



August 15, 2022

Volume 3 Issue 17

SARATOGA COUNTY HORSE FARM TOUR AUGUST 21 | 10AM—2PM

CCE Equine's annual Saratoga County Horse Farm Tour will take place on Sunday, August 21st from 10AM—2PM at participating farms. This is a FREE drive-it-yourself event offered to the community, with a mission of promoting the equine industry and providing the public an opportunity to experience life on a horse farm. Horse lovers and families will delight in meeting different breeds of horses and get a behind-the-scenes look at the horses that reside here in Saratoga County.

Participating farms include:

CROSS TIMBERS RANCH 122 Barney Road Middle Grove 12850

Cross Timbers Ranch was started in 2007 by Burt & Diana with the love and compassion they have for these beautiful animals and their owners. Every horse is loved and personally cared for as their own. Cross Timbers Ranch is a 140-acre full-service horse boarding facility. The facility includes a 140' x 70' indoor arena, round pens, exercise hills, a Texas Staircase, barrels, poles, multiple obstacle challenges and private trails winding throughout 140 acres.

STARK RACING STABLES 247 Co. Route 68, Saratoga Springs 12866

Stark Racing Stable is a 64-acre harness racing training facility with a half mile training track and 62 stalls spread out between four different barns. John Stark, owner and trainer, has owned top horses throughout New York. The farm includes uses of an equiciser and a rehab swimming pond. John Stark, owner and trainer, has owned top horses in New York, including 2001 Horse



of the Year Bunny Lake, who earned 2.8 million in purses.

Now, with the help of his family, John owns a smaller stable of 15 horses, mainly of two and three-year-old sire stakes horses.

SARATOGA GLEN FARM 100 Duell Road, Schuylerville 12871

Saratoga Glen Farm is a full service consigner which sells at the Fasig Tipton Saratoga sales and multiple sales in Kentucky with Keeneland and Fasig Tipton as well as OBS in Florida. They offer weaning to yearling, and yearling to 2 year-old pin hook partnerships for investors at all investment levels.

Saratoga Glen Farm also has weanlings, yearlings, horses of racing age, and broodmares available for private sale.

CCE Equine, a division of Cornell Cooperative Extension of Saratoga County, was established in 2006 through funds provided by the New York Farm Viability Institute. The program was created due to a need for equine education for adults in Saratoga County. CCE Equine's vision is to engage the public with educational and fun experiences, providing accurate and current information about the industry and equine agriculture.



Contact: Brianna Hughes
BH548@cornell.edu

SARATOGA COUNTY 4-H SHINES AT SARATOGA COUNTY FAIR

Saratoga County 4-H survived the COVID pandemic and came out the other side with great success at the recent Saratoga County Fair. Two hundred youth, with 900 static exhibits and 500 animal exhibits, represented Saratoga County 4-H at the fair. All species of animals were welcome to return. The youth were prepared, excited, and had an amazing experience.



FREE CAR SEAT CHECKS

Tuesday, August 16 | 10AM—2PM
Thursday, August 18 | 4PM—8PM
Tuesday, August 23 | 10AM—2PM

Join certified car seat technicians from Saratoga County Sheriff's Office, Mechanicville Police Department, and certified instructor, Cynthia Dort, from CCE Saratoga for a **FREE** Car Seat Check event at **New County Toyota of Clifton Park**.

Appointments are not necessary but are available by calling 518-885-8995.

If possible, bring your child(ren); need age, weight and height of each child, as well as owners manual for your car and car seat(s).

All vehicles need to be clear of debris.

DIABETES SUPPORT GROUP ONLINE

Cornell Cooperative Extension of Saratoga County will host an informal support group via Zoom for people with diabetes or prediabetes. The program meets the first Friday of each month. The next online event is **Friday, September 2 at NOON**.

To register for this meeting or if you have questions? Contact Diane Whitten at dwhitten@cornell.edu or (518) 885-8995.

There is no fee for the support group. Topics will vary and may be based on the interest of the group.

BOARD OF DIRECTORS MEETING

The next Board of Directors Meeting will be held Thursday, September 22 at 7:00 PM at the Extension Office.

Members of the public are welcome to attend. To inquire about attending, please email wlm8@cornell.edu.



Beginning Livestock Farmer Etiquette: Building a Good Processor Relationship

So, you have decided to raise livestock. You can sell meat as retail cuts, requiring a USDA-licensed slaughterhouse. Or, you can sell animals as halves, wholes, or quarters instead of retail cuts. In this second scenario, you sell the live animal to your customers but deliver it to a Custom Exempt slaughterhouse as a service to your buyers. Whichever marketing strategy you choose, communication with your processor is critical.

Most slaughterhouses have more business than they can manage, at least from September – February, so they may choose not to deal with new customers or customers that do not know exactly what they want. Ideally, this producer-processor relationship will last for years, so it is worth setting it up for success. This article highlights a few considerations to help you have a long and fruitful relationship with your meat processor.

Keep your appointment or give plenty of notice.

The schedule of a livestock processor can look a lot like a jig-saw puzzle, depending on the time of year. This is especially true with the very small and small processors that make up the NYS infrastructure. Even before you call to make your appointment they have identified when and how many hogs, beef, lamb, goat, and poultry they can fit on the schedule (based on their labor availability) or in the cooler for a given span of time. This depends on a lot of factors and every change/alteration counts towards their bottom line. So, the sooner you know a change in your schedule the more capable they are of filling your slot with another paying customer. If you fail to show up for your appointment or bring more or fewer animals than the processor was expecting, they may opt to drop you from their customer list.

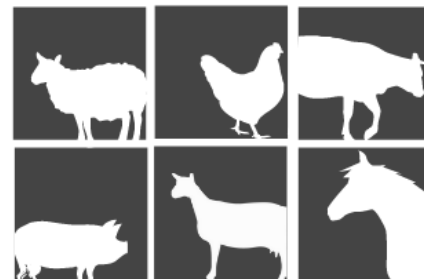
Pick up your meat on time!

Many processors are severely limited by freezer space, so do not assume you can leave your meat there as long as you need to. This goes for customer pick-ups as well, make sure you have communicated clearly ahead of time whether you or your customers will be picking up the meat.

Have the buyers' cut sheets at the ready when you deliver your animals to the meat processor.

As you are likely familiar with, time is a precious commodity and anything that can help save even the smallest increments of time (and potentially frustration) is welcome – this includes being prepared with buyer cut sheets and phone numbers for the processor, either when you deliver the animals to them or very soon after. Be sure to use a cut sheet for that specific processing establishment (they each have their own), and educate yourself well in advance on the various cuts that can come from each part

of the carcass. Please do not expect the meat processor to teach you this information! Once you've educated yourself about the cuts, you may need to walk your customer through the various options, to ensure they get the cuts of meat they want. While doing so takes some time, it may also result in a loyal customer due to your extraordinary customer service skills. And presenting this information at drop-off to your meat processor via clearly and concisely filled-out cut sheets will almost certainly result in better service and a higher likelihood of getting your animals cut accurately.



**Livestock Program
Work Team**
Cornell Cooperative Extension

Be patient with the meat processor if they make mistakes.

When the meat processor cuts your meat differently than you specified, or makes any other mistake, it is frustrating and can cost you money. But approach the situation with as much grace as you can. Likely this mistake was made by a lack of communication. With other services, like a mechanic, you often have flexibility. If the mechanic overcharges you, you can go to a different one because there are probably at least a few more in your area. But meat processing is in a different category of services. We have lost 90% of our meat processors in NYS in the past 50 years, so if you want to be in the business of selling meat, you may need to work harder on the relationship with your nearest meat processor—who may still be hours away—rather than just getting frustrated and moving on. Make sure you communicate clearly and show understanding about the meat processors' needs also.

Adapt your production schedule to the meat processor.

Have you ever noticed how busy community pools are on the hot summer days but if you went back to that same pool in the dead of winter, you would be amazed to find someone swimming? Just like the seasonality of swimming, there is a seasonality to livestock production and harvesting. This makes sense when you think about it: many folks would prefer to thin their herd or flock at the end of the growing season rather than overwintering, and come October-November many folks are preparing to trailer their harvest to auction and/or the slaughterhouses. This creates a bottleneck in the system and by

Continued on next page

Growing Great People: Training Skills for Dairy Farmers

DATES & LOCATIONS

Tuesday, August 23

1:00 PM—4:00 PM
Sunnyside Farms
2243 Indian Field Rd
Scipio Center, NY 13147

Wednesday, August 24

1:00 PM—4:00 PM
New Hope View Farm
5937 US Route 11
Homer, NY 13077



The cost is \$20 per person. Bring a standard operating procedure (SOP) from your farm to use during the training. Register online at <https://scnydfc.cce.cornell.edu/events.php> or call Donette Griffith at: 607-391-2662.

Dairy managers, supervisors, and employees are invited to join Cornell Ag Workforce Development and the South Central NY Dairy and Field Crops Team for a hands-on workshop to become better on-the-job trainers.

“Growing Great People: Training Skills for Dairy Farmers” will take place from 1pm to 4pm on August 23 in Scipio Center and from 1pm to 4pm on August 24 in Homer. The same workshop will be offered both days, so choose the date and location that work best for you. We encourage farms to send multiple employees. Anyone who is involved in training other employees can benefit from the workshop!

Presenters Dr. Richard Stup from Cornell Agricultural Workforce Development and Dr. Kaitlyn Lutz from the CCE NWNy Team will deliver the training in English and Spanish. Participants will learn skills to plan and conduct effective trainings for dairy workers and immediately put them to practice during the workshop through hands-on activities. All attendees will receive a bilingual, illustrated handbook to take home.

Effective trainings contribute to success of employees and the farm business. With training employees learn how to best complete their task and why it is important to the farm’s success. When employees have the knowledge, skills, and attitudes needed to do the job right, it saves time and avoids problems. With good training, staff feel important and involved, which keeps them engaged and reduces employee turnover.

These workshops are supported by a grant from the New York Farm Viability Institute.



Beginning Livestock Farmer Etiquette:

Building a Good Processor Relationship—continued from previous page

having a simple conversation with your processor about when their slow time is and/or when it would be best to plan around their schedule (and a little math on your end) you may find it easier and more lucrative for you to bring animals to them during their slower times (plus you’ve now likely earned some bonus points by making their lives easier).

Rather than just a few animals a year, design your production system and scale around the ability to bring animals to the meat processor on a regular schedule.

Meat processors appreciate the regular business because it helps them pay their monthly overhead costs and have a more stable, predictable cash flow. This strategy is not feasible for very small farms, but if you are contemplating scaling up your livestock enterprise, plan for regular year-round harvests to lock in a

schedule with your meat processor and keep both of you happy.

With a little bit of forethought, planning, and effort, you can have a long and fruitful relationship for years to come with your livestock processor.

New York Livestock Processor Map
an interactive guide to livestock processors in NYS

<https://www.ccelivestock.com/livestock-processors-in-ny-state>

Pool Owners Sought to Monitor for Asian Longhorned Beetle (ALB)

Adult ALB are active from late July through September. If they are in your neighborhood, it's possible one will end up in your pool! The more "eye" we have looking for infestations, the better chance we have of finding new ones early eliminating them. YOU are the key to keeping our forests free of ALB!

HOW TO CHECK YOUR POOL FOR ALB

Inspect your filter. From late July until you close your pool, look at the debris you collect in your pool filter or skimmer.

Look for ALB. ALB is in the Family Cerambycidae, the longhorned beetles. Use the visual aids in the [Pool Survey Guide \(PDF\)](#) to help you know what to look for .

Take a photo. Photograph any insect you think might be ALB. The photo needs to include a good view of the insect's back.

Send the photo to DEC. There are two ways you can send photos. Please include your name and address.

- **Email:** Send an email to foresthealth@dec.ny.gov with the subject heading "ALB Pool Survey".
- **Mail:** Send a printed image to the Forest Health Diagnostic Lab at 108 Game Farm Road, Delmar, NY 12054.

Save the insect. Freeze the insect in a plastic bag or Tupperware like container until you hear back from DEC.

No Pool? No Problem!

You can still help! Look for the telltale signs of ALB damage on your trees, such as [exit](#) holes, accumulation of coarse sawdust, pits in the bark, and oozing sap. [See the Asian longhorned beetle webpage](#) for photos of these signs, and contact DEC if you notice any in trees near you.



Asian Longhorned Beetles (*Anoplophora glabripennis*)

- Shiny black Body with white spots
- Black & white banded antennae
- Antennae longer than body

ALB is a serious threat to maples and other hardwoods.

Common lookalikes to the ALB

For more information contact:

Jessica Cancelliere

Email: foresthealth@dec.ny.gov

Phone: (518) 478-7813

Invasive Species and the Capital Region PRISM



What are Invasive Species?

Invasive species are any non-native species (plant, animal, microbe, etc.) that have the ability to cause harm to the environment, economy, and/or human health.

Pathways of Introduction and Spread

- International Shipping
- Vehicles-Cars, Boats, Trains, etc.
- Clothing and Shoes
- Pet and Wild Animal Transfer
- Waterways and Storm Events

Role of the PRISM

The Capital Region Partnership for Regional Invasive Species Management (PRISM), is hosted by the Cornell Cooperative Extension of Saratoga County. The PRISM is financially supported through the New York Conservation via the Environmental Protection Fund.

We are a not for profit quasi-government agency that is built on partnerships made up of representatives from state and local agencies, not for profit organizations, and citizen scientists. The Capital Region PRISM provides services in eleven counties in the New York State Capital Region: Albany, Columbia, Montgomery, Rensselaer, Schenectady, and parts of Fulton, Herkimer, Saratoga, Warren, and Washington.

Our functions include, but are not limited to:

Coordination of partner efforts, Recruiting and training citizen volunteers, Delivering education and outreach programming, Establishing early detection and monitoring networks, Implementing eradication and control efforts, and providing funding for invasive species work.

Meet the Breeds, FREE for All Dog Lovers

The Saratoga (New York) Kennel Club partners with 4-H of Saratoga County to host a Meet the Breeds Dog Event on **Saturday, September 10th**.

Meet the Breeds will give the public a unique opportunity to meet and interact with a variety of different dog breeds. Attendees will have the opportunity to learn about each breed's country of origin, historical purpose/function, traits, and attributes as a family pet, all while learning about responsible dog ownership and which breeds may be right for your family. There will be demonstrations of dog sports and handling, as well as vendors on-site selling canine supplies.

The event runs from 11am-2pm and will be held at the 4-H Training Center, 556 Middleline Road in Ballston Spa NY.

This event is **FREE** and open to the public. For more information please call 518-885-8995.



Rabies Clinics

Held at the 4-H Training Center, 556 Middleline Rd., Ballston Spa

Questions? Call the Animal Shelter at (518) 885-4113

Upcoming Dates:

Tuesday, August 23
Tuesday, October 18

Times:

- Cats 5:30-6:30 PM (must be in carrier)
- Ferrets 5:30-6:30 PM (must be in cage or carrier)
- Dogs 6:30-7:30 PM (must be on a leash)

Times are strictly enforced for the safety of all animals.

Cost: FREE, however donations are accepted

All vaccination certificates are written for one year. If a previous signed certificate is produced, a three year certificate will be written.

RABIES CLINIC



Calling all citizen scientists!

Calling all citizen scientists! While you're out enjoying nature this summer, please keep track of the wild turkeys you see and help us monitor wild turkey populations.

For more info on how you can help:

<https://www.dec.ny.gov/press/125784.html>

"Citizen scientists provide important data that helps our biologists examine how factors such as weather, predation, and habitat conditions during the breeding and brood-rearing seasons impact turkey survival." Commissioner Seggos said. "Without assistance of our volunteers, the task of monitoring turkey populations statewide would be far more difficult, and we encourage participation this summer to help our knowledge of turkeys in New York."



FREE POP-UP CLINIC

September 17—September 18
Washington County Fairgrounds
391 Old Schuylerville Road, Greenwich 12834
Clinic Hours:
Saturday 6 a.m.—6 p.m.,
Sunday 6 a.m.—noon



served. RAM encourages everyone who would like services, especially dental services, to arrive as early as possible.

Remote Area Medical (RAM) provides free healthcare services to those in need through the operation of pop-up clinics around the country. RAM's free clinics deliver free quality services to underserved and uninsured individuals who do not have access to or cannot afford a doctor.

The patient parking lot will open **no later than 11:59 p.m. (midnight local time) on Friday night, September 16**, and remain open. As patients arrive at the parking lot, they will be provided with additional information regarding clinic opening processes and next steps. Clinic door typically open at 6 a.m.

Patients should be prepared with their own food, water, medicines, and clothing, when arriving early. Bathrooms will be provided.

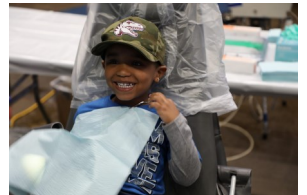
Free dental, vision, and medical services provided on a **first-come, first-served basis**. Due to time constraints, be prepared to choose between DENTAL and VISION services. Medical services are offered to every patient attending the clinic.

Patients will be required to wear a face-covering and must undergo a COVID-19 screening before entering the clinic. **All services are free and open to the public. No ID required.**

In some situations, such as inclement weather, volunteer cancellations, or other circumstances outside of RAM's control, the parking lot may open earlier or a smaller number of patients

DENTAL

At RAM free pop-up clinics, services provided to patients include dental cleaning, fillings, extractions, and dental x-rays



VISION

RAM patients can receive eye exams, glaucoma testing, eyeglass prescriptions, and pick out frames to have their eyeglasses made on-site in the mobile vision lab.



MEDICAL

All RAM patients have access to a variety of medical services, based on clinic volunteer specialties, including podiatrists, family doctors, women's health, and more.



***Clinic closing time may vary based on each service area's daily capacity. Please check RAM's clinic FAQ page for more information.**

****The above details are subject to change. Please continue to check our schedule regularly for updates as your clinic dates near.**

20 Make-Ahead Lunches to Get You Through the Work Week

The key to avoiding another sad desk lunch at the office is simple. Embrace make-ahead recipes. Find a smart recipe that you can make in bulk and will enjoy eating all week. There's no reason to order takeout or hit the vending machine when you set yourself up for success with simple delicious recipes.

From kale and quinoa salad with dates, to chickpea and cheddar quesadillas, you'll be brown baggin' it in style at the office all week long. Monday has nothing on these make-ahead lunch options.

[View article and recipes.](#)

Article by Ariel Knutson, kitchn



(Image credit: [Maria Siriano](#))

Learn why native plants are great for landscaping and which plants are non-toxic to horses.



A farm with showy, neat landscaping is desirable to landowners and attractive to clients. Environmentally conscious farm owners may want to use native plants to support pollinators and local ecosystems and to avoid spreading invasive species. However, many horse farm owners are understandably nervous about their landscaping plants being toxic if a horse gets loose and grazes on the garden. This article lists some horse-safe, native plants that can be planted in gardens and around buildings on horse farms.

Benefits of Native Plants

In the United States, a native plant is a plant that grew in a specific area before European settlers arrived. Pennsylvania has approximately 2,100 native plant species and 1,300 non-native plant species. Landscaping with native plants is preferable to using non-native plants for numerous reasons. They are adapted to local environmental conditions, meaning they grow easily with little maintenance required after establishment. A major benefit is that they provide food for the local ecosystem and support native pollinators such as bees and butterflies.

Planning Your Planting

When you are selecting a spot for your native garden, take note of the area's growing conditions. Determine how much sun exposure the area gets. Too much or too little sun can hinder certain plants' growth. Pay attention to how well it drains; does it have standing water after a rain event? If so, it might be better suited to build a [rain garden](#). Keep gardens out of reach of horses; while the plants on this list are not known to be toxic, your plants will not last long if they get eaten! They are not intended to be grazed by horses.

When looking for native plant seeds or seedlings, make sure to purchase them from a nursery or local plant sale. Never remove native plants from the wild! The PA Department of Conservation & Natural Resources (DCNR) has a [list of native plant and seed sources](#) in PA. Many local online groups host plant swaps and can be a good source of native plants.

Native Plants & Horses

The plants listed below were identified from the Pennsylvania DCNR publication [Landscaping with Native Plants](#) and are not known to be toxic to horses. However, this only means that there are no recorded cases of equine toxicity from these plants. To err on the side of caution, some plants were excluded from this list because they contain known toxic compounds, despite not being reported as toxic to horses. Additionally, be aware that any time a horse consumes a large

quantity of a new plant, it has the potential to cause digestive upset (such as diarrhea or colic), so it is generally best practice to keep horses away from your garden.

When selecting plants, pay close attention to the scientific name, as the common name may be used for more than one species. For example, horse-safe Eastern hemlock (*Tsuga canadensis*) is not related to water hemlock (*Cicuta maculata*), which is extremely toxic. For a list of common plants that are toxic to horses, read [Plants Toxic to Horses](#).

Refer to *Landscaping with Native Plants* for more details on each plant, including bloom color and period, light and moisture preference, size, and more notes to help you identify and select native plants.

TREES: River birch (*Betula nigra*), Shagbark hickory (*Carya ovata*), Red bud (*Cercis canadensis*), Flowering dogwood (*Cornus florida*), Tulip tree (*Liriodendron tulipifera*), Blackgum (*Nyssa sylvatica*), Eastern white pine (*Pinus strobus*), Eastern hemlock (*Tsuga canadensis*)

SHRUBS: Smooth alder (*Alnus serrulate*), New Jersey tea (*Ceanothus americanus*), Summersweet (*Clethra alnifolia*), Pagoda dogwood (*Cornus alternifolia*), Red-osier dogwood (*Cornus sericea*), American hazelnut (*Corylus Americana*), Spicebush (*Lindera benzoin*), Ninebark (*Physocarpus opulifolius*), Blueberries (*Vaccinium species*), Arrow-wood (*Viburnum dentatum*)

PERENNIALS: Big bluestem (*Andropogon gerardi*), Gaura (*Gaura biennis*), Oxeye sunflower (*Heliopsis helianthoides*), Blazing-star (*Liatris spicata*), Bee-balm (*Monarda didyma*), Wild bergamot (*Monarda fistulosa*), Sundrops (*Oenothera perennis*), Beard-tongue (*Penstemon digitalis*), Wild blue phlox (*Phlox divaricate*), Jacob's Ladder (*Polemonium reptans*), Christmas fern (*Polystichum achrostichoides*), Mountain mints (*Pycnanthemum species*), Little bluestem (*Schizachyrium scoparium*), Indiangrass (*Sorghastrum nutans*), New England aster (*Symphotrichum novae-angliae*), Foamflower (*Tiarella cordifolia*), New York ironweed (*Vernonia noveboracensis*)

Conclusion

Well-planned gardens can elevate a property's aesthetic, but it is important to choose plants carefully. Not only should they be adapted to the site conditions, but they should also be non-toxic to horses in case a horse gets loose from its field and grazes the plants. Using native plants reduces the maintenance required and helps the local ecosystem and pollinators. Overall, native plants will benefit everyone on the farm.

[PennState Extension](#)

How much water is enough for your lawn?

It's been a dry summer season this year. Supplement your lawn with just the right amount of water to keep it growing and avoid lawn disease. www.OurLandOurWater.org

Generally, lawns need about one inch of water per week, which is best done in one or two applications, including rainfall. Install a simple rain gauge in your yard to measure rainfall and irrigation each week. The best time to water is from 4am to 8am. This allows the grass to dry in the morning sun, reducing the chance of turf disease.

Short, daily irrigation is unnecessary, too light and too shallow to support deep grass roots.

Pro Tip: Fine fescues are among the most drought tolerant varieties of lawn grass and will bounce back from dry spells faster than other grass types. Letting fine fescues grow taller helps preserve soil moisture.

Q&A:

Question: If it rains 3 inches this week and it does not rain next week, when should I water my lawn?

Answer: Water when the soil below the surface (in the root zone) has dried out. This will happen quickly in hot dry weather, but may not be an issue in cooler spring and fall.

Pro Tip: The Northeast Regional Climate Center has a [Lawn Watering Tool](#). Plug in your zip code and when the grass was last watered and it will tell you how much to apply that day.



Question: My lawn always dies in the summer heat. What should I do?

Answer: First grasses that grow in NY will naturally go into a period of dormancy, not death, when hot dry weather sets in. The roots and crown of the plants are still alive and can remain dormant for 6 weeks without trouble.

Pro Tip: Fine fescues are among the most drought tolerant varieties of lawn grass and will bounce back from dry spells faster than other grass types. Letting fine fescues grow taller helps preserve soil moisture.

Cornell CALS College of Agriculture and Life Sciences

Mow Like a Pro

The principles of lawn mowing are simple.

- Sharpen mower blades after 10 hours of mowing. Dull blades rip the grass, creating jagged edges that lose water and invite disease. (Video: [How do I sharpen my mower blades?](#))
- Leave the lawn clippings on the lawn! Lawn clippings contain the nutrients you just added and help create new soil. (Video: [Mulch Your Clippings and Leaves](#))
- Mow fallen leaves right into the lawn when fall arrives and you will greatly improve soil quality and moisture-holding capacity.
- Mow your lawn at the highest setting to preserve plant and soil moisture and to crown out weeds. If you mow higher, you mow less often (see video to the right).
- Sweep clippings off hard surfaces and back into the lawn. Don't let them wash away with the rain.





ADIRONDACK HARVEST

2022 SUMMER FARMERS' MARKET GUIDE

MONDAY

Clifton Park 2-5
Granville* 2-5

TUESDAY

Canton* 9-2
Cape Vincent* 10-4
Gansevoort 3-6
Johnstown* 3-6
Lyons Falls* 11-4
Whitehall* 1-4

WEDNESDAY

Akwesasne 11-2
Chestertown 10-2
Hammond* 3-6
Lake George 10-3
Lake Placid* 10-1
Malone* 12-4:30
Saratoga 3-6
Watertown* 7-3
Wilmington* 9-1

THURSDAY

Ballston Spa* 3-6
Boonville* 12-5
Clayton* 10-4
Fort Edward-
Canal St. Mkt* 4-7
Gouverneur* 9-2
Lewis County-
Gen Hospital* 11-3
Long Lake 10-2
North Creek 2-6
Ogdensburg 9-?
Saratoga* 10-2
Speculator* 2-5
Tupper Lake* 11-6
Willsboro* 9-1

** Accepts SNAP, P-EBT
or FMNP benefits*

FRIDAY

Alexandria Bay 9-3
Bolton Landing 9-2
Broadalbin* 3-6
Canton 9-2
Carthage* 1-6
Elizabethtown* 9-1
Fort Edward 10-1
Chaumont* 12-6
Old Forge* 1-5
Rouses Point* 3-7
Tupper Lake* 11-6
Warrensburg* 3-6
Watertown* 12-4

SATURDAY

Akwesasne 11-2
Argyle 9-12
Ballston Spa* 9-1
Glens Falls* 8-12
Gloversville* 8:30-12:30
Harrisville* 9-4
Indian Lake 10-2
Lowville* 8-2
Northville* 10-2
Ogdensburg 9-?
Plattsburgh* 9-2
Potsdam* 9-2
Remsen* 10-1
Salem* 10-1
Saranac Lake* 9-1
Saratoga 9-1
Ticonderoga* 10-1
Tupper Lake 11-6
Watertown* 9-2

SUNDAY

Cambridge* 10-1
Keene Valley* 9:30-2
Massena* 10-2
Peru 11-3 (once a month)
Saratoga* 10-2



FIND MORE INFO AND LOCATIONS AT ADIRONDACKHARVEST.COM

BALLSTON SPA

is bringing back

FAMILY FUN DAY



Come see the 4-H Domestic Rabbits Club

Sunday, August 21st 1-6pm

6:00-8:00 PM MUSIC CONCERT AT OLD IRON SPRINGS PARK

on Front St. in Ballston Spa

Rain date Sunday, August 28th 1-6pm

10 FREE BOUNCY HOUSES

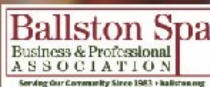
FREE CRAFTS, GAMES AND PRIZES

ARTISTS' MARKET, MUSIC AND PERFORMANCES

AFFORDABLY PRICED FOOD



Dave and Donna Dardaris
John Romano
Mandy Rider
Boho Chic
Pete and Donna Martin





HOMESTEADING & SELF-SUFFICIENCY



Homesteading and Self-Sufficiency Day

Event by CCE Saratoga County, and CCE Saratoga—Ag Economic Development Program

Saturday, September 24, 8AM—4PM

**4-H Training Center, 556 Middleline Road, Ballston Spa
Open to All**

A fun hands-on day to learn about all different aspects of Homesteading and Self-Sufficiency.

Topics include:

“The Buzz About Bee Keeping,” “Woods Walk” Sustainable Forestry Management, Pasture Management Techniques, Butchering Wild Game, Putting Your Veggie Garden to Sleep, “Feeling Sheepish”, Canning Meat, Composting , and Chickens 101.

More information to come.



FOOD PRESERVATION CLASS—HANDS-ON WORKSHOP

Canning Tomatoes, and Salsa

Wednesday, August 31, 6PM –9PM

CCE Auditorium, 50 West High Street, Ballston Spa

Fee: \$15 per person

To Register: Call (518) 885-8995

Presenter: Diane Whitten

Learn how to can whole and diced tomatoes, plus make salsa. This class will cover the basics of canning in a boiling water bath or steam canner, including equipment needed .



Gardens in August



Come August, many gardens and gardeners are just bone weary. The summer heat has taken its toll, and in some of the warmer climates,

August is the hottest month of the year. To combat the late summer blues, stay strong and start planning for your fall garden—just the thought of cooler weather is often enough to help one hang in there.

Plan—continue updating your garden journal (if you have one), making notes about heat, temperatures, humidity, and rainfall. Have shadecloth on hand to give your summer veggies a bit of a break from the strong sun—peppers, in particular, appreciate this gesture. Begin planning for your fall garden—what to plant, and where and when to plant it. Order your garlic for fall planting.

Prepare/Maintain—Remove flowers on pumpkin vines and tomato plants to direct the plant’s energy into growing the existing fruit.

Prune tomatoes, peppers, and eggplant to encourage new growth. Your peppers, tomatoes, squash, and eggplant may even appreciate a bit of fertilizer to catch their second wind. Cut basil back to keep it from going to seed.

Remove dead or dying plants — it’s not worth the extra effort to keep them alive this late in the summer. Cooler climates should watch the forecast for early frosts — be prepared to [protect plants from damage](#).

Warmer climates can continue planting and harvesting. All climates can save seeds from the best and healthiest plants in the garden.



DEC Announces Hunting and Trapping Licenses are Now on Sale

EXPANDED HUNTING OPPORTUNITIES CONTINUE FOR THE 2022-2023 SEASON

New York State Department of Environmental Conservation (DEC) Commissioner Basil Seggos announced hunting and trapping licenses and Deer Management Permits (DMPs) for the 2022-2023 seasons are now on sale. Expanded hunting opportunities offered last year are also available to hunters this year.

"Half-a-million New Yorkers enjoy hunting each year and DEC is excited to increase hunting opportunities again this season for long-time hunters and new participants to the sport," **Commissioner Seggos said.** "As always, safety is a top priority and I remind all hunters to follow the key principles of hunter safety before heading afield."

Licenses and permits can be [purchased online](#), at [license-issuing agents](#), or by phone at 866-933-2257. The new hunting and trapping licenses are valid from Sept. 1, 2022, through Aug. 31, 2023. Annual fishing licenses are valid for 365 days from the date of purchase.

New York's habitat serves a vital role in maintaining healthy and sustainable fish and wildlife resources. Purchasing a

hunting, fishing, or trapping license helps support DEC's conservation projects and ensures the future of natural resources for generations to come. DEC also encourages outdoor enthusiasts to consider purchasing a [Habitat and Access Stamp](#) each year. Funds from the \$5 stamp supports projects to conserve habitat and improve public access for fish- and wildlife-related activities. This year's Habitat and Access Stamp features a red eft, a juvenile eastern newt.



To PURCHASE:

In person—<https://on.ny.gov/3AdkECf>

By phone - 866-933-2257

Online - <https://on.ny.gov/3gK61g8>

For more info: <https://on.ny.gov/3SIDot7>

TACKLE BOX

Available on the HuntFishNY App



Level up your fishing intel with The **Tackle Box!**

DEC's official app, HuntFishNY has been updated with a handy new feature called "The Tackle Box." Now you can instantly access all sorts of helpful information such as fishing regulations, fish stocking, and fishing access locations throughout New York State—all within an easy-to-use map-based interface.

Helpful features include...

- Options to pan and zoom to a water or search by name
- Driving directions to state-owned boating/fishing access sites
- An offline version to use when cell service isn't available

The HuntFishNY app, which includes the Tackle Box, is free and available through the Apple App store (iOS) and Google Play (Android) platforms to download on your tablet or smartphone. For more information on the HuntFishNY app and new Tackle Box feature visit the DEC website:

<https://www.dec.ny.gov/outdoor/96470.html>

Keep New York CWD-free

Chronic wasting disease (CWD) is a fatal disease found in deer, elk, and moose that poses a serious threat to wild populations. Consequently, it has the potential to impact all the benefits associated with deer and moose in New York: enjoyment of watching healthy animals; hunting traditions and sustainable use of venison; and economic benefits derived from big game hunting.



The spread of Chronic wasting disease into New York would threaten deer populations and change deer hunting. Once CWD arrives it is almost impossible to eliminate. To contain its spread, deer populations would be reduced by hunting and culling. Hunting practices would have to change, including restrictions on movement and disposal of carcasses and special rules for disease management areas. New York hunters need to help to keep it out. De-bone your harvest if you hunt outside New York. Avoid natural urine products.

Find out how YOU can Keep New York CWD-free:

<https://www.dec.ny.gov/animals/7191.html>



By Wendy McConkey, Records Management Officer

The County Fair is now behind us and the State Fair is soon to be here, while another year of 4-H is soon to be wrapping up. The month of October is the start of a new 4-H year; another year for some youth and new enrollment for others. The following articles from September and November of 1947's Saratoga County's 4-H Club News highlight 4-H in the 1947 Saratoga County Fair and 4-H activities and new club/member enrollments.

August, 1952

STATE FAIR EXHIBITS

Corinth Civit Cats 4-H Club will have an exhibit in Agriculture Engineering Department at the State Fair.

This will consist of a working exhibit with boys working on plastic as part of the 4-H Mechanics Project.

STATE FAIR—AUGUST 30 - SEPTEMBER 6

New York State Fair is becoming a bigger and better event each year. The exhibits in the 4-H section alone are well worth a trip to Syracuse to see. Besides the Boys and Girls Building, there are many other buildings and barns full of interesting New York state exhibits, and of course a midway and grandstand show.

People from Saratoga County will be especially interested in the contests in which local 4-H member are participating. As District winners with their dairy foods demonstration, Mary Jane Shufelt and Peggy Milligan of the Corinth Pink Rose 4-H Club will compete Saturday, August 30, in the 4-H Dairy Foods Demonstration Contest.

George Freebern of Corinth will compete in the Vegetable Crops Demonstration contest with his demonstration of "Caroline Carrots Go to the Fair," on September 2. Kent Fulton of Ballston Spa will also give a Vegetable Crops Demonstration on September 2 of "Marketing Vegetables." A vegetable crops judging team will compete in the state judging contest September 2.

Two boys will participate in the Tractor Operators Contest on September 2.

Ann Stone of Corinth will give a clothing demonstration on September 3, on "Rolled Hem." District Dress Revue winners will participate in the State Dress Revue Wed., Sept. 3.

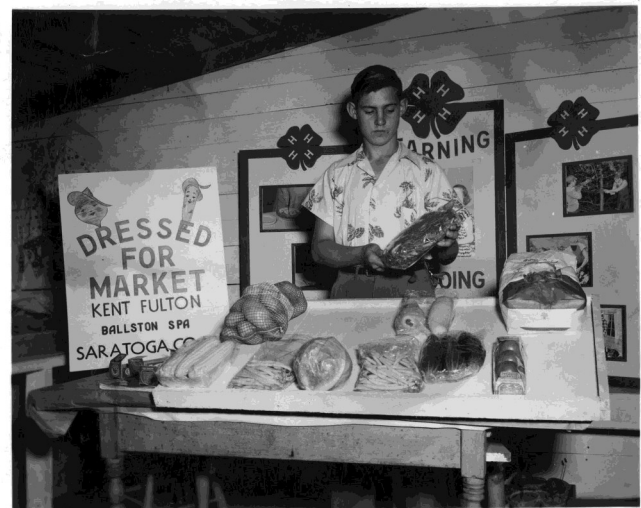
August, 1954

DOROTHY HAAS GOES TO STATE FAIR

Dorothy Haas, a nine year 4-H Club member from Victory Mills, has really been reaping the fruits of her 4-H labors this year. Because of the fine clothing demonstration Dorothy presented this spring, she has been invited to work in the 4-H Club Clothing exhibit all week at the State Fair.

The State 4-H Club Office has her to come and work in the booth. She will be busy making 4-H Club articles from clothing projects and answering questions raised by people passing through. In addition, Dorothy will present "An Invisible Opening," the demonstration on which she received an excellent award at District Demonstration Day in the State Fair Clothing Demonstration Day.

RIGHT: Dorothy Haas of the Riverview 4-H Club at Dress Review.



1952—Kent Fulton and his demonstration, "Dressed for Market," he gave at the 1952 State Fair and received an award of Good.

WEBSITE & SOCIAL MEDIA

Click the photos to be navigated to each of our Facebook accounts:



CCE Saratoga



4-H



CCE Equine



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50 West High Street, Ballston Spa
(518) 885-8995
Saratoga@cornell.edu
www.ccesaratoga.org

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