Sept. 28, 2020

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CCE

Saratoga County

Cornell Cooperative Extension

NEWSLETTER

EXTENSION NEWS

Farm-to-School Presents Harvest of the Month

By Nicolina Foti, Farm to School Grant Coordinator

School began differently this year. Some students posed for their "First Day" photos wearing new clothes with coordinating masks, while others donned new sweatpants sitting at kitchen tables. Life, as we've known it, has changed. Everyone has been forced to reprioritize, reevaluate, and revamp different aspects of daily routines; schools have been uniquely challenged by the new safety guidelines. They have been forced to consider which programs should continue and which programs will need to be reintroduced later. Some Saratoga County Schools are making every effort to continue the Farm to School Program focusing on the importance of maintaining a healthy diet throughout these uncertain times.

In 2018, Cornell Cooperative Extension of Saratoga County was awarded first round funding for the New York State Farm to School Grant. The purpose of the grant was to educate and supply area schools with locally sourced produce as well as information on good nutrition. The grant introduced a successful collaboration between Pitney Meadows Community Farm and Saratoga Springs Central School District. In 2019, Cornell Cooperative Extension of Saratoga County received second round funding and expanded the program to include schools and farms in Galway, Corinth, and Schuylerville...continue reading

Congratulations to Saratoga County 4-H'er

ADRIANNA DRINDAK

2021 NYS Delegate to National 4-H Conference

Saratoga County would like to extend congratulations to our very own Adrianna Drindak on being selected as a 2021 New York State Delegate to the National 4-H Conference. After an extensive application process, Adrianna was selected for one of eight scholarships sponsored by New York State 4-H to attend next year's conference.

Land Grant University 4-H Departments send delegations of 4-H youth between ages 15 and 19 to participate in the National 4-H Conference. At the conference, delegates prepare and present briefings on important societal topics to federal officials in Washington, D.C. 4-H youth also have the opportunity to engage in personal development experiences that increase their knowledge, resources, and skills while discussing topics affecting youth and 4-H programming nationwide.

Delegates not only learn while at the conference: they are empowered to create positive social change in their communities and have the opportunity to practice and apply their skills in a real-world setting.

We are excited for Adrianna to have this amazing opportunity and know that she will represent both NYS 4-H and Saratoga 4-H well!

OUR MISSION

Cornell Cooperative Extension puts knowledge to work in pursuit of economic vitality, ecological sustainability and social well-being. We bring local experience and research based solutions together, helping New York State families and communities thrive in our rapidly changing world.

Tour of Philmont Community Bakery & Hawthorne Valley Bakery (Online)

Date: October 6, 2020
Time: 7:00 PM
Cost: $5 per person

Register online: https://tinyurl.com/OnlineBakeryTour.

The link to join the Zoom meeting will be provided in your confirmation email after registration.

For registration assistance, call (518)765-3518 or email ccecaahp@cornell.edu.
Please register by noon October 6, 2020.

Get a close look at the local grain economy with a recorded video tour of Philmont Community Bakery and Hawthorne Valley. They grow and mill a portion of their own grain and bake for their communities. Grain farmers and farmers will learn about local grain markets and get a look at two small-scale mills for processing grains. Bakers and those looking to start a bakery will see how baking is done on a small-scale at these two bakeries and why they mill a portion of their own flour. We will also take a couple of minutes to explain the 20-C Commercial Processing License issued from NYS Ag & Markets which is needed for food processing.

For program questions contact: Aaron Gabriel (CCE – CAAHP), 518-380-1496, adg12@cornell.edu or Christian Malsatski (CCE–Ulster), 845-340-3990, cpm78@cornell.edu

The Tour will begin at 7:00 PM EDT. If you would like to practice using Zoom, I will be available at 6:00 PM and you can practice using the link to the meeting.

2020 Fall Farm to Fiber Tour

Date: October 3-4 and October 10-11, 2020
Time: 10:00 AM - 4:00 PM
Cost: FREE

The 2020 Fall Farm to Fiber Tour will take place Sat. and Sun. Oct. 3-4 and Oct. 10-11 from 10 to 4 each day. Admission is free; and will offer a unique and educational experience for the whole family. The Tour is also a great opportunity for people thinking of joining the area's robust textile industry as a farmer or maker to meet other producers and learn about the fiber supply chain.

Over 30 farms, fiber studios, makers, and a mill are participating across an eight-county region including southwestern Vermont and New York's Hudson Valley. A full list of Tour locations and a map is available at www.soadkfiberproducers.org.

Maple Business & Forestry Webinar Series

When: Wednesdays**,** September - December, 2020
Time: 7:00 PM
Cost: FREE

This fall University of Vermont maple specialists will continue their series of online webinars focused on business decision-making and forestry practices. Learn about the best ways to integrate business management and sugarbush management for a thriving maple enterprise that targets profits and forest health.

Topics will include sap yields, sugarbush forestry, tubing systems, sap-only enterprises, sugarbush appraisal and more.

To view schedule click here

Registration Link

Game of Logging Chainsaw Safety Trainings

The cost of the trainings is $150/day for non-scholarship participants.

Five full scholarships are available for farmers and landowners in Washington and Rensselaer Counties who commit to completing all four training levels. Scholarships will include a helmet and chaps/safety pants.

More information, scholarship applications and registration are available on the ASA website www.agstewardship.org

Using a chainsaw? Interested in forestry activities?

Improve your skills and safety through the Game of Logging chainsaw safety trainings. This training benefits students, farmers, landowners, weekend warriors or professionals.

The Agricultural Stewardship Association (ASA) is sponsoring the Game of Logging trainings. Instructors from Northeast Woodland Training in Bristol, Vermont will provide the trainings, which will be held in southern Washington County, New York.

The Game of Logging is a hands-on training. One instructor works with a group of 8-10 participants to ensure each participant has time to practice the techniques and receive personal feedback. The program is broken into

four full days, which must be completed consecutively:

- Day 1, October 17, 2020: Overview of chain saw safety and covers basic tree felling.
- Day 2, October 18, 2020: Covers basic saw maintenance and chain sharpening, and provides more opportunity for tree felling.
- Days 3 and 4, October 24 and 25, 2020: Build on the first two days and present techniques for felling difficult trees, limbing and bucking techniques, and systems for planning work.

An enthusiastic participant of the 2015 Game of Logging trainings is offering the scholarships with the purpose of establishing a legacy of safety to be passed on to generations of colleagues, friends and family.

Support for this program is provided from the Robert H. Wentorf Foundation.

Farm Bureau launches Think F.A.S.T. for youth

Think F.A.S.T. (Farm & Ag Safety Training) is a new online youth safety course from AFBF

The American Farm Bureau has launched a new online youth safety course, Think F.A.S.T. (Farm & Ag Safety Training). The program was developed to help youth aged 14 to 17 think through and learn about avoiding common safety hazards on the farm and ranch.

"Safety on the farm and ranch is vital," said AFBF President Zippy Duvall. "Young people are the future of agriculture and we're pleased to provide them with tools to help them become grounded in skills that will serve them well throughout their careers."

The program and related materials focus on general safety, leadership and critical thinking skills applied to technical and agriculture-specific contexts. The training is available at no cost to anyone interested in learning about farm safety (Farm Bureau membership is not required for access).

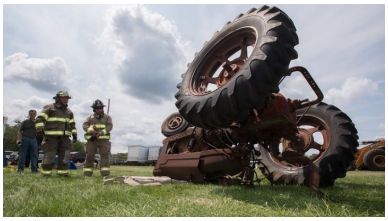


Photo: US Department of Agriculture, Public Domain

The program includes 10 modules that each take 10 minutes to complete and follow-up competency quizzes. A curriculum guide for classroom and workshop settings is available for download.

View article.

SOURCE: Morning AgClips

Taking out the Guesswork: Forage Selection for Horse Pastures

Learn about various forage types and how to determine what is best for your individual horse pasture needs. UMD Forage and Pasture Specialist Dr. Amanda Grev will share her knowledge on forages with the horse owner in mind.

View presentation

Pasture Management for Fall

Late summer/early fall is a great time to reseed pastures because there is less weed pressure and temperatures will be getting cooler, which benefits cool-season grasses. The optimum seeding window for Pennsylvania pastures is August 15 to September 15. Again, make sure to keep horses off a newly seeded pasture until it is well established - at least 6 inches of growth.

If you are not sure what kind of grasses you have in your pastures, look at the color when temperatures start getting cold. Desirable cool-season grasses like orchardgrass, tall fescue, Kentucky bluegrass, and perennial ryegrass will be green and growing. Summer annual weed grasses like crabgrass, foxtail, barnyardgrass, and Japanese stiltgrass will be ending their life cycles and turning brown. If your pastures are brown in late fall, you may want to consider reseeding with cool-season grasses.

If you do have a lot of summer annual grasses, mow when you see seed heads forming. The only way they regrow from year to year is through dropped seeds. Mowing before the seeds drop will reduce the number that grow back next year. Some difficult perennial weeds like horse nettle and Canada thistle can't always be controlled by mowing, and they will

spread from year to year via the root system. Fall is the most effective time to spray them with herbicide because they are transferring energy reserves down into their roots, and they will pull the herbicide into the roots with it.

As temperatures cool off and grasses break summer dormancy, another application of nitrogen (N) will provide more forage growth during the fall green-up. Another 40-50 pounds of N around September is appropriate. Again, remember to let some rain wash the fertilizer off the grass before returning horses to pasture.

SOURCE: PennState Extension

CCE Equine Creating Updated Directory for Capital Region Equine Community

CCE Equine is creating an updated directory for the Capital Region equine community. This directory will be available to the public on Cornell Cooperative Extension of Saratoga County's website.

If you would like your business to be a part of this valuable recourse, please fill in your information on the form and send it to Nicolina Foti at nvf5@cornell.edu or mail to CCE Equine, 50 West High Street, Ballston Spa NY 12020

CCE of Saratoga Diagnostic Lab and Garden Helpline Update:

Seeing lots of brown on your pines and arborvitae and wondering why? Want to know what kind of beetle is trying to get into your soffits, and how to manage it.

Our Master Gardener lab is accepting plant, and insect samples, as well as the soil samples that we have been accepting all season long.

Samples will be received in-person by appointment only Mondays, Wednesdays, and Fridays from 9:00 AM to 12 noon. Call the CCE office to set-up your appointment today at 518-885-8995.

Chrysanthemum - The Queen of Fall Flowers

The chrysanthemum has a long, rich history. It was first cultivated in China has a flowering herb and is described in writings as early as the 15th Century B.C. The Chinese believed that the chrysanthemum had the power of life and they used the roots as a headache remedy, the young sprouts and petals in salads, and brewed a festive drink with the leaves.

Around the 8th Century A.D., the mum made its way to Japan where it is prized. The crest and official seal of the Emperor is a single flowered chrysanthemum and many family seals prominently display chrysanthemums. Japan even has a national Chrysanthemum Day, on the ninth day of the ninth month in the lunar calendar. The holiday is celebrated on September 9 in the solar calendar.

The mum made its way into the Western world during the l7th Century. In many European countries the chrysanthemum is known as the death flower. And in Belgium and Austria the chrysanthemum is used almost exclusively as a memorial on graves. When the chrysanthemum was introduced to Europe, the flowers were small, yellow, and daisy-like. Today, its colors include various shades of pink, purple, red, yellow, bronze, orange, and white. They also come in many different classes based on the characteristics of the flowers including pompom, quill, spider, brush, thistle, single, incurve, and spoon. These flowers are now so varied that it is likely that ancient growers would not recognized today's mums. Each fall, thousands upon thousands of mums are sold across the country**.** In fact, they are the most widely grown pot plant in America. In the United States, mums are popular in corsages because they are one of the longest lasting cut flowers. This latter attribute, along with their artistic allure, make mums highly favored by floral arrangers. In this country, the chrysanthemum is the largest commercially produced flower due to its ease of cultivation, capability to bloom on schedule, diversity of bloom forms and colors, and holding quality of the blooms. Every fall, I purchase mums to grace my front entry and to fill the spaces in my front gardens left from some of my fading spring and summer perennials. My favorites are the purple mums, while my son is currently attracted to the orange ones. I know that the mums I plant in the fall will not come back in the spring. Our harsh, long winters in combination with the basic physiology of flowering herbaceous plants ensures an almost non-existent possibility that fall-planted mums will survive the winter.

Mums, and all fall flowering plants, direct their energy to growing roots in the spring and summer. Once chrysanthemums set their flower buds, the plant focuses its energy on flowering and not on the process of establishing new roots. The mums we plant in the fall do not become established and therefore will not have enough resources for cold winters. Spring is the time we should be planting our fall blooming perennials. This way they will have time to establish strong, extensive root systems before putting their energy into blooming. Some not to distant spring, I am hoping to plant mums so that I can enjoy the beauty of perennial fall blooming mums. In fact, I have my eye on one that was bred by the |University of Minnesota's 50 year old mum breeding program called the Maxi-Mum. This chrysanthemum matures in its second year to 3 feet high and 3 to 4 feet wide. But, even if I do get some perennial mums established, I will always purchase a few as annuals to continue to grace my front entry way and fill spaces in my gardens. I recommend the same to you if you are, like me, an admirer of the "Queen of Fall Flowers" - the chrysanthemum.

By: Anne Lenox Barlow, Horticulture Educator, Clinton Co.
Source: North Country Gardening, October 2008

HOMESTEADING & SELF-SUFFICIENCY

CCE Saratoga educators have created an educational webpage where people can learn all aspects of becoming self-sufficient and what it means to have a homestead. The informational platform brings together agriculture (Livestock & Animal Husbandry, Food Preservation & Preparation, Hunting & Gathering, and Planting & Growing recourses.

If you missed the 8-week video series for Homesteading and Self-sufficiency you can find it here.

Storing Garden Produce without Refrigeration or Preservation

By Diane Whitten, Nutrition Resource Educator

Thomas Irmer/EyeEm/ Getty Images

Some of your garden produce doesn't need refrigeration or to be frozen to extend the shelf-life. Although canning and dehydrating are an option, sometimes the easiest thing to do is leave the produce whole and store it in outdoor pits, cellars or basements during the cool
autumn and cold winter months.

In *Storing Vegetables and Fruits at Home*, Virginia Hillers, Extension Food Specialist, Washington State University, explains how temperature and humidity effect long-term storage of garden produce, and lists the requirements of each.

Storing Vegetables and Fruits at Home illustrates how to create in-garden storage, and outdoor mounds and pits where some produce, such as kale, leeks, and root crops store well. Directions for building a basement storage area are detailed in this valuable fact sheet.

Learn how to store produce the way everyone did before the advent of electricity in *Storing Vegetables and Fruits at Home.*

Home Orchard Sanitation

After the leaves have fallen from most fruit trees, and before the ground is covered with snow, take care of any necessary sanitation in the home orchard to prevent the overwintering of diseases. Apple Scab is always a potential disease, and most backyard orchards now have an abundance of infected leaves on the ground. To prevent an overwhelming supply of primary spores next Spring from ruining your crop, rake leaves and dispose of them. Disposal of

Fallen leaves will also help control Cherry Leafspot and/or Shothole.

Any rotted fruit on the ground or left hanging in the trees should also be collected and disposed of. This is absolutely essential for the control of Brown Rot of peaches, plums, and cherries.

Sanitation by pruning is the recommended procedure for diseases such as: Fire Blight (apple and pear), Black Knot (plums and cherries), and Valso Canker (peach). It should not be done until late March or early April when the danger of freeze is past and healing of the pruning would be more rapid.

Swine Production 101

Date: October 20, 2020
Time: 6:00 - 8:00 PM

Pre- Registration is required and due by 10/16/20

Registration: https://cnydfc.cce.cornell.edu/event.php?id=1298

Cost is $10/ email

This meeting will be held virtually. Zoom link will be sent out to registrants.

Questions: Ashley McFarland at 315-604-256 or am2876@cornell.edu

The Swine Production 101 Workshop will be held virtually. We will discuss the basics of raising swine and go over the proper nutrition and animal husbandry required to achieve your greatest potential for your herd. This is a beginner's course.

Recipe for Success: A Workshop for Food Entrepreneurs

Date: Wednesday, October 21, 2020
Time: 8:30 AM - 4:00 PM
Where: Online via Zoom
Fee: $50 Full Day, $30 Morning or Afternoon Session

If you're thinking of making and selling a favorite recipe, or even if you already have a small food business, the presenters of this program can give you guidance. Their experience and expertise in licensing a food product, processing, packaging, marketing, pricing and selling are an invaluable resource. The program also includes the basics of successful small business management. Current or potential food entrepreneurs are encouraged to attend.

The workshop will include speakers from Cornell University Food Venture Center, NYS Department of Agriculture & Markets, NY Kitchen Company Food Consultant, SCORE Business Marketing and Counseling, and more.

RECIPES FOR SUCCESS AGENDA

Morning Session 8:30 am - Noon

- Get Permission : Regulations and Licensing
- Recipe Approval Part I: Making sure your food product is safe
- Story from the Field
- Recipe Approval Part II: Making sure your food product is safe
- Taste of NY

Afternoon Session 12:30 PM - 4:00 PM

- Becoming a Small-Scale Food Processor
- The Value of a Good Business Plan
- Story from the Field
- Market Research & Marketing Basics
- Getting Your Product on the Store Shelf
- Insurance Requirements and Products
- Other Business Basics

Click here to register!

Click here for a printable version of the agenda

Adirondack Harvest
Find Farm Fresh Food & Local Products

Whether you are day-tripping or spending some time in the Adirondack Park this summer, check out the listing of farms and farmers markets on www.adirondackharvest.com.

Late summer is when most local vegetables are in abundance and now is a great time to visit a local farm for fresh local products direct from farms and local processors. Their site includes the southern Adirondacks of which Saratoga, Washington, and Warren County are a part. If you are a farmer located in all or part of the Adirondack Park, you can become of a member and share in their cooperative marketing efforts.

Want to Join 4-H?

Even though our programming has been impacted by COVID-19, we are still taking new 4-H members. If you or someone you know would like to become a 4-H member, you can call and leave a message for Leland at 518.885.8995 or email glb76@cornell.edu.

Saratoga County 4-H Alumni Facebook Group

If you were a prior 4-H'er in Saratoga County, we invite you to join our Facebook group Saratoga County 4-H Alumni. We hope this group will help our 4-H Alumni connect with their fellow 4-H'ers!

Saratoga County 4-H School Outreach Program Expands Opportunities for Local Schools and Homeschool Families

The Saratoga County 4-H School Outreach Program has been a staple in local classrooms for over 30 years. In light of COVID-19, the decision has been made by the majority of local schools to not allow anyone but staff into elementary schools; that includes the 4-H School Outreach Educator. So what now? Mrs. Julie Curren found the physical exclusion an unacceptable option. She has been spearheading this program since 2004 and refused to fail her students. With determination, creativity, and a little ingenuity Mrs. Curren has readapted the program to go full virtual. She will still be IN the classrooms and elementary teachers are rejoicing! They have been contacting the 4-H office and obtaining "kits" for their classrooms through socially distanced drop offs and Mrs. Curren has been supplementing with LIVE lessons through online platforms.

The re-tooling of the 4-H School Outreach program has provided the opportunity to launch the long-awaited 4-H Homeschool Program. For the first time ever outside the classroom, the Homeschool program is specifically designed for elementary age children with a variety of lessons that support teachings and help satisfy Next Generation Learning Standards. The lessons are just like the "in-school" lessons but without the Live teachings. They are designed for individual families with content rich, hands-on opportunities via kits that can be picked up with no contact at the CCE office. Saratoga County 4-H School Outreach has always worked to meet the needs of the community and with the popularity of Homeschooling on the rise, it was impossible to not make the expansion. This program will be evolving as time goes on, offering new things regularly, but it will be a permanent addition to the Saratoga County 4-H School Outreach program.

At the time of the launch, program subjects offered include Plant and Animal Life Science, Nutrition, and STEAM (Science, Technology, Engineering, Arts, and Math) with more subjects to be offered as they become available. Average kit cost is $5.

More information on offerings and costs is available on the website http://ccesaratoga.org/cce-saratoga-and-covid-19/4-h-school-outreach-homeschool-hub or feel free to call the Saratoga County 4-H office to speak with Kim Wilbur, 518-885-8995.



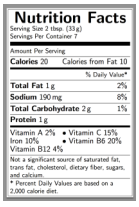
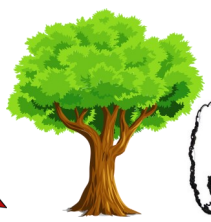
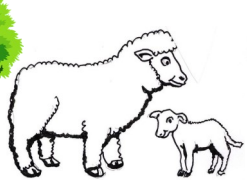



Photo by Mike Dickie lenconnect.com


2020 New York State 4-H Shooting Sports
Our Future Depends on YOUR Support!

Sportsman's Auction
Thursday, October 15, 2020
Talk of the Town Auction Hall
Ballston Spa, NY

(Limited Attendance - Left Bids Highly Encouraged – See Details Below)

For the past twenty years the New York State 4-H Shooting Sports Program has grown thanks to the over 300 friends who gather for our annual major fundraising event to support our program and our numerous 4-H participants and Certified Volunteer Instructors. The major annual event enabled our program to grow to over 41,000 youth participants in nearly 40 New York counties in 2019. 4-H Shooting Sports is considered the largest multi-disciplinary youth shooting programs in our state. However, there are challenges as we move forward and look to the future - we need your help.

This year started normally and our leadership team received outstanding support both within the state and across the country as we prepared for our 21st Annual Banquet & Auction originally planned for April in Lake George, NY. Then, the Covid-19 pandemic struck and we postponed our event in hopes it could be held later this year. However, due to attendance restrictions and density limits our regular annual event for 2020 had to be cancelled.

Instead for 2020, we are holding a major Sportsman's Auction to benefit NYS 4-H Shooting Sports on Thursday, October 15 at 6:30 PM at the Talk of the Town Auction Hall, a licensed FFL dealer, in Ballston Spa, NY. We expect up to 300 lots available featuring new and pre-owned firearms including a wide selection of rifles, shotguns and handguns as well as original artwork and collectible prints from recent 4-H Artists of the Year and others, ammunition, binoculars, rangefinders and scopes for firearms. The auction will also include a large selection of knives, American flags, firewood, maple syrup, gift certificates, the legendary "Tackle Boxes of Dreams" and so much more.

Due to Covid-19 capacity restrictions, there will be limited physical attendance to this event. If you wish to physically attend the auction, please contact us at Talk of the Town at 518-885-0772 as soon as possible to reserve limited seating.

Those who have attended our events in recent years will be receiving a running list of auction items and a list of our donors/supporters. Those who attend regular Talk of the Town Auction Sportsman's Auctions will receive an auction list directly from Talk of the Town Auction about a week before the auction. To contact Beverly and John Stanislowsky at the Talk of the Town Auction Hall, please call 518-885-0772. Additional information about our auction will also be available under Talk of the Town Auction Hall listings on AuctionZip.com.

In-person auction preview will be available at Talk of the Town Auction Hall on Wednesday, October 14 and on October 15 where you can see all auction items and leave bids. A special NYS 4-H Shooting Sports Scholarship offering for a 20 gauge TriStar shotgun with red highlights will also be available for the night of the auction.

Please join us … we can't do it without you!

4-H Chicken BBQ - Let's Do It Again!

OCTOBER 10, 2020
4:00 PM– 7:00 PM
CCE OFFICE , Ballston Spa

Due to the overwhelming success of the 4-H Leaders BBQ, the Saratoga County 4-H Program will be hosting another one of our famous 4-H BBQ's to benefit the 4-H Program. The BBQ will take place on **October 10th**. The menu will be the same, cost is the same **($14),** and it will be held once again at the **CCE offices at 50 West High Street in Ballston Spa.** Please click on the link today, and enjoy a tasty Chicken BBQ while supporting the 4-H Program. Last time we did sell out!

Saratoga County Soil & Water Fall Tire Recycling Program

When: Tuesday, November 3, 2020
Time: 4:00 PM—5:30 PM
Where: Saratoga Springs Ice Rink (50 Weible Ave)
Requirements: You **MUST** be a Saratoga County resident (ID will be check at drop off)
and pre-register to participate.

Cost: $3.00 ea. for tires without rims
$5.00 ea. for tires with rims

Fall Tire Recycling Registration Form & Flyer 2020

The Tire Recycling Program benefits Saratoga County 4-H Programming!

Saratoga County
4-H Archives Corner

Clubs 'Round the County

By Wendy McConkey, Records Management Officer

Beginning in May of 1957 in Saratoga County 4-H, a club member was chosen by the club to be the club historian. Their responsibility was to introduce the club to Saratoga County in the 4-H newsletter called "Saratoga County 4-H Club News." These stories also appeared in issues of the Schenectady Union Star.

This week's Clubs 'Round the County story was written by April Dawn Wallis of Hi Steppers, and published in the July 1957 issue of Saratoga County 4-H Club News.

Hi Steppers

APRIL DAWN WALLIS

In 1955, the Hi Steppers 4-H Club of Saratoga Springs was formed, not because my mother had an urge to become a 4-H Leader, but because I had heard so much about 4-H clubs and I had a desire to learn about cooking and sewing. I persuaded my mother to become a leader when I found it impossible to join any club because their membership quota was filled.

The first year was very successful. When our projects, Learning to Sew and ABC's of Cooking, were completed we worked on a display, which we placed in a store window during 4-H Club Week. We also planned a food sale to finance a dinner we hoped to attend in the fall. I won first prize in the amateur contest with my toe dancing.

In the spring we went on a picnic to the Geysers and toured the waterworks in Saratoga Springs.

I demonstrated baking powder biscuits and in the dress review we all displayed the aprons we made.

We had a very full and satisfying year from the beginning when Miss Nancy Radick, the assistant 4-H club agent, installed our officers until the end when we all went to dinner to celebrate.

We took our finished projects to the county fair in Ballston Spa.

Our second year we all worked very hard because our projects were increasingly more difficult. We were struggling to sew a circular skirt and to bake a better cake. We again worked on a display.

We followed last year's pattern concerning the food sale and with the proceeds we went to lunch and to the Spa pool for an afternoon of swimming.

I demonstrated applesauce cake at the Extension Service office and also at the fair in Ballston Spa, at which time I received a blue ribbon award. At the dress reviews, all our members received red awards for their circular skirts.

This year our projects of Good Grooming and Time for Lunch are going more slowly. We are all in 8th grade and have many studies and activities so we are only meeting once a month.

I am very glad that I am a 4-H Club member and the other members feel as I do.

My life has been greatly enriched with all the knowledge and advantages the 4-H Club has to offer.

- By APRIL DAWN WALLIS

Website and Social Media

Click the photos to be navigated to each of our Facebook accounts:

CCE Saratoga | 4-H | CCE Equine | Agriculture Economic Development | Capital Region PRISM

Who We Are

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Kelly Hurley
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Lia Palermo-Sershan
Ellie Hackett
Bud South
Kris Williams
Nicole Campbell
Lauren Henderson
Lauren Mercier
Blue Neils
Ariane Tanski
Allie Eustis

50 West High Street, Ballston Spa
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