



4-H Highlights

January 2023

Public Presentation Day Saturday, March 4th, 2023

It's time to start thinking about 4-H Public Presentation Day, which is March 4, 2023. This fun and exhilarating day brings hundreds of local 4-H members together to practice the life skill of public speaking in a comfortable environment. It is open to all members, Cloverbuds and 4-H'ers, ages 5-19. A nationally recognized element of the Cooperative Extension 4-H Youth Program, it is often credited by 4-H alumni as having given them an edge above their peers in high school, college, and beyond. It is a good opportunity for youth to develop poise and self-confidence in front of a small group, build public speaking skills and express ideas clearly and creatively.

Training for leaders, new and experienced, will be held at the 4-H Leaders meeting on January 23rd at 6:30pm at the CCE office. Training will cover the types of presentations, age guidelines, how to pick a topic, the 4-H presentation format, tips for posters and PowerPoints, a review of the evaluation guidelines and sheets, with breakout sessions for horse communications and Cloverbuds.

Mark your calendars - the big day this year is
Saturday, March 4, 2023



Upcoming Events & Deadlines

January

21st- Teen Council
23rd - 4-H Leaders Assoc. 6:30pm, CCE
30th- Shooting Sports Comm 6pm CCE

February

11th- Teen Council
22nd- Vet Science Program Begins
24th-26th- SS Winter Workshop
27th- Shooting Sports Comm 6pm CCE

4-H in 2023....Important Dates to Remember

Market Auction Meeting	January 9
Shooting Sports Instructor Training	Feb 24-26
4-H Project Day	Feb 23
Veterinary Science Project (Tue)	Feb 21- Mar 28
Public Presentation Day (In-Person)	March 4
Regional Dairy Bowl	March 11
Region 5B Horse Bowl	March 18
Agricultural Literacy Week	March 20-24
4-H Tractor Safety	Spring 2023
Regional Hippology & Horse Comm.	April 22 (Tentative)
District Public Presentations	April 22 (Tentative)
STARR	May 6-8
Animal Crackers at Cornell University	May 6
Fashion Revue	TBD
Saratoga Horse Symposium	May 20
Capital Days	April 16-18
County Fair Books Available	June 1
4-H Golf Classic	June 3
Career Explorations	TBD
Pullorum Testing	TBD
County Fair Judging Day	July 15
Saratoga County Fair	July 18-23
New York State Fair	Aug 23- Sept 4
Leader's Banquet	Sept 21st
Walkathon	Fall 2023
ABC Trip SUNY Cobleskill	Oct 19-20
Achievement Night	October 21



Spring 5 Week Shooting Sports Course

Meets Every Tuesday Evening
March 21st-April 18th

Youth will learn the basics of Air Pistol, Archery, Muzzleloader, Rifle and Shotgun
with a focus on Safety, Ethics and Personal Responsibility

Open to Youth 12 Years Old and Older
Contact Leland at glb76@cornell.edu for More Information

4-H Shooting Sports Winter Instructor Workshop February 24th-26th



The 2023 4-H Shooting Sports Winter Instructor Workshop will be held February 25th-26th. This workshop is open to 4-H volunteers. If you are not currently a 4-H volunteer, but would like to become one in order to participate in this training, we can arrange for that as well.

The course will consist of Virtual Positive Youth Development (offered remotely by February 24th) and in-person instruction on February 25-26 at the 4-H Training Center in Ballston Spa. We are limited to 2 participants per discipline this year, so we will have to be selective regarding who is registered, and this does not necessarily mean that it will be "first come first served". Preference will be given to instructors looking to start a new club in Saratoga County, those who are looking to aid in expanding 4-H Shooting Sports programming in Saratoga County, and those who are currently members of clubs who are looking to expand programming within their club. We hope you understand our need to be selective in registrations. In total, we are only able to send 12 participants from Saratoga County. We are looking at offering a local training for Instructors in the spring for those unable to participate in February.

Disciplines being offered are: Air Pistol, Archery, Hunting, Muzzleloading, Rifle and Shotgun. The cost of the course is \$90 for those not needing lodging, and \$125 for those requiring a hotel room.

Youth are not being registered at this time, but there may be openings for Junior Instructors as we draw closer. If you would like to participate, please contact Leland at glb76@cornell.edu or call the 4-H Office at 518.885.8995.

Open to All 4-H Youth
\$5 Program Fee
Get More Out of Your Break!

4-H Robotics Discovery

February 23rd, 2022

10am-12pm

**Build
Program
Create
Discover!**



To Sign-Up: Call the
4-H Office at 518.885.8995
or Register Online

https://reg.cce.cornell.edu/4HPDROBO_241

As the winter temperatures settle in, make sure you are keeping your 4-H projects healthy. Most animals are well adapted to living outside, however, cold temperatures do require additional animal monitoring. Follow these 4 steps to keep your animals healthy:

1. **Fresh Air**-If your animals are housed in a barn, make sure there is proper ventilation to prevent the spread of bacteria and viruses.
2. **Water**– Whether you provide water from a bucket, tank or automated system, in the cold weather it will freeze. Check the water daily to make sure it is available to your animals in adequate amounts.
3. **Feed**- Knowing the contents and the quality of the feed you are offering to your animals is essential in making sure they have adequate nutrition to meet their energy requirements.
4. **Young and New Animals**- provide adequate dry, minimal dust bedding and a form of coverage away from the winter weather.



SARATOGA COUNTY 4-H

**VETERINARY
SCIENCE PROJECT**

TUESDAY NIGHTS: 6:00PM

6 WEEKS

FEBRUARY 21,28

MARCH 7,14,21,28

**\$15 PER YOUTH
AGES 12 & UP**



**EMAIL [RJL287@CORNELL.EDU](mailto:RJL287@cornell.edu) OR
CALL (518)885-8995 TO REGISTER**

**HANDS-ON OPPORTUNITIES WITH LOCAL
VETERINARIANS & ON FARM EXPERIENCE**

Community Service



Gingerbread Project

Gingerbread Houses in 2022 were outstanding! In addition to some really creative makes and models, there were four locations displaying the houses. The houses were on display in Saratoga Springs at the **Festival of Trees**, the Saratoga Springs **Visitor Center**, the Saratoga Springs **Public Library** and in the **CCE Building in Ballston Spa**. Thousands of people viewed them during the Victorian Streetwalk, and daily visits to all locations. This is a great community service project as the houses will be displayed at local Senior Citizen places at the end of the holidays.



Cornell Cooperative Extension
Saratoga County



SARATOGA COUNTY
MARKET ANIMAL PROJECT

*Informational Meeting
for Youth & Families*

JANUARY 9TH

@6:30PM

CCE OFFICE, CORNELL ROOM

*Introduction to the
requirements and
expectations of youth
participating in a market
animal project*

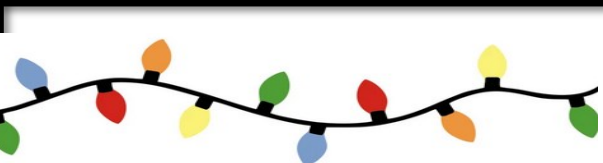
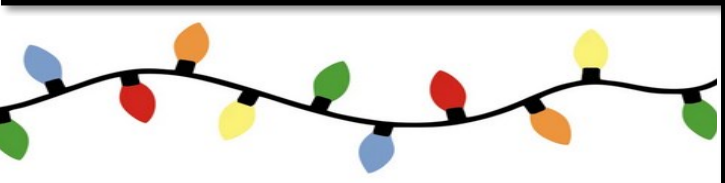
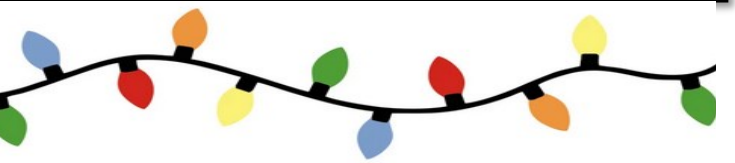
**EMAIL [RJL287@CORNELL.EDU](mailto:RJL287@cornell.edu)
FOR MORE INFORMATION**

MUST BE A SARATOGA COUNTY 4-H MEMBER

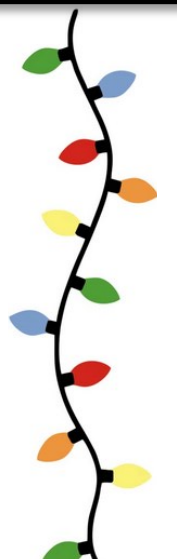
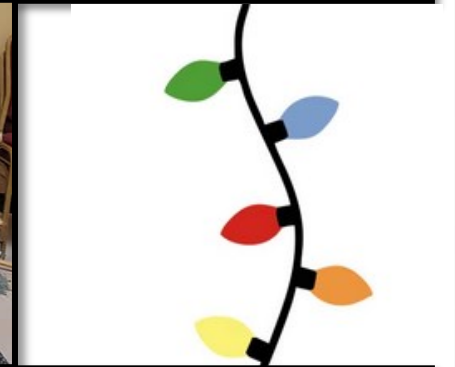
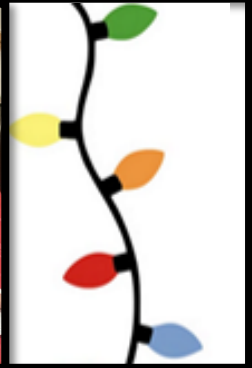
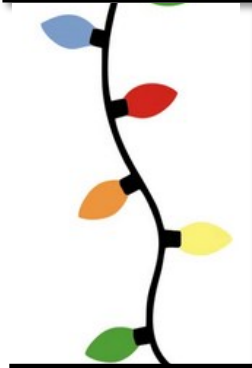
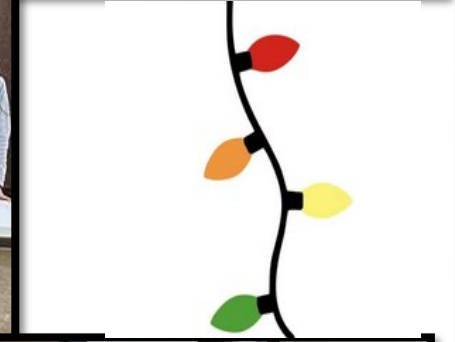


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4-H For T



The Holidays





4-H Horse News

STRAIGHT FROM THE HORSES MOUTH

IMPORTANT DATES



JANUARY

Tuesdays, 3rd-31st- Horse Bowl

Wednesday, 18th- County Wide

4-H Horse - Movie Night

FEBRUARY

Tuesdays, 7th-28th: Horse Bowl

Friday, 10th-Sunday 12th:

Volunteer in-service

Wednesday, 15th: County Wide 4-H

Horse

HORSE FRIEND HIGHLIGHT

Meet Thomas, the secretary of the newest 4-H Horse Club!



Thomas is a long time friend of 4-H, he has participated in horse bowl, and dairy bowl in the past and is now the Recording Secretary to a Horse Club. His Club leader commends Thomas, stating he is a natural leader, welcoming personality, and essential to his new club.

Thomas is very excited about the new horse club he is apart of and is especially excited because it has a Gymkhana focus. He looks forward to doing more things with his horse, Rider, like bringing him to the county fair!

Email Brianna to nominate your 4-H Horse Friends.

NEW HORSE CLUBS JOIN TODAY

1- Ponies and Horses: This club is the oldest 4-H club in our county! All ages are welcome, with two club leaders, this club is able to cater to different ages and horse interests. The next meeting is January 13th and will include games, ice cream, and sign ups for anyone new.

2- NEW 4-H Horse Club: Members will get to choose the name of this club! Meetings are every third Tuesday at the 4-H Training Center. This club welcomes youth ages 12 and up, and has many gymkhana- focused members.

3-Pony Pals: This club is great for younger youth that love horses AND other animals! While the primary focus of this club is horses, they also are active in our goat program and other animal species. This club welcomes younger and older youth.

COUNTY WIDE 4-H HORSE

Join the Saratoga County 4-H Horse Program for an Interactive Movie Night!!!

Fun for ALL ages; bring your blankets and pillows, and horse-topic thinking caps! Participants will enjoy an interactive movie (that of course includes HORSES), snacks, and prizes.

When: January 18th

Where: 4-H Office, 50 West High St Ballston Spa NY.

Time: 6:00pm-8:00pm

WANTED: HORSE BOWL COMPETITORS

Horse Bowl is a jeopardy-like horse trivia contest that members practice and compete as teams. Horse Bowl practices will be held at 6:30pm on Tuesday nights starting December 6th. Practices will continue on a weekly basis and all sessions will be held at the Cooperative Extension Office.

Each participant will be placed in a team with members with similar ages and abilities.

Team Levels:

Novice - 13 y/o and under in their first or second year of competition

Junior - 13 y/o and under moving up from Novice

Senior - 14 y/o and over.

All ages are calculated as of January 1, 2023

HORSE BOWL PRACTICE QUESTIONS

1- What is the name for the wooden or metal frame of the saddle?

2- In what hand do you hold the halter when preparing to catch a horse

3- What is the term used for an equine's mother?

CONTACT:
Brianna Hughes
P: 518-885-8995
E: bh548@cornell.edu

Teen Update

Attention All 4-H Teens!

4-H Teen Council is a great way for our older 4-H members to connect with other teens from across the county, develop leadership skills, and make meaningful contributions to their community. Teen Council is a place for teens to have their voice heard, make important decisions, and overall have a great time with friends.

Each month we have a business meeting followed by activities focused on Leadership Development, Team Building, Community Service and just overall FUN!
If you are 4-H Teen, Teen Council is a place for you!

Join our Remind Group at: <https://www.remind.com/join/lbunting>

What: Teen Council Meeting

What: Teen Council Meeting

When: Saturday, January 21st at 6:00pm

When: Saturday, February 11th at 6:00pm

Where: CCE Office: 50 West High Street,
Ballston Spa

Where: CCE Office: 50 West High Street,
Ballston Spa

At our January meeting, we will be playing some fun team building games and making tie blankets to donate as a community service project.

At our February Meeting we will be continuing our team building activities and having a popcorn and movie night!

State Teen Action Representative Retreat

The NYS 4-H State Teen Action Representative Retreat is an annual event for all 4-H Teens in New York State. It is a great opportunity for teens to meet other members from across the state, develop their leadership and teamwork skills, and learn new project skills that they can bring back to Saratoga County.



This year's event features several changes, but will prove to be a great time for all! Please save the dates of **May 19-21**, and we will provide more details as they are available.



The Fred Sanders Award for 4-H Youth

Fred Sanders grew up showing cattle at the Saratoga County Fair. His individual successes propelled him to show at several fairs and included trips to the NYS Fair where he had his share of memorable times. In a tribute to his 60 years of showing cattle and his passion to see youngsters involved in showing at the fair, a continuing "Fred Sanders Award" was established to begin with the 2012 Saratoga County Fair.

Fred had a passion for showing cattle and enjoyed watching the local 4-H'ers showing their cattle at the fair. Each year, in his honor, the winner's name will appear on a wall plaque in the Saratoga County Fair Office as well as a \$250 cash award and an individual plaque presented in the show ring to the Saratoga County 4-H'er who garners the highest points total from the following:

Preferred:

5 Points: Awarded to 4-H'ers who participate in a minimum of 5 county dairy bowl practices as either a participant or teen coach.

2 Points: Awarded to 4-H'ers who participate in judging class at the Saratoga County Fair.

10 Points: Awarded to any Saratoga County 4-H'er who participates on Public Presentation Day/ Make-Up Day in March.

5 Points: Awarded to 4-H'ers who create an educational poster or display that falls under Dept. 12- General Animal Science, Section A, Class 6- Posters illustrating and animal science topic in the Saratoga County 4-H Fair Book.

Required:

Points Awarded for participation in **Fitting and Showmanship** at the Saratoga County Fair:

10 Points: Blue Danish Score

7 Points: Red Danish Score

4 Points: White Danish Score

Additionally, points will be awarded for **each** of the following classes in **Dept. 1, Section H of the 4-H Fair Book**.

Class 1: Best Bred and Owned by exhibitor (all breeds competing together)

Class 2: Daughter Dam

Class 3: Exhibitors Herd (all breeds competing together and herd may be split by breeds)

3 Points: 1st Place

2 Points: 2nd Place

1 Point: 3rd Place

***In the event of a tie, there will be a question asked for the tie breaker.**

For the 2023 year, the point system will be in effect as of January 1, 2023

Animal Ambassadors

Apply Today!

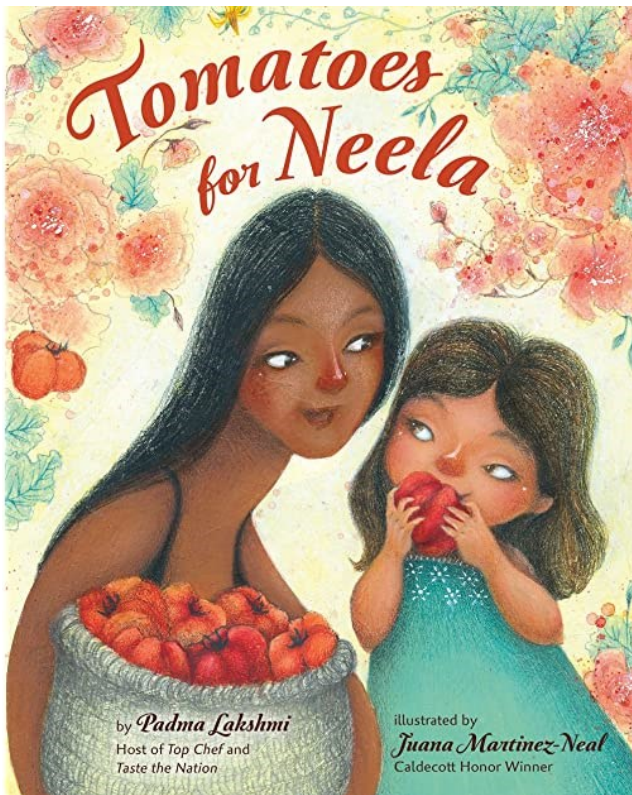
Enrollment is open for the Animal Ambassadors program for Saratoga County 4-H members! We are seeking dedicated teens looking to advance in the animal science field. This program will provide youth with skills in sciences, leadership, and creative thinking, all aligning with different aspects of animal industries. Opportunities are available to learn from professionals in the field and work on projects.

Participant Expectations for 2023

- Must be at least 14 years old (4-H age: Age as of January 1st)
- Must have a desire to learn about animal science and animal industries
- Complete and submit application to 4-H office by January 9, 2023
- Must attend 6 of 9 learning experiences throughout the year
- Participate in one community engagement activity
- Act as an Animal Ambassador at the Saratoga County Fair for at least 10 hrs. throughout the week

Please call the office for applications or email Rylie

Please submit this application to the Saratoga County 4-H office email to Rylie rjl287@cornell.edu by **January 9, 2023**. Only 12 applicants will be selected to participate in this program for the 2023 year. *Limited space is available.*



Agricultural Literacy Week

March 20-24, 2023

The Selected book for 2023 is *Tomatoes for Neela* by Padma Lakshmi.

In celebration of New York agriculture, volunteers throughout the state will read a book with an agricultural theme to elementary students and engage in an activity. Saratoga County 4-H works with schools in the county who would like to participate in Ag Literacy week. We are always looking for volunteers to read the book and perform the activity to different classrooms. If you are interested please email Rylie, rjl287@cornell.edu.

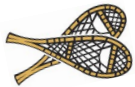
4-H For Leaders

2023 Leaders Association– ALL LEADERS WELCOMED

As a leader (organizational, project, or activity) you are an essential element in the successful 4-H experience of every member. Also, it is important that you, the leader, have a successful experience. All of our 4-H Adult and Junior Leaders are invited to join the 4-H Leaders Association to help them grow.

The 4-H Leaders Association is a unique combination of a new and an established forum for **all** leaders. The first portion of the meeting will focus on a specific topic or process, followed by a leaders forum, ending with the business meeting of the Leaders Association. There will be information sharing, discussion, how-tos, and hands-on activities for all leaders. Don't be left out or miss out on making things happen in your club. Be an active participant in the 4-H Leaders Association. In January, we will be discussing Public Presentation Day. If you are a leader, this is a great way to learn from others about Public Presentation; what youth can expect, the dos and don'ts, and see a live presentation.

Leaders and Junior Leaders please join us on **January 23rd at 6:30 pm at the CCE office.**



Get Outside this Winter: Snowshoes Available

Thanks to donations from the 4-H Leaders Association, and Teen Council, we now have 17 pairs of snowshoes available to clubs and members.

They can be used at the 4-H Training Center or checked out for use at other locations. We have a wide variety of sizes as well, so there should be something for everyone.

Call the 4-H office to reserve snowshoes for your next meeting!

22ND ANNUAL



4-H GOLF CLASSIC

SAVE THE DATE!
JUNE 3, 2023
FAIRWAYS OF HALFMOON
REGISTRATION 7:30 A.M.
SHOTGUN START AT
9:00A.M.

January 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
	8 <i>Program Committee Mkt. Auction Meeting</i>	9 <i>10</i>	10 <i>11 Teen Council Officers</i>	11 <i>12</i>	12 <i>13</i>	13 <i>14</i>
15	16	17	18	19	20	21 <i>4-H Teen Council</i>
22	23 <i>4-H Leaders Association</i>	24	25	26	27	28
29	30 <i>Shooting Sports Comm. 6pm</i>	31				

Cornell Cooperative Extension
of Saratoga County
50 West High Street, Ballston Spa, NY 12020

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4-H Staff

Greg Stevens, Extension Issue Leader
Julie Curren, Extension Program Educator
Brianna Hughes, Extension Resource Educator
Leland Bunting, Extension Resource Educator
Rylie Lear McLenithan, 4-H Subject Educator
Kim Wilbur, 4-H Administrative Assistant

Program Committee

Dick England	Ballston Spa
John Mancini	Ballston Spa
Kristine O'Rourke	Schuylerville
Donna Ringwall	Glenville
Lisa Russell	Ballston Spa
Meg Soden	Ballston Spa
Wendy Kuehner	Ballston Spa

Teens

Henry LaBarge	Milton
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**Check us out on
Facebook!!!**



www.facebook.com/SaratogaCounty4-H



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