Program Committee

James Holbrook, Chair	Kristine O'Rourke
Donna Ringwall, Vice Chair	Paul Laskey, Jr.*
Eileen Lindemann, Secretary	John Mancini*
Kohlby Himelrick, Student	Meg Soden

*\* Board Representative*

### Eastern NY Commercial Horticulture

Crystal Stewart	Teresa Rusinek
Elizabeth Higgins	Jim Meyers
Elisabeth Hodgdon	Dan Donahue
Mike Basedow	Maire Ullrich
Ethan Grundberg	Chuck Bornt
Laura McDermott	

### Central NY Dairy, Livestock and Field Crops

Kevin Ganoë	Ashley McFarland
David Balbian	Nicole Tommell

### GC-SBN Leads

Mike Ryan	Erik Yager
Jim McNaughton	



50 West High Street, Ballston Spa  
(518) 885-8995  
[Saratoga@cornell.edu](mailto:Saratoga@cornell.edu)  
[www.ccesaratoga.org](http://www.ccesaratoga.org)

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