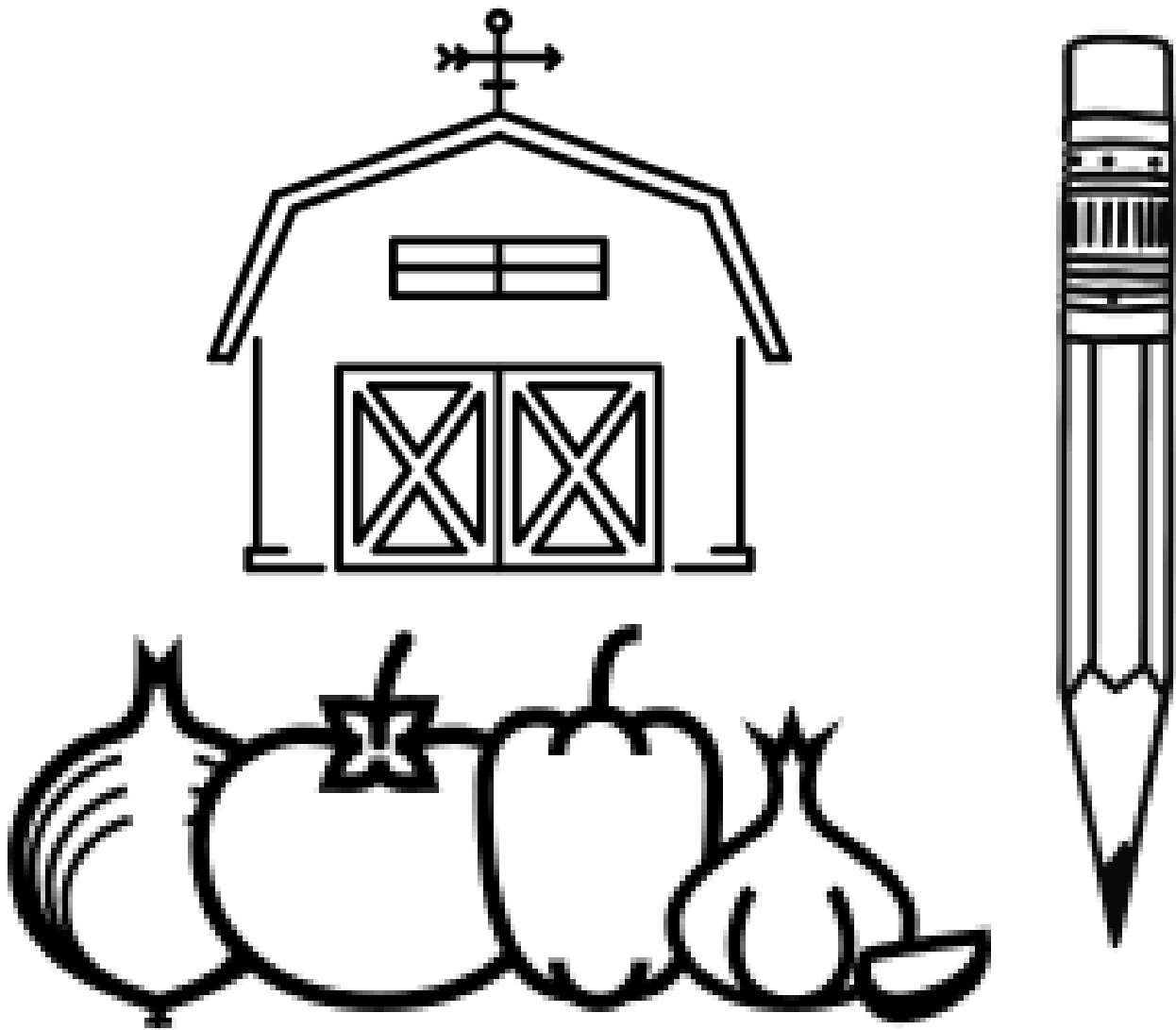


Farm to School Coloring Book

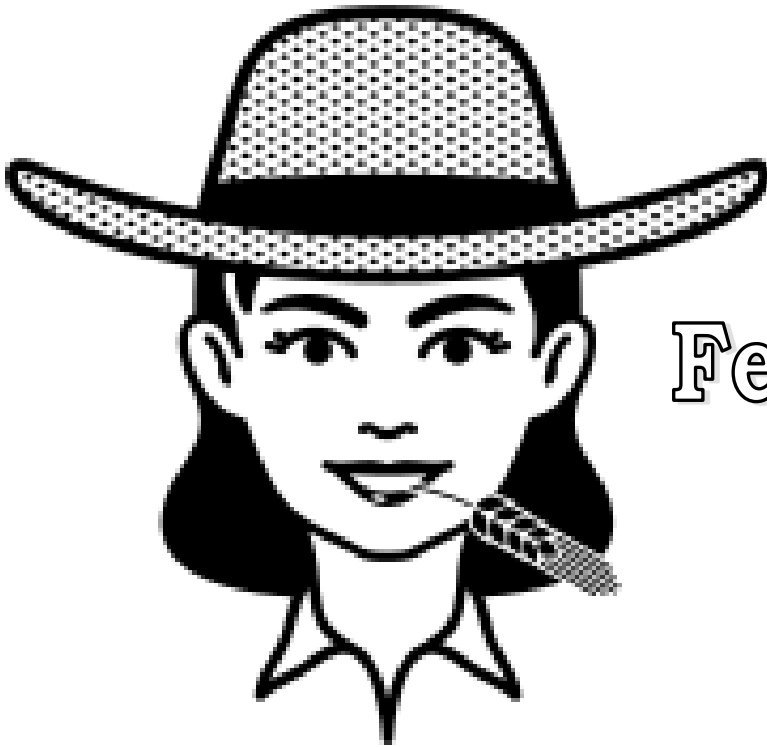


Cornell Cooperative Extension
Saratoga County

Cornell Cooperative Extension is an equal opportunity, affirmative action educator and employer.

In 2017 In Saratoga County NY there were...

-USDA Agricultural Census

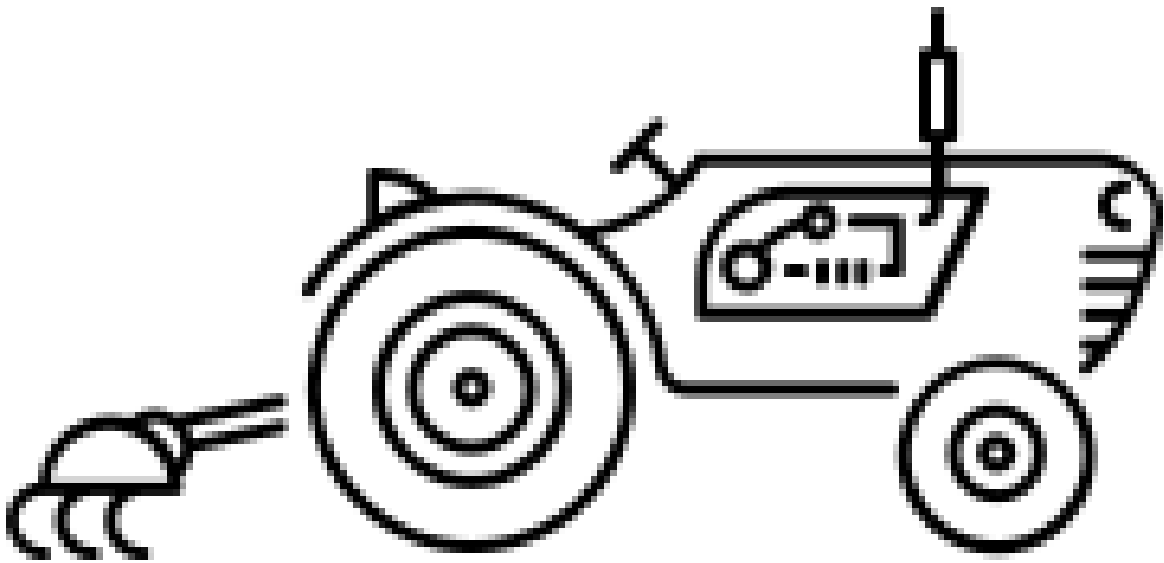


Female Farmers
418



Male Farmers
583

Agriculture in NY



Did You know

All sectors of agriculture, including processing,
are responsible for nearly 200,000 jobs in New York State.

-USDA Agricultural Census

In 2017 In Saratoga County NY there was...

-USDA Agricultural Census

71,604
acres of Farmland



According to the USDA 2017 Agricultural Census, there were
33,438 farms in New York State
and 6,866,171 acres in production.

-USDA Agricultural Census

Broccoli

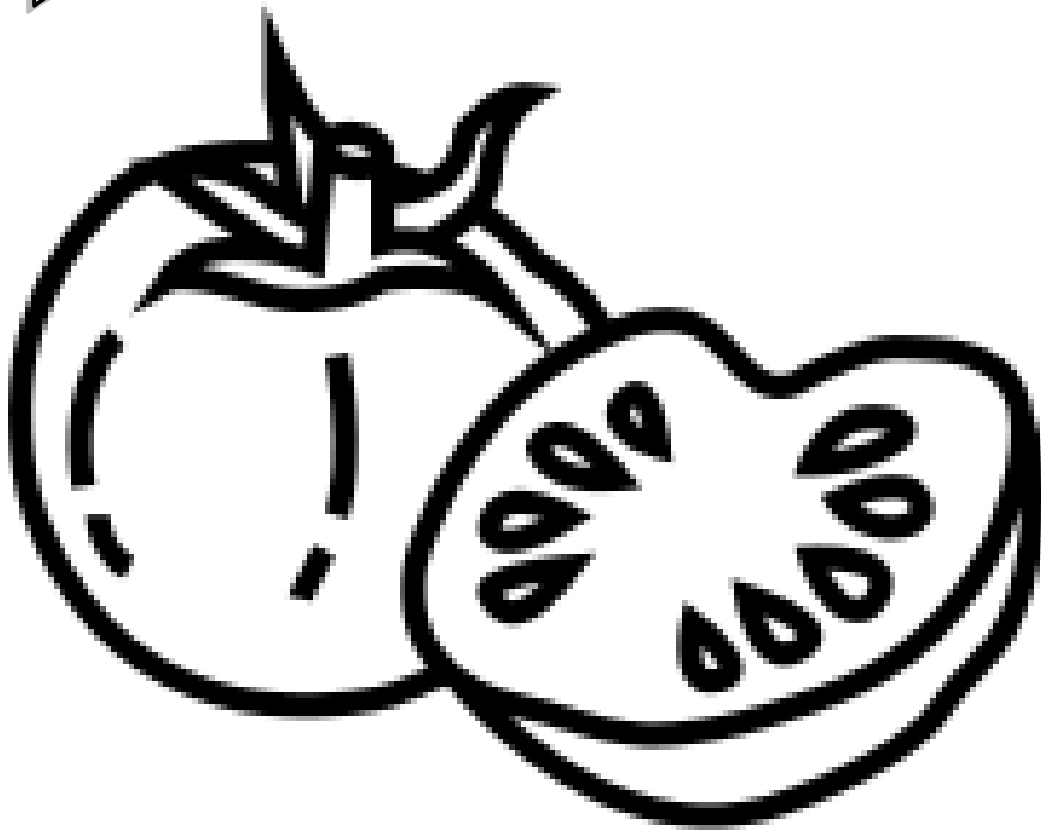


Did You know

Broccoli is a fiber rich vegetable, containing about nine percent of the daily value in one cup – raw.

NCSU Extension

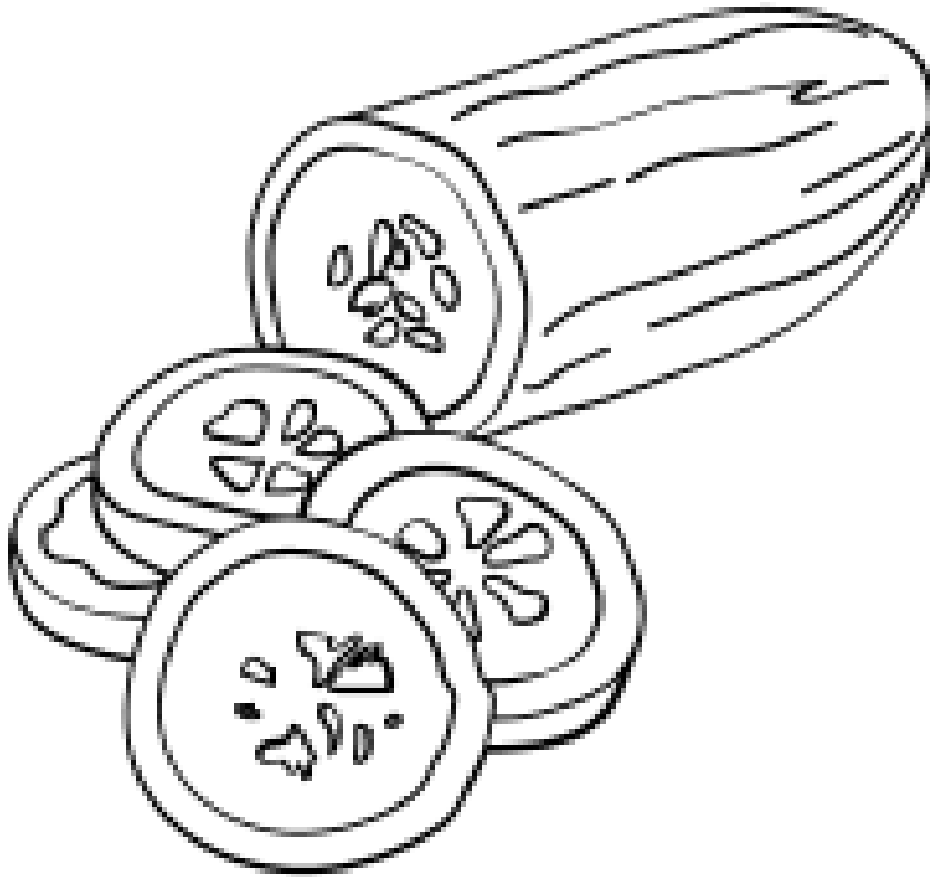
Tomatoes



Did You know

One serving of tomatoes provides a good source of vitamin A, C, K and potassium. Tomatoes are also a good source of fiber, containing two grams (2g) in each serving, which is seven percent (7%) of the daily recommended amount.

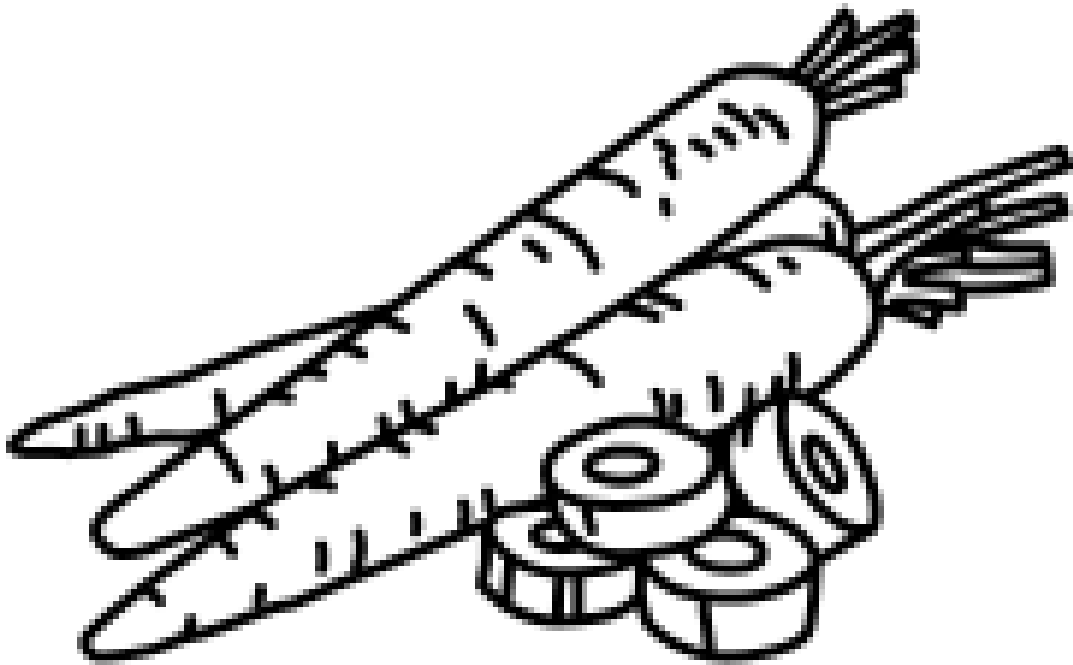
Cucumbers



Did You know

The water content of cucumbers is high, which is why the calorie content is so low. A whole cup of sliced cucumbers has only 13 calories.

Carrots

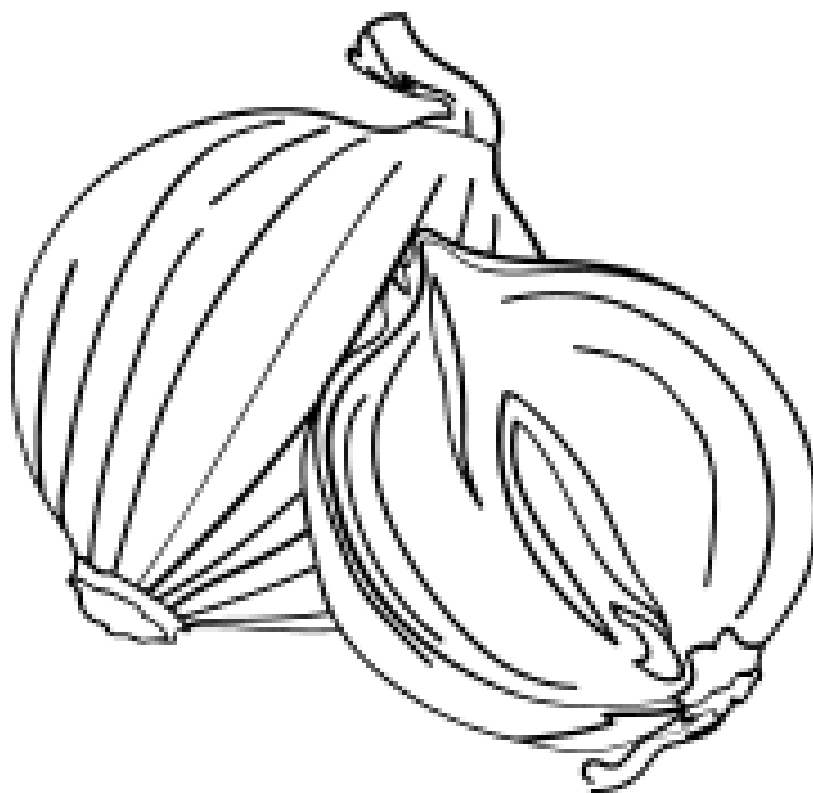


Did You know

Beta-carotene antioxidant in brightly colored fruits and vegetables. Brighter the color the higher the beta-carotene. Our bodies use beta-carotene to make Vitamin A.

Carrots can also be white, yellow, red and purple.

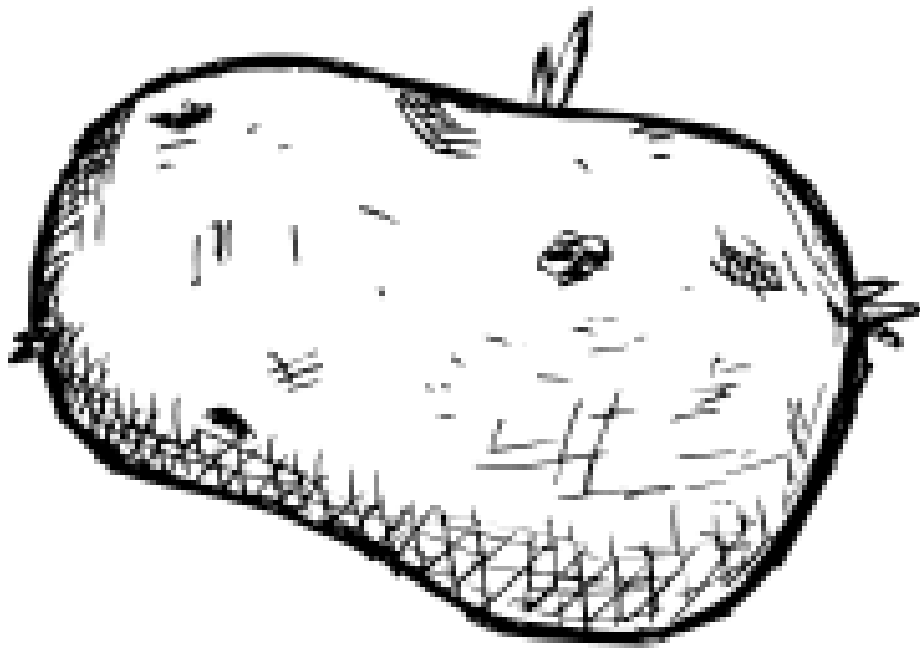
Onions



Did You know

Onions can be eaten raw, broiled, boiled, baked, creamed, steamed, fried, french fried and pickled.

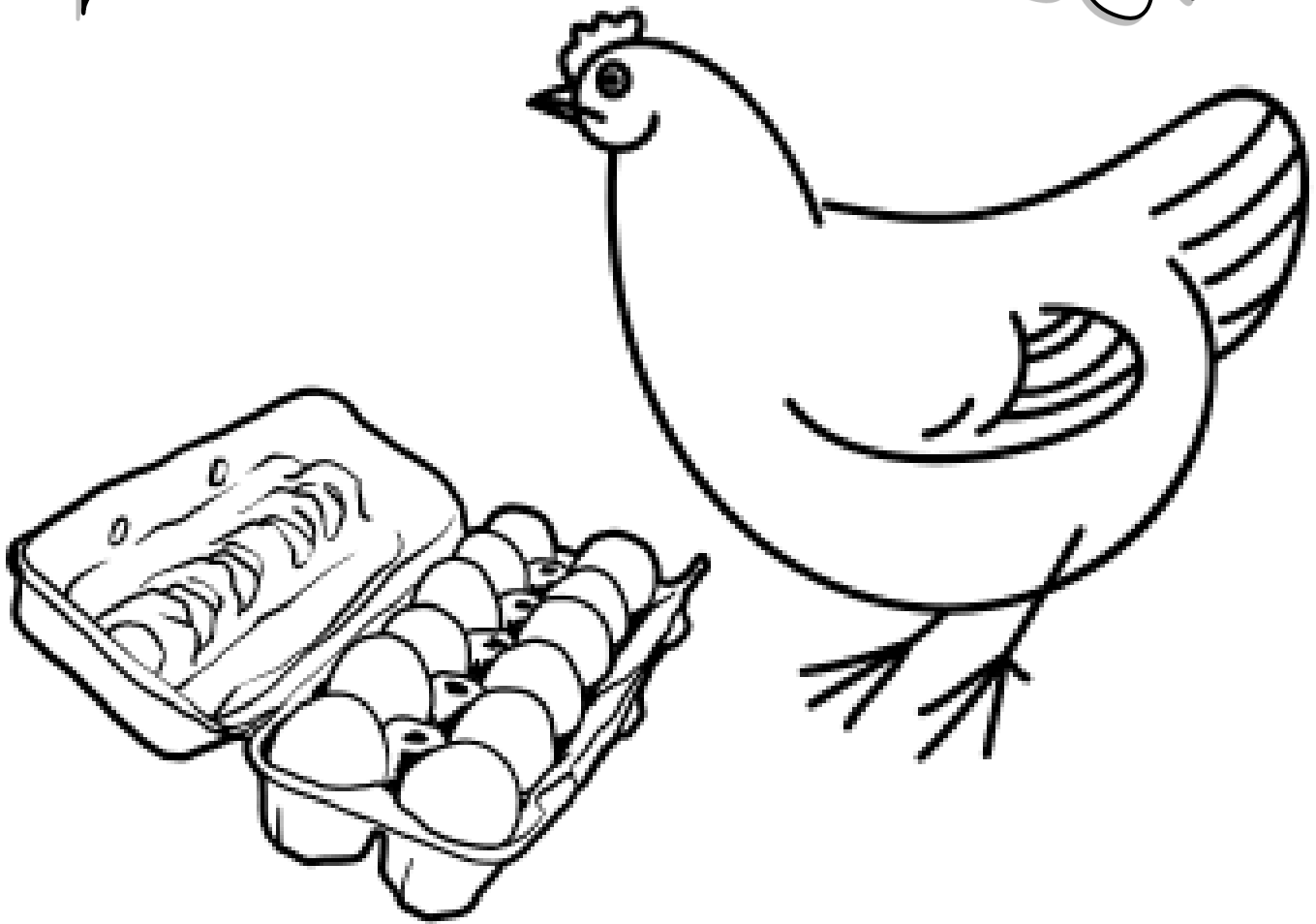
Potatoes



Did You know

Potatoes are not roots but specialized underground storage stems called "tubers."

Poultry and Eggs



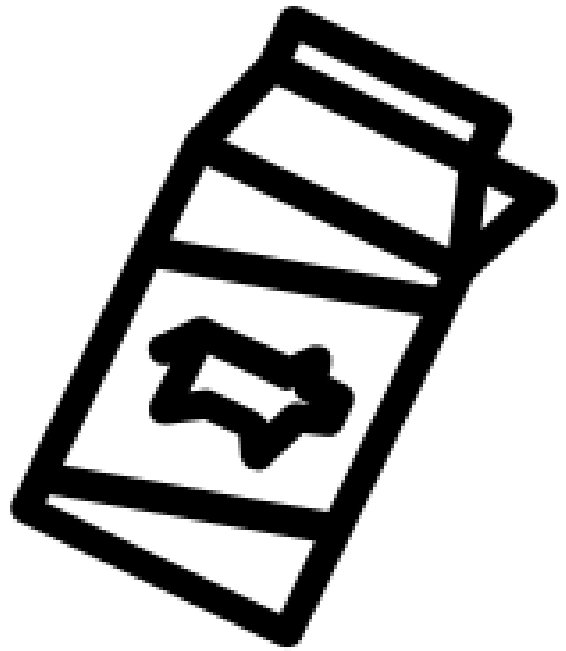
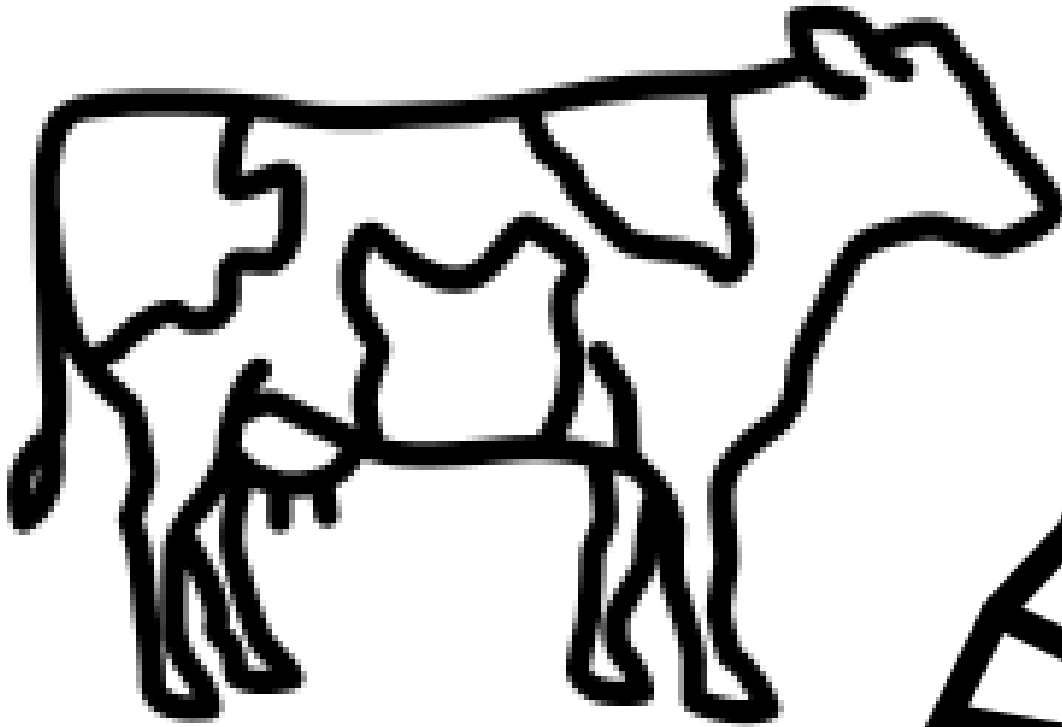
Did You know

Money made by selling these products in New York in 2017 was:

Poultry and Eggs--\$153 million

-USDA Agricultural Census

Dairy Cows



Did You know

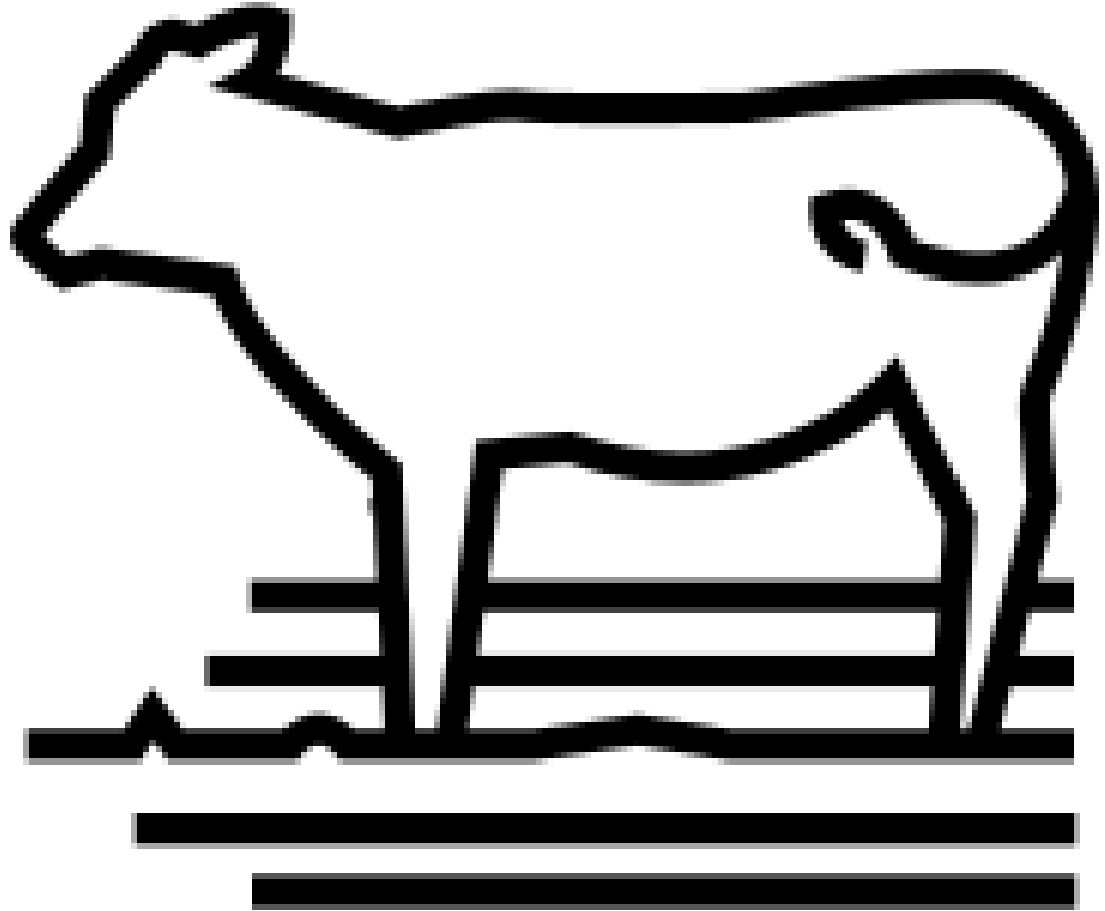
Money made by selling these products in New York in 2017 was:

Dairy Products and milk -- \$2.7 billion

New York's Top Agricultural product was Milk in 2017.

-USDA Agricultural Census

Cattle and Calves



Did You know

Money made by selling these products in New York in 2017 was:

Cattle and Calves --\$333 million

-USDA Agriculture Census

New York's National Ranking in 2017

1st— yogurt, cottage cheese, sour cream

2nd— apples, snap peas, maple syrup, cabbage

3rd— dairy cows, milk production, grapes, and total Italian cheese

4th— corn silage and total cheese

5th— tart cherries, green peas and squash

-USDA Agricultural Census

