

August 30, 2021

Volume 2, Issue 27

CCE

Saratoga County

NEWSLETTER

Cornell Cooperative Extension

EXTENSION NEWS

CCE Equine Horse Farm Tour reaches over 550 people

Despite a call for rain, the weather was perfect for a successful Horse Farm Tour offered by CCE Equine of Saratoga County. On Sunday, September 22nd over 550 people came to enjoy three local horse farms: Cross Timbers Ranch, Stark Racing Stable, and Mill Creek Farm.



The Horse Farm Tour offered a behind the scenes experience of equine activities in Saratoga County. The public had the opportunity to tour three farms, each providing a unique perspective of the horse world. Cross Timbers Ranch allowed visitors to view their arena, obstacle course, and outdoor facilities. At Mill Creek, participants were able to see all aspects of the Thoroughbred breeding facility from the stallions to the broodmares and babies. Stark Racing Stable allowed the public to pass through the barns and interact with their resident Standardbred horses. Farm owners and staff were excited to show the public the diverse equine community in Saratoga.

This event is sponsored by the Saratoga County Board of Supervisors and the New York Thoroughbred Breeding and Development Fund. The contributions of these organizations allow CCE Equine to offer this program for free annually. CCE Equine seeks to continue to foster a conversation to create transparency between the public and the equine industries.

CCE Equine is a division of Cornell Cooperative Extension in Saratoga County with a mission to provide equine education in the Capitol Region. CCE Equine offers a variety of educational and networking events that support local agriculture and equine industries. For more information about this event, or youth animal science opportunities, please contact Brieanna at bh548@cornell.edu or call the Cornell Cooperative Extension office at 518-885-8995.



OUR MISSION

Cornell Cooperative Extension puts knowledge to work in pursuit of economic vitality, ecological sustainability and social well-being. We bring local experience and research based solutions together, helping New York State families and communities thrive in our rapidly changing world.

CCQA publishes Animal Care Reference Manual

The Calf Care & Quality Assurance (CCQA) program has published the first volume of its Animal Care Reference Manual. This manual assists farmers and ranchers who raise different breeds of male and female calves intended for dairy and/or beef production systems, encouraging calf raisers to approach management decisions with thoughtfulness and an appreciation for the responsibility they have to their animals, consumers and the broader cattle industries in the U.S.

“The Animal Care Reference Manual is a fantastic resource which highlights best management practices and recognizes the good work that calf raisers implement across the country,” said Beverly Hampton Phifer, Stakeholder Relations Manager for the FARM Program. “This inaugural CCQA resource deliverable was designed to help calf raisers continually improve animal care outcomes on the farm while providing assurances for the supply chain.”

In addition to the manual, the CCQA program also offers resources specific to the needs of calf raisers such as protocol templates and animal observation scoring reference guides. Online and in-person opportunities for individuals looking to be CCQA-certified, as well as a facility self-assessment, will be available later this fall.



Photo by Sean Nyatsine on Unsplash

The CCQA program is jointly led by the National Dairy Farmers Assuring Responsible Management (FARM) program, managed by the National Milk Producer's Federation (NMPF) and NCBA's Beef Quality Assurance (BQA) program, funded by The Beef Checkoff. Support is also provided by the Dairy Calf and Heifer Association, and The Beef Checkoff-funded Veal Quality Assurance (VQA) program.

Link: <https://www.morningagclips.com/ccqa-publishes-animal-care-reference-manual>

SOURCE: National Milk Producers Federation

Time to destroy egg masses of *Lymantria dispar dispar* (formerly known as 'gypsy moth')

Now through spring, you can help protect local trees by watching for and destroying the egg masses of *Lymantria dispar dispar*, formerly known as 'gypsy moth'. Egg masses appear as fuzzy brown patches and are laid on trees, firewood, lawn furniture, and other hard surfaces. You can scrape them off into hot soapy water to kill 600-700 eggs per mass. This won't eradicate these moths from NY, but it can help reduce damage to local trees next week.

DID YOU KNOW, *Lymantria dispar dispar* outbreaks are cyclical and tend to last a few years? So, if your region of

New York experienced an outbreak this year, you're likely to see lots of damage again next year. Check out the New York State Department of Environmental Conservation's website for tips on giving your trees a little extra TLC in outbreak years:

<https://www.dec.ny.gov/animals/83118.html>



Photo credit: NYS DEC

Roadway Safety During Harvest

The month of September is the time for harvesting, which means you will most likely be sharing the road with agricultural producers.

What follows are some of the safety tips producers should implement to help fellow travelers accessing the roadways, along with tips for non-agricultural travelers accessing the roads at the same time. The goal is to remind all motorists of the need for extra vigilance and patience when utilizing motorways during harvest season.

It seems one of the facts of life is that agricultural equipment keeps getting bigger, and unfortunately, the road sizes seem to remain static. Occasionally a highway gets a facelift, and sometimes they add a little width. Drivers need to remember that, when they are meeting equipment or coming up behind it, agricultural equipment is moving at a much slower rate than they are. This makes it really important that you as a driver are not distracted.* For instance, if you are traveling at the posted speed of 65 mph, and a combine is one half of a mile ahead of you traveling at 15 mph in the same direction, it would only take 36 seconds for the two of you to meet. Now say that there is only a quarter of a mile in between; the time has been halved to 18 seconds. The Department of Transportation says the average person sending or receiving a text takes the drivers' eyes away from the road for about 5 seconds. It would not take long for someone to lose concentration and find themselves dangerously close to having a collision.

Tips for Drivers

There are a few things that non-agricultural drivers can do to make their experience as pleasant as possible:

- Be patient when traveling behind slower-moving vehicles. Relax and enjoy the beautiful fall views in rural America. Most farmers will pull over when they are able to let you pass.
- When meeting farm equipment, pull to the right-hand side of the road to ensure a safe passage, looking ahead for any on-coming traffic. Note the conditions of the shoulder of the road. Do not pull too far right if the shoulders are soft.
- When passing machinery or trucks parked alongside the road, slow down and give room in case there is someone getting in or out of a piece of equipment.
- If passing machinery in the same lane, do not pass close to intersections or field entrances, as they may need to swing wide into the opposite lane in order to be able to navigate the corner. Do not assume they will always

turn right. They may be making a left-hand turn.

- Practice safe, responsible, driving. Do not assume that the operator can see you.

Do not tailgate farm vehicles, as they may have to make sudden stops along the road.

Tips for Producers

Farmers also have responsibilities for being good neighbors on the road. There are things they can do to make equipment transport as efficient and safe as possible:



Figure 1. Slow-moving vehicle placard.

- Ensure all safety lighting works and proper placards are in place; clean, visible and properly mounted.
- Try to avoid areas with heavy traffic during peak times.
- Before moving equipment, make sure equipment and associated personnel can be seen.
- If equipment must be parked along the road, make sure it has been properly marked down the road to warn oncoming traffic.
- Mark the edges of equipment with reflective tape and reflectors.
- When moving multiple pieces of equipment, leave space between to allow vehicles safe passing areas.
- If you are working in wet conditions, clean tires before entering the highways to reduce adding clumps and hazards to the roadway.
- Move equipment in the daylight.
- Transport the combine and header separately when moving between fields.
- Producers should also stay off cell phones and stay vigilant of other traffic utilizing the road.

While nothing will prevent all accidents, if both parties use a little patience, common sense and follow the suggested safety procedures, the chances of an accident occurring should be decreased. For additional information, see the references listed below.

References

[Harvest Season Safety](#), Mississippi State University Extension.
[Farm Bureau, ODA, ODOT, sheriff promote rural road safety](#), Oregon Farm Bureau.

Written by John Keimig
SDSU Extension Youth Safety Field Specialist

There's never a good time to get hurt, but horses (and kids) seem to have a special knack for always choosing the least convenient time to get injured - or lose a shoe, you name it. With the holiday weekend ahead of us, now may be a good time to mentally rehearse the steps you should take in case of emergency to avoid letting panic take over.

Here are some suggestions to help you prepare your emergency action plan.

1. Consult with your regular veterinarian regarding how they can be reached after hours, ask about a referring practitioner's number in case you cannot reach your regular veterinarian quickly enough.
2. Have a plan for transporting the horse if necessary, and know in advance the most direct route to an equine surgery center.
3. Identify the friends/neighbors who can assist you in an emergency while you wait for the veterinarian.
4. Check/restock your first aid kit or prepare one if you don't have it (see graphic for a short list of essential items); store it in a clean, dry, readily accessible place and make sure that family members and other barn users know where the kit is.

In an emergency, time is critical so don't be concerned with overreacting or annoying your veterinarian. By acting quickly and promptly, you can minimize the consequences of an injury or illness. For more information about emergency care, ask your equine veterinarian or visit aaep.org.





Saratoga County Agricultural Promotion Committee

Presents

Ag Movie Night!

hosted at the

MALTA

Drive-In Theatre

2785 State Rt 9, Malta, NY

518-587-6077

"Not just watching movies. MAKING MEMORIES!"

September 12th

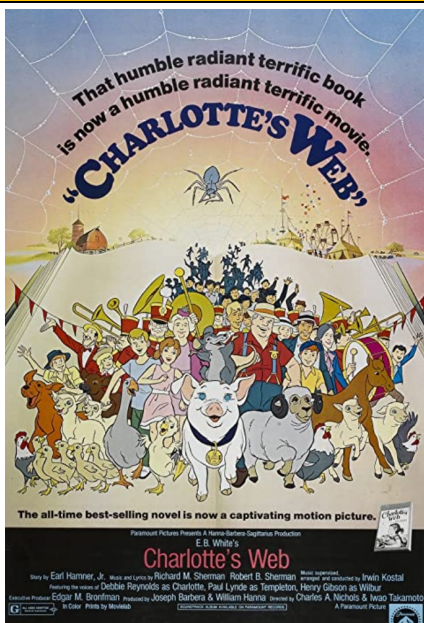
Stay tuned for Movie Announcements!

For more information email nvf5@cornell.edu or call 518-885-8995

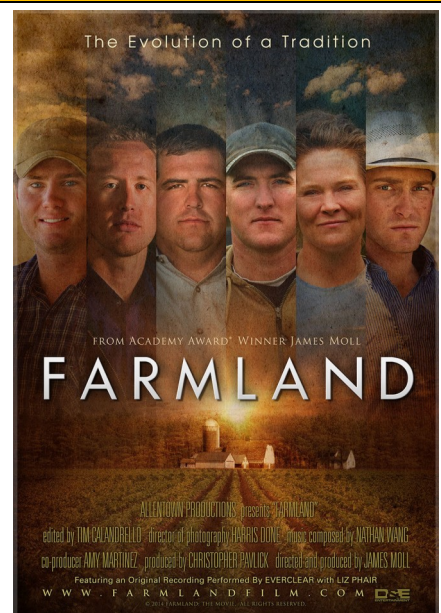
The Saratoga County Agricultural Promotion Committee presents Ag Drive-In Movie Night hosted at the [Malta Drive-In Theatre](#). On Sunday, September 12th, the public is invited to enjoy one of two movies: Charlotte's Web, for the families and Farmland, a documentary for the more mature crowd. Gates will open at 6:00 PM and the films will be shown simultaneously at approximately 7:20 PM. Entrance to the drive-in is **\$15 per carload** and can be purchased in advance by calling 518-885-8995 or at the venue on the day of the event. All proceeds will go to the Agricultural Promotion Committee Scholarship Fund.

Since 2013, the committee has given out over \$10,000 in scholarships to many deserving and committed young people. The committee remains committed to highlighting the importance of farmland protection, food security, and the local economic activity generated by farming. The classic rendition of EB White's Charlotte's Web and the groundbreaking documentary Farmland are the perfect way to share the message with both the younger and older members of the Saratoga County Community.

Gates open at 6:00 PM * Films will be shown simultaneously at approximately 7:20 PM.



\$15
per carload



≡ A D I R O N D A C K ≡
Harvest Festival
.....FREE RANGE.....
OPEN FARM Week!

Monday **SEPTEMBER 13TH** – *Sunday* **SEPTEMBER 19TH**

check out the full schedule at
adirondackharvest.com/festival

text ADKHARVEST to 22828 for festival
updates or follow us on  



ADIRONDACK HARVEST

Giveaway!

Attend events & learn
how to be entered to win
a \$200 gift certificate!



HOT AIR BALLOON
RIDES

PUMPKIN
PATCH



TASTINGS
GALORE

U-Pick
**Flowers
&
Fruits**



**GUIDED
FARM AND
VINEYARD
TOURS**

**Much
More!**

CATS HIKE



**Corn
Maze**



sponsored by
NYS DEC Smart Growth Grant,
CCE Essex, Champlain National Bank,
Chazy/Westport Communications,
Cornell Small Farms,
Cloudsplitter Foundation,
International Paper, NCPR, Stewarts,
Westelcom & Yankee Farm Credit

Upcoming Events

**Sept.
03**

DIABETES SUPPORT GROUP

Online via Zoom

FREE

Noon - 1 PM



Connect with others with diabetes. Topics vary depending on the interest of the group.

Register online for this free meeting.

<http://cornell.zoon.us/DiabetesOnlineSupportGroup>

For more information, contact Diane Whitten at 518-885-8995 or email dwhitten@cornell.edu.

**Sept.
03**

KEEPING PESTS OUT OF YOUR HOME THIS FALL, FROM STINK BUGS TO MICE

Online via Zoom

Noon - 12:30

In this monthly virtual series, we will explore timely topics to help you use [Integrated Pest Management](#) (IPM) to avoid pest problems and promote a healthy environment where you live, work, learn and play. What is IPM? It's a holistic approach that uses different tools and practices to not only reduce pest problems, but to also address the reasons why pests are there in the first place. Each month, our speakers will share practical information about how you can use IPM.

**Sept.
10-12**

HUDSON RIVER FISH ADVISORY OUTREACH EDUCATION AT THE TUGBOAT ROUNDUP

Times Vary

Waterford Harbor

Come to Waterford to enjoy this unique waterfront event and stop by the Cornell Cooperative Extension table to learn about the NYS DOH Hudson River Advisory.



The Tugboat Roundup is a gathering of tugboats, workboats and barges to celebrate the maritime heritage of the Northeast Inland Waterways. The festival features a tug parade, tug tours, boat rides, tug talks, competitions, fireworks, children's activities, vendors, food, and more. The Tugboat Roundup takes place annually the weekend after Labor Day.

For information about the Tugboat Roundup, visit <https://www.tugboatroundup.com/>

**Sept.
15**

CHAROSET

Lake Luzerne Senior Center
539 Lake Ave, Lake Luzerne

10:30 - 11:30 AM

Although charoet, a ridiculously tasty apple side dish, showcasing fresh and local apples, is usually eaten in the spring, we will be making it in the fall!



To register, contact Director Barb Mitchell at 518-696-6451.

**Sept.
17**

CULINARY TOUR OF THE WORD: PERU!

Queensbury Senior Center
742 Bay Road, Queensbury

11 AM - Noon

Come and join us as we learn about the culture of Peru through videos and enjoying a Peruvian dish.

To sign up for this program, please contact Director Stephanie Smith at 518-761-8224.



Sept.
25

11 AM - 2 PM

ELECTRONIC RECYCLING

Ballston Spa National Bank
990 NY-67, Ballston Spa

Questions: 518-316-6780

ACCEPTABLE ITEMS

** These items recycled for a fee. (See below)*

- Batteries (assorted chemistries)
- Business machines
- Cables & IT accessories
- Cameras
- Computer peripherals (mice, keyboards, webcams, speakers, microphones)
- Computers
- Copiers
- Electronics scrap
- Fax machines
- Fluorescent lamps
- Gaming devices
- GPS units
- Lab & medical electronics
- Laptops
- Mainframe/ Midrange
- Mobile devices (Cell phones, Tablets, PDAs, MP3 players)
- *Monitors
- Networking gear
- Phone systems
- Power supplies
- Printer & plotters (ink, toner, & cartridges)
- Routers & switches
- Scanners
- Scientific equipment
- Security equipment
- Servers & server racks

- Stereo equipment
- Storage devices (external hard drives, solid state drives, SD cards, memory cards, card readers)
- Telecommunications equipment
- *Televisions
- Terminals
- Media: CDs, VHS Tapes, DVDs, Cassettes
- UPS
- Video & audio equipment
- Wiring & cabling

*** Disposal fee for Televisions/Monitors (cash only)**

- \$20 for 28 inches or less
- \$40 for 29 inches or larger
- \$5 for Microwaves

NON-ACCEPTABLE ITEMS

- Carbon monoxide detectors
- Dehumidifiers
- Devices containing liquid mercury (thermostats, switches, medical devices, thermometers)
- Freon containing devices/materials (refrigerators, air conditioners, dehumidifiers)
- Gas powered equipment
- Household hazardous waste
- Large appliances (stoves, washers, dryers, dishwashers)
- Liquids
- PCB ballasts
- Propane tanks
- Radioactive materials
- Small appliances (toasters, vacuum cleaners, coffee makers, irons, hair dryers)
- Smoke detectors

Farmers' Market Recipe

Diane Whitten, CCE Saratoga

The local apple orchards are just starting to pick apples, including Zestar, Paula Red and Ginger Gold. Combine them with local late season strawberries to make the Strawberry Apple Fruit Salad below. This salad is a good way to stretch the strawberries by combining them with apples. Apple Jam adds some sweetness and thickens up the orange juice that gives the salad a refreshing citrus flavor.

Strawberry Apple Fruit Salad

1 cup strawberries, hulled and sliced
1 medium apple, sliced and diced
1 small orange, juiced and zested
2 tablespoons apple jelly or jam
¼ cup caramelized walnuts



Place hulled and sliced strawberries in a bowl. Wisk together the orange juice and apple jelly or jam, add the orange zest, and gently stir into strawberries. Add diced apples to the bowl as soon as they're cut to coat with the orange juice and prevent browning. Chop the caramelized walnuts and add to fruit salad. Serves 4.

Pop Up Produce Pantry

Pitney Meadows will be distributing fresh produce at:

David R. Meager Malta Community Center
(in front of the gymnasium)
1 Bayberry Dr., Malta, NY 12020

September 3, 10, & 17
October 8, 15, & 22

11:00 AM to 1:00 PM
RAIN OR SHINE

Offering fresh, healthy food to our neighbors in need.



Find out more at:

www.pitneymeadows.org

Farmers' Markets

Sundays

10:00 AM
- 2:00 PM

SPA CITY FARMERS' MARKET

(Year Round)

Lincoln Baths
65 South Broadway
Saratoga Springs

Mondays

2:00 PM
- 5:00 PM

CLIFTON PARK MARKET

(open June-Oct)

Shenendehowa
United Methodist Church
971 Route 146
Clifton Park

Wednesdays

3:00 PM
- 6:00 PM

SARATOGA FARMERS' MARKET

(open May-Oct)

High Rock Pak
112 High Rock Ave
Saratoga Springs

Wednesdays

3:00 PM
- 7:00 PM

HALFMOON FARMERS' MARKET

(May-Sept.)

Abele Park
(across from the Town Hall)

Thursdays

3:00 PM
- 6:00 PM

BALLSTON SPA FARMERS' MARKET

(June-Sept.)

Brookside Museum
Ballston Spa

Fridays

4:00 PM
- 7:00 PM

GREENFIELD FARMERS MARKET

Middle Grove Park
Middle Grove Road

Saturdays

9:00 AM
- 1:00 PM

BALLSTON SPA FARMERS' MARKET

(June-Sept.)

Brookside Museum
Ballston Spa

Saturdays

9:30 AM
- 1:30 PM

SARATOGA FARMERS' MARKET

(open May-Oct)

Wilton Mall Parking Lot
(area of BJ's Wholesale Club and

HOMESTEADING & SELF-SUFFICIENCY

CCE Saratoga educators have created an [educational webpage](#) where people can learn all aspects of becoming self-sufficient and what it means to have a homestead. The informational platform brings together agriculture (Livestock & Animal Husbandry, Food Preservation & Preparation, Hunting & Gathering, and Planting & Growing recourses.

If you missed the 8-week video series for Homesteading and Self-sufficiency [you can find it here](#).



Garden Tips

By Dr. Leonard Perry and Lisa Halvorsen, Garden Writer, University of Vermont Extension

- Leafy herbs with long stems can be tied in bunches and hung upside down from the rafters or an indoor clothesline to air dry. Just rinse to remove dust and dirt, shake off excess water, and clip off diseased or dead leaves before drying. A few culinary herbs, including dill, can be chopped and frozen. Although basil, another popular herb, will turn black if frozen and so it is best dried for future use.
- After daylilies, peonies, bearded irises, and other herbaceous perennials stop blooming for the season - usually late August - it's time to dig and divide the plants, if needed. First prepare the new flowerbeds, turning the soil with a spade or tiller, and working in adequate amounts of compost or fertilizer. Cut the tops back to four inches. Then, using a sharp knife, divide the clumps, leaving at least three to five healthy buds, "eyes", or shoots per plant. Carefully replant in the new location, watering thoroughly to get the plants off to a good start. Be sure to plant the new roots at the same soil depth as the parent plant.
- Once your peas and other early garden crops have stopped production, remove them from the garden. Getting these plants out of your way will make it easier for you to care for remaining vegetables and reduces the chance for disease to get going on aging foliage. It also opens up space for planting later - producing crops or cover crops, such as oats, that need an early start if they are to put on significant growth before frost. Get a head start on fall clean up by removing stakes and markers no longer in use this year.
- Don't let the garden get weedy, even if the season is winding down. Pulling the weeds before they have a chance to flower and go to seed will reduce the number of new weeds next year. Do not discard weeds into the compost pile as some weeds will survive the winter and will germinate next year when the compost is used.



Lotion Bars

**Sept.
14**

11 AM - Noon

Lake Luzerne Senior Center
539 Lake Ave., Lake Luzerne



Did you know that you can make your own inexpensive and eco-friendly bath and body products? In this workshop, we will make lotion bars and also explore how to create soaps and other bath and body products.

To sign up for this program, please contact Director Barb Mitchell at 518-696-6451.



Wild Edibles

**Sept.
11-12**

9 AM - Noon

Silver Bay YMCA
87 silver Bay, NY



Do you know what wild-growing plants are safely edible? How can you harvest and cook them? In this interactive, hands-on workshop, Becoming An Outdoors-Woman (BOW)* participants will learn how to identify, harvest, and prepare several wild-growing plants that can be found in the northeastern United States.

For more information, contact Marybeth Mitcham at 518-623-3291.

**Becoming An Outdoors-Woman (BOW) is a program designed to give women introductory experience and instruction in various outdoor activities.*



Preservation Classes

**Sept.
01**

PRESERVING TOMATOES

Pitney Meadow Community Farm
223 West Ave., Saratoga Springs

6PM - 9 PM

\$15/per person

Equipment and techniques for the different ways to preserve tomatoes will be discussed, including freezing, canning and dehydrating.

To register, email Diane Whitten at dwhitten@cornell.edu



**Sept.
09**

APPLE SALSA

Greater Glens Falls Senior Center
380 Glen Street, Glens Falls

11AM - Noon

Join us as we learn how to make a simple, healthy, and delicious apple salsa, using fresh and local apples.

To register, please contact Stephanie Belden at 518-793-2189.



**Sept.
09**

PRESERVING APPLES

Online Training via Zoom

6PM - 8:30PM

FREE

Apples can be preserved through canning, freezing and dehydrating. Includes a demonstration of making and canning applesauce, plus directions for freezing or canning your own apple pie filling.

Register online for this free program

<https://cornell.zoom.us/j/7ErdeuuqjgHnKB46R6Bv5JtgTUepszqRwM>

For more information, contact Diane Whitten at 518-885-8995 or email dwhitten@cornell.edu.

Herb B.'s Monthly Advice



for August

September is a month of me saying "Can it make it?". "Can beans produce if I plant them now?" "Will the flowers on the tomatoes do something without protection?" "Do I have enough dry firewood? And, but no longer applies to me, "Are the kids ready for school?"

Take an interest in the weather reports. Rain is an event you can't do much about. Frost is easy to beat with sheets, tarps or Reemay*. This month may have a touch of cold and then give weeks of great weather. Pay attention and the beans will make it!



Photo taken from Amazon

On the homestead, there are two kinds of wood: lumber yard dry and rough cut. Local saw mills are great places to get wood for building projects. Although I have yet to try it, I've been told many times over the years that hemlock is a good substitute for pressure treated lumber. I do know that for some reason rough cut lumber will stand up to weather with no finish at all. Several of our outbuildings are board and batten. If left unpainted, they turn a silver tone and after 40 years have yet to rot. With that being said, September is a good month to paint, it's not too hot and there are sunny dry days. Porches generally need attention...don't let the opportunity pass.

A word of caution... kick items that have been sitting before you move them. Step back and look, if there are small dark dots buzzing around, step away and deal with those little stingers. However, if the item can stay there leave them alone. I have watched yellow jacks arrive at their hive with lots of small larva in tow. Let them protect your plants until it gets cold. Then move whatever it is before it freezes in the ground.

- Herb B. Sentar, Homesteader

* Reemay is a cloth-like fabric, usually made out of polyester or polypropylen that is stretched over crops to protect them from frost.

Union Fire Company #2 donates \$500 to the 4-H “Lead the Legacy” Campaign

Thank You

Earlier this month, members from the [Union Fire Company #2](#), presented a \$500 donation to the 4-H “Lead the Legacy” Capital Campaign. The generous contribution will go towards the construction of a new multi-functional facility at the [Saratoga County 4-H](#)

Training Center on Middleline Road, Ballston Spa. The expansion will include multimedia classrooms and fully ADA/ family accessible restrooms with showers. The new 3,600 square foot classroom will be home for the growing 4-H Program, but will be open to community groups, service organizations, and others wanting to share in the beautiful 44-acre compound.

“4-H has reached its capacity at the 4-H Training Center. The new Education Classroom will afford us the ability, not only to provide new educational opportunities for our youth, but the facility will once again open up to the total community, fully equipped with multiple classrooms, bathroom with showers, and be fully ADA compliant”, said 4-H Issue Leader Greg Stevens.

Union Fire Company Captain Kevin Dubois stated: “The members and officers of Union Fire Company like to support the programs in our district that promote the development of youth. We hope our \$500 donation will help the needs of 4-H”.

The “Lead the Legacy” Campaign is ongoing, and 4-H needs your help! The fundraising is well underway through kind donations from Stewart’s/Dake Family, Curtis Lumber and many others, but there is still much work to be done. If you’re interested in learning more, please go to <http://ccesaratoga.org/4-h/lead-the-legacy>. To make a donation, there is a direct PayPal link on the website or through the “Go Fund Me” link at: <https://gofund.me/440b11f2>

4-H is the Youth Outreach component of Cornell Cooperative Extension. 4-H connects youth 5 -19 years of age to hands-on learning opportunities that help them grow into competent, caring, contributing members of society. For more information about this project or to learn more about 4-H, please contact the 4-H office at 518-885-8995 or go to our website www.ccesaratoga.org

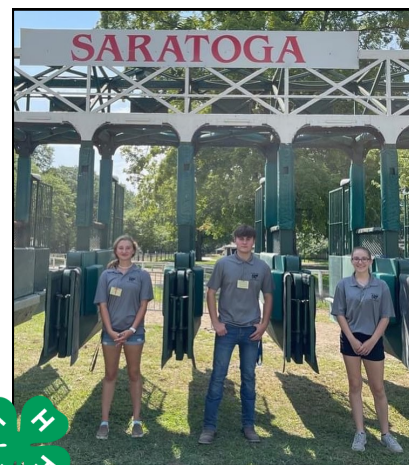


Photo: Captain Kevin DuBois, Rylie Lear, Greg Stevens, and Foreman Fred Harris

4-H Animal Ambassadors at Saratoga Race Track

The [Saratoga County 4-H](#) Animal Ambassadors enjoyed learning the ins-and-outs of the thoroughbred racing industry with [Amplify Horse Racing](#) at the [Saratoga Race Track](#). We are excited to continue to offer more unique educational experiences like these in the future!!

In addition to this program, Saratoga County 4-H offers a variety of opportunities for youth including other animal science programs and general interest programs. Such project areas include: Shooting Sports, natural resources, and public speaking. For more information on Saratoga County 4-H programming, call our office today at (518) 885-8995.



Sheep Shearing Clinic Offered by Saratoga County 4-H

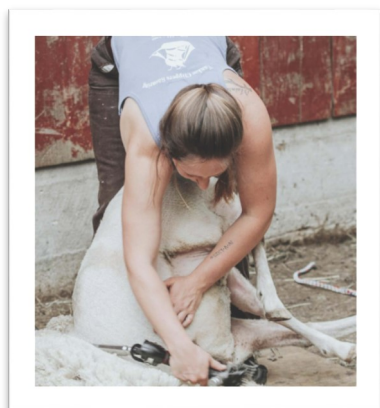


Saratoga County 4-H is offering a Sheep Shearing Clinic this fall to youth ages 10 and older. The event will take place at the 4-H Training Center on Middleline Road in Ballston Spa on September 16th, 2021 at 5pm. This clinic will exhibit the art of sheep shearing and preparing wool breeds for show. Participants will be provided a hands-on learning experience from professional shearer Siri Swanson.

Siri Swanson is a Shepherd and Shearer of Yankee Rock Farm. Swanson has abundant of background knowledge in the sheep industry and has been shearing for the last 5 years. Siri along with shearing partner, Colin Siegmund, strive to maintain animal comfort and top-quality clipping.

Space is limited and expected to fill quickly. Payment of \$5/family is required at entry or prior to the clinic. The event is free of charge for 4-H members and their families in Saratoga County. Please contact the 4-H office for additional information or to register at (518) 885-8995 or email our Livestock Educator at rjl287@cornell.edu.

4-H is the Youth Outreach component of Cornell Cooperative Extension that connects youth 5 -19 to hands-on learning opportunities that help them grow into competent, caring, contributing members of society. To learn more go to ccesaratoga.org.



Create Your Own Vision Board Bring your goals to life with a vision board!

For Grades: 6-12

Time: 60 minutes

Close your eyes, and think about your future. What do you imagine? Visualizing and planning goals are two key ways to make your dreams a reality. This activity will walk you through ways to develop goals, how to visualize them, and most importantly, how to measure their success. The end result will be a physical or digital vision board that you can reference for motivation.

To get started, follow the link: <https://4-h.org/about/4-h-at-home/emotional-wellness/digital-vision-board>

Support Saratoga Co. Shooting Sports through our Pie Sale



4-H Shooting Sports is part of the 4-H Natural Resources Program. Human growth and development is the primary goal of our programming. With an emphasis on maximum safety and the most responsible use of firearms and archery equipment, youth participants have the opportunity to gain both vocational training aspects and garner life-long recreational skills.

** For youth ages 12-19 for most traditional firearms, and with some disciplines available to younger youth ages 9 and older.*

For more information, call 518-885-8995

Military Kids **4-H Family Fishing Derby**

**FREE fishing event for youth and their families
of all branches of the military. Fishing Poles
will be provided for youth. Youth may bring
your own pole. Shirts for youth and adults.
Lunch will also be provided.**

Saturday, September 25, 2021

10:00a.m.-2:00p.m

**4-H Training Center
Ballston Spa**

**Registration is limited to 50 youth
participants plus families.**

**For more information or to register please
call the 4-H**

office at (518) 885-8995

You must pre-register by September 3rd.

Sponsored by :





Saratoga County 4-H Archives Corner

By Wendy McConkey, Records Management Officer

The following news article is a continuation of the 4-H Potato Project in July 5th's 4-H Archives Corner. The following article was published in the Saratogian on December 1, 1939.

As a recap: Twenty-six members of the Saratoga Springs Rotary Club and 23 county 4-H boys cooperated in the first Rotary-4-H potato project ever held here, under guidance of County Agent Douglas C. Deuel, the following is about the youngest member that participated in 1939.

Meet a County 4-H Boy

WENDELL BOWLEY



Wendell Bowley

Photo by Gurtler

Here we have the youngest 4-H member to participate in the Rotary-sponsored potato project. He is **Wendell Bowley**, 11-year-old son of Mr. and Mrs. J. Howard Vander-car, Saratoga Springs R.D. He may be young, but he can grow potatoes! From the one bushel he planted he not only raised 10 bushels, be he exhibited at the county fair and won first prize on a plate of five tubers. He is a member of the Happy Go-Lucky 4-H club, has completed one year of 4-H work and attends the district school. At the Greenfield Grange exhibit he won two awards of "excellent."

Just in case you would like to know how this young planter grows big potatoes, here is the diary he kept during the summer:

- May 8 Manure spread and garden planted.
- May 9 My father disliked my garden.
- May 16 My father helped me put in two rows of potatoes.
- May 18 Put in rest of potatoes alone.
- May 20 I had 6 1-2 row of potatoes. I helped my mother and she gave me enough black wax beans to
- June 3 I picked bugs and used hand cultivator. My father used horse and cultivator.
- June 13 I have picked bugs and eggs every night since June 3. Dusted early this morning.
- June 16 My father used horse and cultivator. Weeded the garden and used the hoe.
- June 21 My potatoes are budded.
- June 27 My father cultivated for the last time as they are all blossomed.
- June 30 Dusted early this morning.
- July 1 Hoed and weeded potatoes.
- July 6 Pulled weeds.
- July 14 Dusted potatoes this morning.
- July 20 Used hand cultivator today.
- July 28 Dusted potatoes again.
- Aug. 5 Mr. Deuel visited me this morning.
- Aug. 25 Dug a bushel of potatoes.
- Aug. 26 Entered a plate of five and also a 10 pound market bag at the Saratoga County Fair.
- Aug. 29 Won prize on plate of five.
- Sept. 29 Dug nine bushels of potatoes. Had 10 bushels all together.



Website and Social Media

Click the photos to be navigated to each of our Facebook accounts:



CCE Saratoga



4-H



CCE Equine



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